



## BOARD OF HEALTH

The Thurston County Board of Health has responsibility and authority for public health in both incorporated and unincorporated areas of the County.

### Minutes for April 10, 2018

#### 1) Call Meeting to Order

**Chair Bud Blake called the meeting to order.**

**In Attendance:**

Bud Blake, Chair; Vice Chair Hutchings; Gary Edwards, Commissioner; Ramiro Chavez, County Manager; Schelli Slaughter, Public Health and Social Services Department Director; Dr. Rachel Wood, Health Officer; and Lydia Hodgkinson, Clerk of the Board of Health.

**Approval of the Board of Health Agenda:**

Vice Chair Hutchings moved to approve the meeting agenda. Commissioner Edwards seconded the motion. The Board unanimously voted. The motion carried.

**Approval of Board of Health Meeting Minutes:**

Vice Chair Hutchings moved to approve the meeting minutes from the March 13, 2018 regular meeting and accept the Work Session Summaries from March 6, 2018 and March 13, 2018. Commissioner Edwards seconded the motion. The Board unanimously voted. The motion carried.

#### 2) Proclamation

**Description: Child Abuse Prevention & Awareness Month**

Schelli Slaughter, Public Health and Social Services Director, spoke on behalf of PHSS, Thurston Thrives and the many community partners asking the Board of Health to join the US Department of Health and Human Services and many others to proclaim April Child Abuse Prevention and Awareness Month. She then provided information regarding child abuse nationally and in our community. Ms. Slaughter introduced two members of the Thurston Thrives Child & Youth Resilience Action Team, Natalie Skovran, Deputy Director of Family Support Center of South Sound (FSCSS) and Shelly Willis, Executive Director of Family Education and Support Services (FESS), both present to accept the Proclamation. Ms. Skovran addressed the Board thanking them and the community for the support of the FSCSS programs and services which are continuously working to strengthen all families in our community. Ms. Willis addressed the Board speaking on behalf of FESS, and the many families served by FESS, for recognizing Child Abuse Prevention and Awareness Month. FESS in partnership with South Puget Sound Community College will hold a free Parenting Tools Lecture on April 24<sup>th</sup> from 6:30-8:00 pm at the SPSCC Lacey Campus. Ms. Willis invited everyone to a *Pinwheels for Prevention* event on the State Capitol lawn on April 31, 2018 at 2:00 PM. She then presented each of the Board members with a pinwheel in support of Child Abuse Prevention Month. Commissioner Edwards and Vice Chair Hutchings both spoke on the importance of protecting our children. Chair Blake asked Gretchen Thaller, Supervisor of the PHSS Nurse Family Partnership (NFP) and the Maternal Child Health (MCH) Programs, and Liz Davis, the Child, Family & Community Wellness Division Director, to speak. Ms. Thaller thanked the Board for the Proclamation which supports the ongoing work of the NFP and MCH programs in our

community. Chair Blake thanked Ms. Skovran, Ms. Willis and Ms. Thaller for their important work in our community. Vice Chair Hutchings read the Proclamation proclaiming April 2018 as Child Abuse Prevention and Awareness Month in Thurston County and called upon all citizens, communities, state agencies, faith groups, medical facilities, elected leaders, and businesses to increase their participation in efforts to support families, thereby preventing child abuse and strengthening the community in which we live. A photograph was taken of the speakers and others in the audience present in support of Child Abuse Prevention and Awareness.

**Description: Sexual Assault Awareness Month**

Ms. Slaughter asked the Board to proclaim April Sexual Assault Awareness Month and to join others across the country in observing this month to raise public awareness about sexual violence. She noted this year is the 17<sup>th</sup> anniversary of observing this cause with this year's theme of *Embrace Your Voice* and shared local sexual assault statistics. Ms. Slaughter then introduced partners and community providers present to accept the proclamation and share the services they provide to stop sexual violence: Sarah Lloyd, Executive Director of Safeplace; April Spaulding, Program Director of Safeplace; Joyce Gilbert, M.D., Medical Director Sexual Assault Clinic and Child Maltreatment Center of Providence St. Peter Hospital; and Tina Olson also of Providence St. Peter Hospital Sexual Assault Clinic. Ms. Lloyd, Ms. Spaulding and Ms. Olson addressed the Board and spoke on behalf of sexual assault awareness and shared local statistics. Vice Chair Hutchings read the Proclamation proclaiming April 2018 Sexual Assault Awareness Month and urged all citizens of Thurston County to respond to sexual assault by creating policies in their workplaces, by addressing oppression and sexual harassment when confronted by it, by engaging in discussions with family and friends, and by making the prevention of sexual assault a priority in their community. The Board members thanked the speakers for their hard work and dedication. A photograph was taken of the speakers and others in the audience present in support of Sexual Assault Awareness Month.

**Description: Public Health Month**

Chair Blake introduced the Proclamation noting the Thurston Thrives Initiative and Coordinating Council's focus is all about improving Public Health in our community. He then introduced Chris Hawkins, PHSS Community Engagement, Evidence and Partnerships Manager (CEEP). Mr. Hawkins addressed the Board thanking them for recognizing Public Health Month in Thurston County. He then introduced David Schaffert, President/CEO of the Thurston County Chamber Foundation which is the backbone support of the Thurston Thrives Public Private partnership working on health improvement in our community and responsible for many of the good results we are seeing in our County's National Health rankings. Mr. Hawkins also introduced Joanna West, Chair of the Chamber Foundation and the Chamber Board of Trustees. Mr. Schaffert addressed the Board thanking the County and staff for their commitment to looking at health differently in our community with the Thurston Thrives Initiative. He acknowledged the improved County Health Ranking score for Thurston County. Ms. West addressed the Board thanking them for the Thurston Thrives Initiative and their support in working towards making our community a healthier place to live, work and play. Ms. Schaffert expressed his appreciation of the opportunity to Chair the Coordinating Council for the past several years and noted the community should be proud of their efforts and commitment. Vice Chair Hutchings thanked the Chamber for their behind the scenes work done by the community. Chair Blake expressed his love of the Thurston Thrives Initiative and noted other counties are now following the work of Thurston Thrives in their communities. Vice Chair Hutchings read the Proclamation proclaiming April 2018 as Public Health Month in Thurston County and urges all citizens to join in this special observance to take action toward a goal of making our community, state and nation the healthiest we can be; and inviting all County residents to volunteer - taking care of people and places, and shaping the plans and policies, in our community - so that Thurston

thrives. A photograph was taken of the speakers and others in the audience present in support of Public Health Month.

### **3) Opportunity for the Public to Address the Board**

**Citizen:** Sue Beal, Manager of Providence Behavioral Health Outpatient Services

**Issue:** Providence Community Care Center

Ms. Beal provided an update for the Center including statistics of clients served, the services provided, acknowledged the many partners that have helped to make the Center a success; discussed the many challenges the center has faced since opening seven months ago; and shared a success story of one of the clients. The Board members thanked Ms. Beal and expressed their appreciation for the services provided by the Center.

## **DEPARTMENT ITEMS**

### **4) Washington State Prescription Monitoring Program**

Chris Baumgartner, the Drug Systems Director for the Washington State Department of Health (DOH), presented on the DOH Prescription Monitoring Program (PMP) regarding the prescription drug abuse epidemic. He shared statistics for 2016 age-adjusted rates of drug overdose deaths by state; rates of opioid-related overdose deaths by type of opioid from 1999-2016; the opioid-related disease burden in Washington for 2014; and 2000-2016 rates of babies born in Washington with Neonatal Abstinence Syndrome (NAS). Mr. Baumgartner then provided information on PMP data collection and access by pharmacists, dispensers, prescribers, law enforcement and licensing; and discussed who is not required to submit data. He discussed PMP's Goal which is to prevent prescription drug overdose and then described their mechanisms to work towards that goal. Mr. Baumgartner discussed the Program's access to information as authorized by legislation; shared the data collected by PMP; and how the data is utilized. He then explained how PMP assists providers; described the mechanisms they use; discussed the four goals of the State Opioid Response Plan; and provided the following resources:

- [www.stopoverdose.org](http://www.stopoverdose.org)
- [www.AgencyMedDirector.Wa.Gov/Guidelines.asp](http://www.AgencyMedDirector.Wa.Gov/Guidelines.asp)
- UW TelePain Case Conference information – email [telepain@uw.edu](mailto:telepain@uw.edu)
- [www.TakeBackYourMeds.org](http://www.TakeBackYourMeds.org)
- WA Secure Drug Take-Back Act HB 1047 passes this session:  
<http://lawfilesexext.leg.wa.gov/biennium/2017-18/Pdf/Bills/House%20Passed%20Legislature/1047-S.PL.pdf>

Mr. Baumgartner explained the process of getting collected PMP data into the providers' electronic records for medication reconciliation. He discussed Collective Medical Technologies (CMT) and an Emergency Department Information Exchange system (EDIE). Mr. Baumgartner discussed and explained the passing of House Bill (HB) 1427 concerning opioid treatment programs. He then discussed local Health Officers access for prescription monitoring including their statutory authority; their discussion or actions regarding making overdose a reportable condition; their use of the PMP data to follow up on overdose victims; and follow up actions with providers involved and surviving patients. Mr. Baumgartner shared and discussed the DOH Washington State Opioid Prescriber Feedback Report. He then addressed the questions and provided additional information on: pros and cons of making prescription overdoses a reportable condition; the legislation making *Take Back Your Meds* mandatory; the requirements of HB 1427 going into effect by the end of 2018. He then provided the PMP contact information:

[prescriptionmonitoring@doh.wa.gov](mailto:prescriptionmonitoring@doh.wa.gov) (360) 236-4806. The Board members thanked Mr. Baumgartner for the informative presentation.

## 5) **The Role of the WSDA and State Veterinarian in Food Safety**

Dr. Brian Joseph, State Veterinarian with the Washington State Department of Agriculture (WSDA) since November 2016, addressed the Board thanking them for the opportunity to present. He shared his background and pictures of his travels. He then gave a presentation on his work as the State Veterinarian and the work of the Department of Agriculture to assure food safety and protect public health for Washington State (WA) and Thurston County. The broad goals of the State Veterinarian's Office and the WSDA Animal Services Division are to protect and enhance animal health and animal wellbeing, promote the economic vitality of the livestock industry, and safeguard residents by identifying and limiting exposure to zoonotic diseases that could affect humans. Dr. Joseph discussed food and agricultural products produced in Washington and exported through Washington ports in 2016; and the market value of crops and livestock in 2015 produced by WA farmers and ranchers. He then discussed 2014-2015 Avian Influenza (AI) outbreak. Dr. Joseph explained the large number of annual US hospitalizations due to consumption of raw milk and cheese made from raw milk. He noted the consumption of unpasteurized milk and cheese substantially increases the risk of experiencing illness and possible hospitalization; and highly recommends not drinking unpasteurized milk or unpasteurized cheese. Dr. Joseph shared the Animal Health Mission Statement - *Protect and enhance animal health and animal well-being; Promote the economic vitality of the livestock industry by minimizing exposure to animal diseases; Safeguard WA citizens by identifying and limiting the exposure to zoonotic diseases which are diseases transferred from animal to human.* He then shared a map showing the four field veterinarian regions in Washington and discussed the core business of Animal Health which includes, but is not limited to, animal import regulations, licensing, permits and epidemiology; disease surveillance; investigations disposal; and education and outreach. Dr. Joseph acknowledged the many collaborative partners across the State such as the USDA Animal and Plant Health Inspection Service (APHIS) Veterinary Services; USDA Wildlife Services, Departments of Ecology, Fish & Wildlife, Health and Emergency Response; the Military; US State Veterinarian Offices; industry and producers; law enforcement agencies; WA Veterinary Medical Association; and elected officials. He discussed the Animal Disease Traceability and their Goal - *Have Traceability information available within 4-hours so the epidemiological investigation may begin.* Dr. Joseph described the Reserve Veterinary Corp (RVC), which consists of 134 veterinary practitioners with Dr. Minden Buswell the RVC Coordinator. The RVC provides surge capacity to manage adverse animal health events. He noted Animal Health Services is restructuring with a focus on animal health, animal disease traceability, building relationships with collaborators and focusing on internal/external customer service. The Board thanked Dr. Joseph for the presentation. Dr. Rachel Wood thanked Dr. Joseph for his assistance back in 2017 when she was in a new Health Officer role. Dr. Joseph thanked the Board for the opportunity to present.

## 6) **Food Safety Presentation: A Tale of Three Closures**

Sammy Berg, the PHSS Food Service Program Supervisor, gave a presentation on food safety inspection enforcement and reporting. Food Program staff conduct routine and unannounced inspections of approximately 1,000 retail food establishments in the county. Mr. Berg explained the inspectors are trying new ways to help restaurant owners make any needed improvements to prepare their food safely, then ensuring that the improvements are maintained and in turn helping the restaurant succeed. He explained there are two types of safety violations - red and blue. Red violations are those most likely to cause food-

borne illness and must be fixed immediately if feasible or by a set amount of time. Each violation can have a range of points from 25 to 2. Blue violations relate to the overall cleanliness and condition of the establishment and must be fixed by a set timeframe. Blue violations are between 2 and 5 points each. The 25 point violations are the most serious and are most likely to lead to illness and include: poor handwashing, bare hand contact, and an ill worker. Other serious violations include not keeping food hot or cold enough, not cooling food in the proper way, or keeping foods setting out at room temperature. If the violations exceed either 45 red points or 65 total points, a re-inspection must be done. An additional fee of \$200 is charged and an inspector re-inspects around 7-10 days later. After the re-inspection, if violations are not corrected or they recur, further enforcement action may include additional visits at additional costs; being called in for an administrative hearing; or ultimately being closed until the problem(s) is fixed. A closure may be for just a few hours, or it may last several days if there are many violations to correct. Examples of closure violations: a refrigerator needing repairs, a sewer back-up, or staff needing to be re-trained in food safety techniques. Mr. Berg discussed three restaurant closures in February, two involuntary closures and one voluntary, due to over 100 violation points each. The violations included the need for extensive cleaning, correction of poor practices and staff retraining. All three restaurants made good efforts to correct the violations. Mr. Berg noted a Board Briefing has been scheduled to discuss possible revisions to procedures and processes to deal with closures which would include better definition of closure policies. He then explained the public can view the inspection results online, reports are updated daily, they are listed alphabetically by name, and the recent inspections for the last 90 days are listed separately for convenience. Mr. Berg noted inspection results read in *The Olympian* newspaper only include some of the inspection reports and these are trimmed to fit. He acknowledged the program needs to improve on sharing enforcement information with the public to ensure they know the listed violations are followed up on. The Food Service Inspection Program's goal is to help restaurant owners keep their food safe, in turn ensuring their customers are safe from foodborne illness and their businesses succeed. Mr. Berg then shared the inspection information website:

<http://www.co.thurston.wa.us/health/ehfood/fsinspections.asp>

For additional information Mr. Berg can be reached at (360)867-2568 or [bergs@co.thurston.wa.us](mailto:bergs@co.thurston.wa.us)

The Board thanked Sammy for the presentation. Chair Blake thanks Sammy and program staff, recognizing the challenges they have to face to keep us all safe.

## **7) Aquatic Nuisance Weed Control Prescription for Lawrence Lake**

Art Starry, PHSS Environmental Health Division Director, addressed the Board explaining the Board of County Commissioners adopted the Thurston County Pesticide Use Policy in 1989 and the revised Pest and Vegetation Management Policy in 1993, which was again updated in 2014. These policies establish a mandate for all county departments to set an example by implementing integrated pest and vegetation management programs that minimize the use of pesticides and are least disruptive to human health and the environment. Proposals to apply pesticides to lakes with a pest-specific Integrated Pest Management (IPM) Plans must be submitted along with the recommended pesticide to the Vegetation Management Coordinator Patrick Soderberg, PHSS Solid and Hazardous Waste Program Supervisor; the Pest and Vegetation Management Advisory Committee (PVMAC); and then be approved by the Board of Health.

The PVMAC has reviewed this prescription and recommends approval. Mr. Starry provided the criteria used to approve a prescription:

1. The pest and vegetation problem has been assessed, and control is deemed necessary;
2. The use of the pesticide is a necessary element of the Integrated Pest and Vegetation Management Prescription; and

3. The risk to public health, ground water, and the environment is determined to be minimal.

Mr. Tim Wilson, Public Works Noxious Weed and Lakes Management Manager, provided additional information, noting the prescription is similar to the prescription used on Long Lake last year. Mr. Wilson addressed Commissioner Edwards' question regarding who else regulates these types of prescriptions, stating the Washington State Department of Ecology also regulates and has approved/permitted this prescription. **Vice Chair Hutchings moved to approve the Aquatic Nuisance Weed Control Prescription for Lawrence Lake. Commissioner Edwards seconded the motion. The Board unanimously voted. The motion carried.**

8) **Board of Health Members' Health Related Activities** – none

9) **Director's Report**

Schelli Slaughter, PHSS Director, reported on:

- Thanked everyone who presented on public health, and their continued efforts to keep our community healthy.
- Thurston County now ranks the 6<sup>th</sup> healthiest among Washington State counties in the nationwide County Health Rankings. The County Health Rankings grade counties across the state, as well as at a national level, based on how healthy people are today. Also, Aetna Foundation and the US News & World Report shows Thurston County is in the top 500 counties in the nation, out of approximately 3,000 counties, putting us in the top 8%. Ms. Slaughter noted we should all be proud of this accomplishment due to our focus, and great work, around improving Public Health.
- PHSS participated in the Thurston Thrives Action Team Summit on March 22 – all teams, including Climate & Clean Energy, participated; ideas were discussed for collaboration and continuing the advancement of the public-private partnership for community health improvement.
- Thurston County is taking the opioid epidemic very seriously; she expressed her support of Thurston County making the decision to file a lawsuit against the makers of OxyContin and their exploration of other ways to reduce opioid misuse in our community in coordination with the Governor's opioid response plan and align with the Cascade Pacific Action Alliance (CPAA) work; Thurston County is convening a Opioid Response Work Group which will meet for the first time on May 9<sup>th</sup>; she will keep the Board updated.
- PHSS has begun to serve as Coalition Coordinator for the Bucoda -Tenino Healthy Action Team, as part of the Community Prevention & Wellness Initiative supported by a contract with the Washington State Department of Social & Health Services, Behavioral Health Resources; this contract was approved by the Board of County Commissioners that afternoon; this effort supports those communities to work on substance use prevention for youth.
- Results are in from the Point in Time (PIT) Count of Homeless People; in partnership with the City of Olympia the PIT count was completed in January; the results show 828 people were identified as homeless on the day of the PIT with 324 of those identified as living unsheltered; this represents a 43% increase since last year all; all existing shelters were at 110% occupancy on that day.
- Influenza activity continues in Thurston County and Washington State but appears to be starting to decrease; in March Thurston County had 2 influenza deaths, 1 lab confirmed and 1 suspect in individuals over the age of 65 with pre-disposing conditions.
- The Maternal Child Health (MCH) and Nurse Family Partnership (NFP) continues to do great work in three counties; the NFP team delivered 329 visits to mothers and babies in March; the programs

have received State and National recognition and have been awarded an Incentive Fund grant from the NFP National Service Office.

- During the month of March Vital Records issued 422 birth certificates and 921 death certificates; Vital records has been experiencing high volumes of birth certificate requests due to the start of kindergarten this spring, and state regulations on travel effective October 2018; birth certificates are required for an enhanced driver's license and passports; she encouraged everyone to obtain their enhanced driver's license or passport as soon as possible, to not wait until October.

The Board commended Ms. Slaughter for her leadership.

#### 10) **Health Officer's Report** –

Dr. Rachel Wood reported on:

- Tuberculosis (TB) case management and administering Directly Observed Therapy (DOT) continues.
- The PHSS Emergency Preparedness Team, along with regional partners, is hosting a work shop on Ebola and other pathogens on April 26<sup>th</sup>.

11) **Adjournment** – Vice Chair Hutchings moved to adjourn the meeting of April 10, 2018. Commissioner Edwards seconded the motion. The motion carried.


#### **BOARD OF HEALTH** **Thurston County, Washington**

  
BUD BLAKE, Chair

  
JOHN HUTCHINGS, Vice Chair

  
GARY EDWARDS, Commissioner

#### **ATTEST:**

  
Lydia Hodgkinson, Clerk of the Board

Date: June 14, 2018

**Thurston Community Television (TCTV)** - The Board of Health meetings are aired on TCTV each week on Sundays at 3:30 p.m., Mondays at 8:00 p.m., Tuesdays at 12:30 p.m., Wednesdays at 10:00 a.m., and Fridays at 6:30 a.m. and at 5:00 p.m.