



COUNTY COMMISSIONERS

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District One

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District Two

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District Three

PUBLIC HEALTH AND SOCIAL SERVICES DEPARTMENT

June 24, 2022

Kurt Hardin
Interim Director

Dimyana Abdelmalek, MD, MPH
Health Officer

Letter to the Community

Hello Thurston County!

I wanted to update you about community transmission levels in the county. The CDC has increased our community level to high. At this community level masking is recommended in public indoor spaces to prevent transmission.

We are experiencing increased hospitalizations of COVID-19 positive individuals. Individuals who are immunocompromised or at high risk of severe disease should consider wearing a more protective mask or respirator, avoiding non-essential indoor activities in public, having a plan for COVID-19 testing and talking to their health care provider.

Individuals who have contact with individuals who are at high risk for severe disease should consider self-testing before contact and masking when indoors with them. I continue to recommend staying up to date with COVID-19 vaccinations.

I encourage each resident in Thurston County to take precautions to prevent spread of COVID-19. You can follow the CDC Community Level here: <https://www.cdc.gov/coronavirus/2019-ncov/science/community-levels.html>

Wishing you the best of health,
Dimyana Abdelmalek, MD, MPH