



## **BOARD OF HEALTH**

**The Thurston County Board of Health has responsibility and authority for public health in both incorporated and unincorporated areas of the County.**

### **Minutes for November 6, 2018**

#### **1) Call Meeting to Order**

**Chair Bud Blake called the meeting to order.**

**In Attendance:**

Bud Blake, Chair; John Hutchings, Vice Chair; Gary Edwards, Commissioner; Ramiro Chavez, County Manager; Schelli Slaughter, Public Health and Social Services Department Director; Rachel Wood, Health Officer; and Lydia Hodgkinson, Clerk of the Board of Health.

**Approval of the Board of Health Agenda:**

Vice Chair Hutchings moved to approve the meeting agenda. Commissioner Edwards seconded the motion. The Board voted unanimously. The motion carried.

**Approval of the Meeting Minutes and Work Session Notes:**

Vice Chair Hutchings moved to approve the September 11, 2018 regular meeting minutes and accept work session summaries from September 11, October 2, October 9, and October 10, 2018. Commissioner Edwards seconded the motion. The Board voted unanimously. The motion carried.

#### **2) Proclamation**

**Description: November is Movember**

Liz Davis, the Public Health and Social Services Department (PHSS) Child, Family, and Community Wellness Division Director, introduced the topic explaining Movember is a movement where men grow moustaches during the month of November to raise money and awareness for prostate cancer and testicular cancer. This is a movement that began in Australia in 2004. Ms. Davis introduced Jacob Bryson the Pacific Northwest representative for The Male Breast Cancer Coalition. Mr. Bryson thanked the Board for inviting him to speak on this topic for the second year. He gave case statistics of prostate cancer, testicular cancer and male breast cancer. He spoke on behalf of breast cancer awareness in men, shared his personal experience with breast cancer and encouraged all men, and their loved ones, to get screened and to perform self-examinations. Commissioner Edwards thanked Mr. Bryson for his courage sharing his story. Vice Chair Hutchings thanked Mr. Bryson for the bold message and then shared his friend's story dealing with cancer. At Chair Blake's request, Mr. Bryson explained he is the only Male Breast Cancer Coalition representative in this area; the Coalition was founded by Bret Miller, a breast cancer survivor; and explained he takes every opportunity to talk to medical professionals on breast cancer awareness. Vice Chair Hutchings read the Proclamation proclaiming November as Movember to increase

public understanding of the importance of men's health and urges all members of our community to recognize this significant occasion and join the movement to change the face of men's health. A photo was taken of all those present in support of the proclamation with the Board members.

For further information regarding male breast cancer go to: [www.MaleBreastCancerCoalition.org](http://www.MaleBreastCancerCoalition.org) or contact Jacob Bryson at (360)915-3444, [jacobsbryson@comcast.net](mailto:jacobsbryson@comcast.net).

**3) Opportunity for the Public to Address the Board - none**

**DEPARTMENT ITEMS**

**4) Thurston Thrives Update – Areas of Emphasis**

Krosbie Carter, Thurston Thrives Director, introduced the topic sharing the Thurston Thrives Mission – to improve the health and well-being of all children, families and adults in Thurston County. She explained at the heart of Thurston Thrives are eight action teams that have been working towards defining an area of emphasis that can help guide the role of the Coordinating Council and better connect the action-team level work. Ms. Carter explained the areas of emphasis are Housing – every person has a safe and affordable place to call home; Children & Families – all children are healthy and successful, in and out of school; and Economic Opportunity – Thurston County is a thriving community where every person can afford to live, work and play. She explained Thurston Thrives consists of partnerships between government, business, nonprofit organizations and citizens that inform regional policies and develops by aligning cross-sector efforts for measureable results to make Thurston County a thriving place to live, work and play, for current and future generations. The Board thanked Ms. Carter and the Action Teams for their continued close partnership with the Public Health and Social Services Department (PHSS). Ms. Carter acknowledged PHSS as the creator of the Thurston Thrives Initiative. At Chair Blake's request, she then provided background information for the Thurston Thrives Coordinating Council which is 24-member public-private council comprised of representatives from: non-governmental funders, businesses, action teams/hubs, local government, and education, as well as two members at large. They meet the third Monday of every month at 3:00 pm at the Economic Development Council (EDC) Center for Business & Innovation on 6<sup>th</sup> Avenue in Lacey. The Board thanked Ms. Carter for the presentation.

For additional information go to: [www.thurstonthrives.org](http://www.thurstonthrives.org) or contact Ms. Carter at (360)357-3362; [kcarter@thurtonchamber.com](mailto:kcarter@thurtonchamber.com).

**5) Approval of a Joint Plan of Responsibility Agreement with the Washington Department of Health for Water Recreation Facilities**

Sammy Berg, Food and Environmental Services Section Supervisor for the Public Health and Social Services (PHSS) Department, Environmental Health Division, explained the request for approval of the Washington State Department of Health (DOH) Joint Plan of Responsibility (JPR) Agreement No. CLH18264 for Water Recreation Facilities. This agreement describes how the regulation of water recreation facilities will be shared between the DOH and PHSS and renews a previous agreement in place from 2006 through 2015. Mr. Berg explained there is no monetary component to the agreement, which will begin on the date last executed through January 2025. DOH will primarily review and approve the

engineering proposals for new construction or remodeling of pool facilities, while PHSS will conduct pre-opening and routine inspections; and issue permits to operate.

**Vice Chair Hutchings moved to approve the Washington State Department of Health Joint Plan of Responsibility Agreement No. CLH18264 for Water Recreation Facilities from the date last executed until January 31, 2025; and authorize the Director of Public Health and Social Services to sign the agreement. Commissioner Edwards seconded the motion. The Board voted unanimously. The motion carried.**

**6) Approval of Amendment 1 to the Lewis County Health Officer Services Contract for 2019 services**

Schelli Slaughter, PHSS Director, explained the request to approve amendment No. 1 to the 2018 Lewis County contract which appoints Dr. Rachel Wood as the Local Health Officer for Lewis County. This amendment will provide Health Officer Services for the duration of January 1, 2019 through December 31, 2019 for a total compensation of \$47,432. This contract requires eight hours per week of Dr. Wood's time. Each year these services and hours are evaluated before considering continuation of the contract.

**Vice Chair Hutchings moved to approve amendment No. 1 to the 2018 Lewis County Health Officer Services contract for the revised duration of January 1, 2018 through December 31, 2019 for a total additional compensation of \$47,432; and authorize the Director to sign any amendments that do not revise the compensation or duration of the contract by more than 25%. Commissioner Edwards seconded the motion. The Board voted unanimously. The motion carried.**

**7) Board of Health Members' Health Related Activities –**

Commissioner Edwards commented on water quality regarding the Capital Lake cleanup, Puget Sound cleanup, and the excessive nitrogen levels in the Deschutes River.

**8) Director's Report**

Schelli Slaughter, PHSS Director, reported:

- Thurston County's Nurse-Family Partnership (NFP) and Maternal Child Health Program were presented with the Champion for Children Award from *Fight Crime: Invest in Kids* for the County's commitment to advancing home visiting through the Nurse-Family Partnership program (NFP). Gretchen Thaller and Cathy Sherman, NFP Program Community Health Nurses, were recognized for their work with legislators and policy makers to help advance home visiting. Ms. Slaughter thanked the Board for their support of the NFP program.
- Cathy Sherman has been nominated for the Angel Award from the Thurston Early Childhood Coalition next week for her exceptional work in the NFP program making a difference for children.
- White powder incident - on November 5<sup>th</sup> there was a report of white powder at a local state agency; PHSS has a public health duty to respond; Health Officer Dr. Wood and the Emergency Preparedness Team responded and provided support; the substance was determined to be non-toxic; four people were exposed and received preventative treatment; there will be an after incident action report debrief with the Thurston County Emergency Management and other partners; the incident is being used as a learning opportunity for responding to future incidents.
- Staff has investigated increased reports of opioid overdoses over the last month; they received concerning data/information from local law enforcement and emergency medical services regarding overdoses they have dealt with in Thurston County; the PHSS Epidemiologist is reviewing this data;

staff are working with partners from the Opioid Task Force to evaluate the increase to determine why it is happening and to keep the public informed; the Opioid Task Force met last week and will meet again on December 3<sup>rd</sup> at 3:00 pm at the Lilly Road building, all are invited to attend.

- Lake Algae Blooms – staff are still monitoring six lakes with algae blooms; an advisory is still in place for Pattison Lake due to high levels of microcystin toxin; monitoring will continue through mid-November; ten lakes have been monitored this year.

## 9) Health Officer's Report –

Dr. Rachel Wood reported:

- Opioid overdoses – commented there are multiple drugs that can contribute to overdoses and deaths, such as stimulants laced with opioids.
- Acute Flaccid Myelitis (AFM) - a serious condition that affects the nervous system; most common in children and most often seen in the fall; symptoms include sudden arm or leg weakness, loss of muscle tone and reflexes; a large number of cases started being reported in 2014; nine cases have been reported in Washington State with five confirmed; most individuals diagnosed have had a mild respiratory illness and fever consistent with many viral infections before they experience the onset of AFM; certain viruses are known to cause AFM including enteroviruses like poliovirus and West Nile virus; testing done indicates it is not polio; research is ongoing; the Centers for Disease Control and Prevention (CDC) recommends the public stay up to date with vaccinations, protect against mosquito bites, frequent hand washing, and don't touch your face; Dr. Wood discussed reports of AFM cases in other countries and shared case statistics locally and across the nation.

In response to Jacob Bryson's presentation, Chair Blake requested Dr. Wood send out an "all call" to her contacts in the medical field to share information, and request information be shared with their patients, regarding the work of The Male Breast Cancer Coalition. Ms. Slaughter also agreed to post this information on the PHSS Department website and social media.

## 10) Adjournment – Vice Chair Hutchings moved to adjourn the meeting of November 6, 2018.

Commissioner Edwards seconded the motion. The Board voted unanimously. The motion carried.

### BOARD OF HEALTH

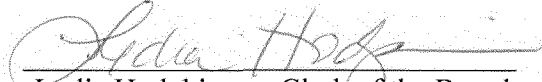
Thurston County, Washington

  
BUD BLAKE, Chair

  
JOHN HUTCHINGS, Vice Chair

  
GARY EDWARDS, Commissioner

### ATTEST:

  
Lydia Hodgkinson, Clerk of the Board

Date: December 11, 2018

**Thurston Community Television (TCTV)** - The Board of Health meetings are aired on TCTV each week on Sundays at 3:30 p.m., Mondays at 8:00 p.m., Tuesdays at 12:30 p.m., Wednesdays at 10:00 a.m., and Fridays at 6:30 a.m. and at 5:00 p.m.