



BOARD OF HEALTH

The Thurston County Board of Health has responsibility
and authority for public health in both incorporated
and unincorporated areas of the County.

Minutes for October 10, 2017

1) Call Meeting to Order

Chair Bud Blake called the meeting to order.

In Attendance:

Bud Blake, Chair; John Hutchings, Vice Chair, Gary Edwards, Commissioner; Ramiro Chavez, County Manager; Schelli Slaughter, Public Health and Social Services Department Director; Dr. Rachel Wood, Health Officer and Lydia Hodgkinson, Clerk of the Board of Health.

Approval of the Board of Health Agenda:

Commissioner Edwards moved to approve the meeting agenda. Vice Chair Hutchings seconded the motion. The motion carried.

2) Proclamations

Proclamation Description: Breast Cancer Awareness Month

Chair Blake introduced the Breast Cancer Awareness Month Proclamation. Schelli Slaughter, Public Health and Social Services Department (PHSS) Director, thanked all present in observance of breast cancer awareness; spoke on the importance of prevention of breast cancer; and acknowledged all breast cancer survivors and their loved ones in the audience. She then introduced guests present to accept the proclamation: Kyle Cronk with YMCA Livestrong; Karry Trout, Certified Breast Patient Navigator with Providence St. Peter Hospital; Corinn Wohl, Business Development Representative with Twin Star; and Nichole Woosley from the American Cancer Society, all which spoke on behalf of breast cancer awareness, shared events being put on by their organizations and shared personal experiences. A breast cancer awareness advocate, Amanda, shared her mother's successful battle with cancer story, expressed the importance of early screening for breast cancer, and thanked all those in the room for their dedication to preventing breast cancer. Each of the Board members shared their personal experiences with cancer for themselves or their loved ones. Chair Blake noted there will be an American Cancer Society "Making Strides Against Breast Cancer Walk" at Huntamer Park in Lacey on October 21st. Vice Chair Hutchings read the Proclamation proclaiming October as Thurston County Domestic Violence Awareness Month; encouraging all county residents to respond to domestic violence by creating policies in their workplaces, engaging in discussions with family and friends, and by making the prevention a priority in our community. A picture was taken of the Board members and all present in support of breast cancer awareness.

Proclamation Description: Domestic Violence Awareness Month

Ms. Slaughter introduced the Proclamation and spoke on behalf of Domestic Violence Awareness. She noted she has the honor of serving as the Vice Chair of the Board of the Washington State Coalition Against Domestic Violence (WSCADV). WSCADV's Mission is to mobilize their member programs and allies to end domestic violence through advocacy and action for social change and they refer to this month

as Domestic Violence Action month. Ms. Slaughter shared her personal story as a victim of domestic violence and thanked all domestic violence awareness advocates present for the work they do. She shared domestic violence statistics, discussed the impacts of domestic violence on individuals and their families; and emphasized domestic violence is a serious preventable health issue. Ms. Slaughter asked representatives present in the audience from the Thurston County Prosecuting Attorney's office, Thurston County Sheriff's Department, Thurston County Clerk's office, Family Support Center of South Sound, SafePlace, Domestic Violence Sexual Assault Task Force and the Coordinated Community Response Team to come to the podium to accept the Proclamation and speak on their roles in prevention of domestic violence in our community. Sara Lloyd, Executive Director of SafePlace, addressed the Board describing SafePlace's services and the victims they serve. Jon Tunheim, Thurston County Prosecuting Attorney, addressed the Board expressing his appreciation that domestic violence awareness is being acknowledged by the Board of Health versus the Board of County Commissioners as it has been in the past. He stated this is a public safety and public health issue nationally and also in Thurston County; he stated there has been a substantial increase in reported domestic violence in our community and shared county data. Mr. Tunheim noted Marshall the courthouse dog who works with victims, mostly children, effected by domestic violence was in Las Vegas working with victims of the recent tragic shooting incident. He then presented the Board members with a Marshall card and a domestic violence sexual assault awareness pin. Thurston County Clerk Linda Myhre Enlow addressed the Board discussing protection orders issued by the Clerk's office to those individuals seeking protection for domestic violence. She recognized Clerk Office staff that work with victims every day: Beth Holbrook, Domestic Violence Liaison; Regina Tercero, Domestic Violence Liaison; and Natalia Palomino, Victim Advocate. Trish Gregory, Family Support Center Director, expressed her appreciation of the Board's support in acknowledging domestic violence is serious public health issue across the nation and locally. Hillary Soen, Chief Executive Officer of YWCA of Olympia, also thanked the Board and all present for their support to domestic violence victims. Commissioner Hutchings shared his family's direct experience with domestic violence and thanked everyone for their support to his family and all those effected by domestic violence. Commissioner Edwards and Chair Blake each spoke briefly on the importance and value of being raised with the belief of no violence in families. Vice Chair Hutchings read the Proclamation proclaiming October as Thurston County Domestic Violence Awareness Month, encouraging all county residents to take action to end domestic violence in our community by learning about the impacts of domestic violence, creating policies in their workplaces, engaging in discussions with family and friends, supporting victim service providers and those working to hold domestic violence offenders accountable. A picture was taken of the Board members and all present in support of Domestic Violence Awareness.

3) Opportunity for the Public to Address the Board – no public comment

DEPARTMENT ITEMS

4) Thurston Thrives Update – Women's Health

Chris Hawkins, the PHSS Community Engagement Evidence and Partnership Program Manager, introduced the presentation that would provide an update on the efforts of the Thurston Coalition for Women's Health. He then provided a back ground of the Coalition which was developed in 2011 under a Federal grant awarded to PHSS from the U.S. Health and Human Services Department Office of Women's Health which ended in 2016. Mr. Hawkins explained the initial focus was on boosting preconception health of Thurston County women. Mr. Hawkins explained in an effort to continue this important work the Coalition partnered with the Family Support Center of South Sound and the YWCA of Olympia. The

Coalition's recent efforts are focused on addressing violence against women and girls in the community by bringing attention to domestic violence and engaging with community health improvement work. He then called Trish Gregory and Hillary Soens to the podium to present. Ms. Soens described programs aimed at gender based violence focused on middle school students, which included the Girls' Circle program. Ms. Gregory and Ms. Soens presented statistics for Thurston County female residents compiled by Mary Ann O'Garro, PHSS Epidemiologist, with data from the Healthy Youth Survey 2016 and the Behavioral Risk Factor Surveillance Survey 2011. The data included information on Adverse Childhood Experiences (ACE) based on - sexual assault for female students from 8th to 12th grade, attempted forced sex or forced sex for females age 18 and up; Interpersonal Violence – dating violence experienced during the past year for females students 8th – 12th grade; for females age 18 and up who witnessed domestic violence (DV) or every experienced DV; Mental Health – females students from 8th – 12th grade who experienced anxiety (current) or depression (past year); and disparities in percentages of low income 8th grade female students versus not low income that have experienced physical child abuse, emotional child abuse, sexual assault, dating violence, anxiety, depression, considered suicide, physical fighting or bullying. Ms. Soens explained based on this data, and focusing on gender based violence, the Coalition looked at three pieces of data they are particularly interested in: sexual assault, dating violence and sexual harassment which was not highlighted in the data information. She briefly discussed the issue of sexual harassment for female students from 8th – 12th grade. She described a Participatory Action Research Project, consisting of a survey and interviews, which the YWCA Advisory Board participated in to determine what the biggest barriers our female youth are faced with. Ms. Soen explained the project findings determined self-confidence was the biggest barrier, therefore the Coalition and partners decided to continue focusing on gender base violence but for now to stay with a single focus on sexual harassment for female youth in our county. Ms. Soens discussed Title IX which protects every student from sexual harassment or gender-based harassment and discussed prevention of sexual harassment in schools. She then shared an anonymous student's testimony on being sexually harassed at school. At Vice Chair Hutchings' request, Ms. Soens provided clarification regarding percentage statistics for female students' experiences in school versus at home. In response to the Board members' question regarding consequences and education for sexual harassment perpetrators in schools, Ms. Gregory stated work is being done to ensure school district policies and prevention measures are in alignment with the Coalition's work. The Board thanked Ms. Soens and Ms. Gregory for the presentation and information.

5) **Partner Feature – overview of the Thurston County Family Justice Center and other key community partners**

Trish Gregory introduced the item explaining Natalie Skovrin, the Director of Family Support Center of Sound (FSCSS), was to provide a "skit" presentation in which she would portray a FSCSS client who enters the Family Support Center and is offered the many service options they provide. An Olympia Police Department Educational Activities Book was provided to the Board Members.

Ms. Skovrin addressed the Board sharing the FSCSS Mission - "Working Together to Strengthen All Families". She explained the FSCSS Family Justice Center program provides comprehensive and coordinated services for survivors of domestic violence, sexual assault, stalking, and human trafficking. FSCSS is located in downtown Olympia at 201 Capitol Way, on the corner of Capitol Way and State Street. FSCSS partners with Intercity Transit to purchase discounted bus passes to provide clients with transportation. FSCSS is a Coordinated Entry point for all homeless families and is a lead agency fighting to prevent family homelessness in Thurston County and to ensure individuals and families experiencing domestic violence are provided emergency shelter in partnership with Sidewalk, Homes First, Evergreen

Vista and private landlords. Ms. Skovrin explained victims who are unable to return home and are in need of immediate shelter are referred to SafePlace to locate safe shelter. FSCSS provides the option of onsite medical care provided by the Olympia Free Medical Clinic. One day a week a trained advocate with the Thurston County Clerk's Office is onsite to work with victims assisting with protection orders and providing them with information and options. FSCSS provides child care while using their onsite services, provides basic need items such as diapers, and hygiene products; and coordinates with the YWCA – The Other Bank for additional items needed. The Thurston County Prosecuting Attorney's Office (PAO) Felony Domestic Violence Team is also onsite to provide assistance and answer questions; and the Thurston County Sheriff's office has a detective onsite every Tuesday to assist with police reports and also communicates with the city jurisdictions on the victim's behalf. FSCSS also partners with the City of Lacey who employs a victim advocate to assist onsite with misdemeanor cases. FSCSS has cell phones available through a Verizon HopeLine program. Ms. Skovrin noted FSCSS has Early Learning Program classrooms which the Child Care Action Council provides free trainings every week on a drop in basis; the South Sound Breast Network provides free drop in breastfeeding classes; and many other early learning classes are provided. She then discussed Camp Hope, put on by FSCSS with the help of many community partners, which is a camping and mentoring program to increase the hope in children who have experienced domestic violence and other Adverse Childhood Experiences (ACE). Throughout the presentation Abigail Shirk, Family Justice Center Program Manager, distributed links of a chain throughout the room, which at the end of the presentation were linked together to make a complete chain representing the collaboration of all partners working towards stopping domestic violence. Ms. Skovrin discussed the award of two U.S. Department of Justice grants received by FSCSS in support of their programs. She acknowledged the PAO, Sheriff's Office Clerk's Office and a dozen other partners in the community for their collaborative partnerships and dedication to domestic violence survivors. Ms. Skovrin then thanked the Board for their time and the opportunity to present. At Commissioner Edwards' request, she stated they do make referrals to the PHSS Nurse Family Partnership program. The Board expressed their appreciation and gratitude for their dedication and years of service and hard work. Ms. Gregory gave special recognition to the Prosecuting Attorney, Sheriff and Clerk Offices for their great core leadership. The FSCSS hours of operation and contact information:

Hours: Monday-Friday 9am-5pm

Phone: (360)754-9297

24 Hour Shelter & Housing Hotline: (844)628-7343

6) Thurston Mason Behavioral Health Organization Update

Mark Freedman, Thurston Mason Behavioral Health Organization (TMBHO), addressed the Board providing a fall 2017 status report of Law Enforcement Utilization and the 2018 Legislative Request for the TMBHO. Mr. Freedman provided Law Enforcement Utilization Data:

- Thurston Triage Facility -- From Oct 2016. to Sept. 2017
 - 274 Total Admissions Police Referrals
 - 85 Involuntary
 - 189 Voluntary
- Thurston Mobile Outreach Team -- From July 2017 to Sept 2017
 - 39 Unduplicated Individuals were referred
- Mason Mobile Outreach Team -- From May 2017
 - 48 Unduplicated Individuals were referred
- Total 2017 Law Enforcement referrals to TMBHO Outpatient Services – 1,333

Mr. Freedman then explained the Legislative Request 2018: Moving toward full integration of behavioral and physical health care, the critical points for the legislature and the Governor's office to consider for counties that will continue as a Behavioral Health Administrative Service Organization (BH-ASO) after 2020 entail:

- Create permanent statute establishing regional *Interlocal Leadership Structures* to plan for roles and health care delivery in Thurston and Mason Counties after 2020.
- Budget appropriation to provide funding to convert current BHO to BH-ASO.
- Allow the Managed Care Organizations (MCOs) to delegate administrative functions to the county driven Thurston-Mason BH-ASO beyond January, 2020.
- Thurston-Mason BHO continues to plan for service delivery in a recovery oriented system of care, and has begun working with MCOs to establish a model that will work for our region that will integrate:
 - Crisis System
 - Care Coordination
 - Jail and Law Enforcement diversion programs
 - Youth and Family programming

At the Board members' requests, Mr. Freedman briefly discussed the continued concern for TMBHO funding; clarified Triage Facility referrals and explained Mobile Outreach Teams hand off individuals to referrals, they do not put them back on the street. The Board thanked Mr. Freedman for his presentation.

7) Set Public Hearing to Amend Article IV of the Thurston County Sanitary Code, the regulations governing on-site sewage systems, and extend the designation of the Henderson Watershed Protection Area

Art Starry, Environmental Health Division Director, introduced the request to set a public hearing to amend Article IV of the Thurston County Sanitary Code. He explained the Board of County Commissioners' Ordinance No.15544, adopted September 12, 2017, re-enacted the Henderson Watershed Protection Area on-site sewage program. As a result, the Thurston County septic system regulations need to be amended to continue the program and make improvements envisioned by the Board, community members and staff. The proposed amendments to Article IV of the Thurston County Sanitary Code:

- Extend the designation of the Henderson Watershed Protection Area as a marine recovery area and area of special concern until December 31, 2027
- Revise the frequency for dye trace evaluations for high risk on-site sewage systems in watershed protection areas
- Revise requirements for reinstating an operational certificate where an on-site sewage system is classified as non-conforming for failure to maintain a valid operational certificate

Vice Chair Hutchings moved to set a public hearing on November 14, 2017 at 5:30 pm, or as soon thereafter as the matter may be heard, at the Thurston County Courthouse, Building 1, in Room 280 to receive testimony on a proposed ordinance will amend Article IV of the Thurston County Sanitary Code, the regulations governing on-site sewage systems, and extend the designation of the Henderson Watershed Protection Area. Commissioner Edwards seconded the motion. The motion carried.

8) **Board of Health Members' Health Related Activities** – none

9) **Director's Report**

Ms. Slaughter deferred her report to next month. She thanked everyone for their presentations and for the opportunity to share the proclamations. She shared the following contact information for any one in need of services:

SafePlace 24 hour hotline: (360) 754-6300

Family Justice Center: (360) 754-9297, Monday thru Friday, 9:00 – 5:00

10) **Health Officer's Report** –

Dr. Rachel Wood commented on preventing illnesses with vaccines and continues to recommend staying at home if you are sick.

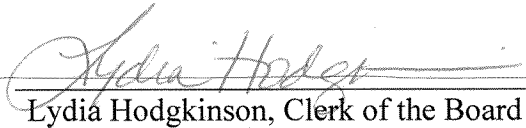
11) **Adjournment** – Vice Chair Hutchings moved to adjourn the meeting of October 10, 2017.


Commissioner Edwards seconded the motion. The motion carried.

BOARD OF HEALTH
Thurston County, Washington

ATTEST:


BUD BLAKE, Chair


Lydia Hodgkinson, Clerk of the Board


JOHN HUTCHINGS, Vice Chair

Date: 11/14/17


GARY EDWARDS, Commissioner

Thurston Community Television (TCTV)

The Board of Health meetings are aired on TCTV each week on Sundays at 3:30 p.m., Mondays at 8:00 p.m., Tuesdays at 12:30 p.m., Wednesdays at 10:00 a.m., and Fridays at 6:30 a.m. and at 5:00 p.m.