



BOARD OF HEALTH

**The Thurston County Board of Health has responsibility
and authority for public health in both incorporated
and unincorporated areas of the County.**

Minutes for April 11, 2017

1) Call Meeting to Order

Commissioner Blake called the meeting to order.

In Attendance:

Bud Blake, Chair; John Hutchings, Vice Chair, Gary Edwards, Commissioner; Ramiro Chavez, County Manager; Schelli Slaughter, Public Health and Social Services Department Director; Dr. Rachel Wood, Health Officer and Lydia Hodgkinson, Clerk of the Board of Health.

Introduction of new Public Health and Social Services Department Director:

Chair Blake introduced and welcomed Schelli Slaughter the new Public Health and Social Services Department (PHSS) Director. Ms. Slaughter thanked the Board for appointing her as Director and for giving her the opportunity to serve the community through PHSS; thanked staff for their warm welcome and stated it is an honor to work with such dedicated staff. Ms. Slaughter also recognized Art Starry for his excellent work for the department over the last 27 years and his leadership as the interim director over the last four months. The Board also thanked Mr. Starry.

Approval of the Board of Health Agenda:

Vice Chair Hutchings moved to approve the meeting agenda. Commissioner Edwards seconded the motion. The motion carried.

Approval of the meetings minutes:

Vice Chair Hutchings moved to approve the meeting minutes from the February 14, 2017 and March 14, 2017 Board of Health meetings. Commissioner Edwards seconded the motion. The motion carried.

2) Proclamations

Description: April 2017 Public Health Month

Chris Hawkins, PHSS Community Engagement, Evidence and Partnerships (CEEP) Program Manager introduced Liz Davis, Thurston Thrives Community Coordinator and David Schaffert, Thurston County Chamber of Commerce CEO both present to accept the April 2017 Public Health Month Proclamation. Mr. Schaffert addressed the Board and spoke on the importance of public health in our community. The Board proclaimed the month of April as 2017 Public Health Month.

Description: April 2017 Child Abuse Prevention & Awareness Month

Chris Hawkins introduced Trish Gregory, Family Support Center Acting Executive Director and Shelly Willis, Family Education and Support Services Executive Director both present to accept the April 2017

Child Abuse Prevention & Awareness Month Proclamation. Ms. Gregory and Ms. Willis addressed the Board thanking them for the proclamation and spoke on behalf of child abuse prevention and awareness in our community. Vice Chair Hutchings read the Proclamation. The Board proclaimed April 2017 as Child Abuse Prevention and Awareness Month and called upon all citizens, communities, state agencies, faith groups, medical facilities, elected leaders, and businesses to increase their participation in efforts to support families, thereby preventing child abuse and strengthening the community in which we live.

Description: April 2017 Sexual Assault Awareness Month

Schelli Slaughter introduced Mary Pontarolo, SafePlace Executive Director, present to accept the Sexual Assault Awareness Month Proclamation on behalf of the many sexual assault providers, community based and government, partners that work together to ensure that people are safe from sexual assault in our community. Ms. Slaughter also acknowledged several other advocates of sexual assault awareness present in the audience. Ms. Pontarolo introduced April Spalding the newly appointed Program Director at SafePlace. Mr. Pontarolo spoke on behalf of sexual assault awareness. Ms. Slaughter read the Proclamation. The Board proclaimed April 2017 as Sexual Assault Awareness Month and urged all citizens of Thurston County to respond to sexual assault by creating policies in their workplaces, by addressing oppression and sexual harassment when confronted by it, by engaging in discussions with family and friends, and by making the prevention of sexual assault a priority in their community.

The Board thanked all individuals who work in our community regarding public health, child abuse and awareness and sexual assault awareness. A group picture was taken of all participants present in the audience.

3) Opportunity for the Public to Address the Board

Citizen: Glen Morgan

Issue: Water Quality Testing

Mr. Morgan discussed species typing and suggested it be included in the County's water quality testing.

DEPARTMENT ITEMS

4) Thurston Thrives Update – Child & Family Resilience

Chris Hawkins introduced the topic introducing Liz Davis, Thurston Thrives Community Coordinator, present to provide an update of the Thurston Thrives Education and Resilience Action Team and Mary Ann O'Garro, an Epidemiologist with Public Health and Social Services (PHSS) Department, present to provide a 2016 data update, both presentations pertaining to child abuse and neglect.

Liz Davis addressed the Board providing a presentation in support of Child Abuse Prevention Month. She discussed Adverse Childhood Experiences (ACEs) which harm children's developing brains causing long term health and social problems. A 10-question survey determines an individual's ACE score. At Chair Blake's request Ms. Davis provided additional for detailed information on the categories of ACEs. She also discussed NEAR Science which is a cluster of fields of study that include Neuroscience, Epigenetics, ACEs and Resilience. Ms. Davis noted Schelli Slaughter; Jon Tunheim, Prosecuting Attorney; and she

will be attending the upcoming Foundation for Healthy Generations' Science of Hope 2017 annual two-day conference. The Board thanked Ms. Davis for her presentation. For additional information:

Go to www.ThurstonThrives.org

Follow us on social media:

www.Twitter.com/ThurstonThrives

www.Facebook.com/ThurstonThrives

Contact:

Liz Davis, Community Coordinator; Thurston Thrives
(360) 561-2984; Liz@NWVP.org

Chris Hawkins, Thurston County Public Health and Social Services
(360) 867-2513; hawkinsc@co.thurston.wa.us

Mary Ann O'Garro addressed the Board providing a data review of child abuse and neglect in Thurston County. The information was based on data from the Healthy Youth Survey 2016 and/or Behavioral Risk Factor Surveillance survey 2011. The Board thanked Ms. O'Garro for her presentation. She then provided the following resources:

Reporting: 911 (emergency)
1-866-ENDHARM (1-866-363-4276)

Data Requests: Mary Ann O'Garro, 360-867-2525, ogarrom@co.thurston.wa.us

Information: Thurston Thrives Education & Resilience Action Team www.thurstonthrives.org
Risk and Protective Factors www.cdc.gov/violenceprevention
Prevention www.childwelfare.gov

5) Nurse Family Partnership; Fetal Alcohol Spectrum Disorders; and Children with Special health Care Needs

Gretchen Thaller, PHSS Community Health Nurse Supervisor, addressed the Board thanking them for the opportunity to speak on the Nurse Family Partnership (NFP) Program. She described the NFP program an evidence-based, community health program transforming lives of vulnerable first-time mothers; improving prenatal care, quality of parenting and life prospects for mothers by partnering them with a registered nurse. Ms. Thaller shared highlights of the PHSS NFP program. Ms. Thaller then provided a brief review of the program which started in 2004 with one nurse and one supervisor; having grown to a team of 6 full time nurses, a part time nurse and a nurse supervisor. She shared a video funded by Thrive of Washington one of the NFP program funders, which features Cathy Sherman a NFP Community Health Nurse and a local NFP client sharing their experiences with the program. Vice Chair Hutchings discussed a NFP Home Visit he attended last December with Ms. Sherman and expressed his great appreciation of the nurses' work.

Ms. Thaller introduced Erica Hallock from the Washington State Director of Fight Crime Invest in Kids organization and Jon Tunheim, Thurston County Prosecuting Attorney. Ms. Hallock addressed the Board thanking them for the opportunity to speak. She works with law enforcement leaders in the county to help advocate more investment in crime investment strategies such as home visiting.

Jon Tunheim addressed the Board providing his background in prosecuting sex crimes, sexual abuse and child sexual abuse. He expressed the importance of criminal justice involvement advocating support for prevention programs directly related to public safety such as NFP and early education programs to prevent trauma for our children and build resilient kids.

Bonnie Petersen a PHSS Community Health Nurse and Coordinator for the Children with Special Care Needs (CSHCN) program. The CSHCN Program serves children birth to 18 years of age with special needs; providing nursing assessments; case management; health surveillance; and referrals providing partnerships among families, providers and community services. Children with special needs are those who have physical, behavioral or emotional conditions that require health and related services beyond those generally required by children. Ms. Petersen gave an overview of the PHSS Program and shared the CSHCN Program Mission.

Ms. Petersen described and discussed Fetal Alcohol Spectrum Disorders (FASD) a permanent condition caused by alcohol exposure during fetal development. She provided information on the effects to the fetus; brain functioning effects; and secondary disabilities throughout life. Ms. Petersen stated there is no safe time, no safe amount, and no safe alcohol while trying to get pregnant or during pregnancy. She then discussed the cost of FASD in the U.S and statistics of FASD in the U.S. Alcohol use during pregnancy is the leading preventable cause of birth defects, developmental disabilities and learning disabilities. She shared organizations that focus on prevention of FASD. She noted the importance of prevention such as a health initiative on the risks of Alcohol during pregnancy; educate students in middle and high schools; continue prevention through home visiting programs; and improve address and coverage for anyone seeking drug and alcohol treatment. Ms. Petersen explained a Parent-Child Assistance Program (PCAP) is offered at the Family Education and Support Services in Olympia. The program provides home visitation and intervention for three years. At Chair Blake's request Mary Ann O'Garro addressed the question of marijuana use effects during pregnancy, stating research shows marijuana does effect birth weight which causes other problems. The Board thanked Ms. Petersen for her presentations and information.

6) Approval of the Lewis County Nurse Family Partnership Supervisory Services Contract

Gretchen Thaller explained the purpose of the Lewis County Nurse Family Partnership (NFP) Supervisory Services Contract. Lewis County Public Health delivers NFP home visiting services to their local pregnant and parenting women. Their Public Health Nurse NFP Program Supervisor recently resigned her position. To continue providing these services locally, Lewis County is requesting to contract with Thurston to temporarily provide NFP Supervisory Services. Thurston will provide Lewis 4 -6 hours per week of NFP supervisory services for their NFP Program. The Contract is for the duration of March 1, 2017 through August 31, 2017, or once Lewis has successfully employed a NFP Nurse Supervisor, whichever is earlier. Lewis County will reimburse Thurston County at an hourly rate. **Vice Chair moved to approve and execute the Lewis County Contract for Nurse Family Partnership Supervisory Services. Commissioner Edwards seconded the motion. The motion carried.**

7) Nuisance Weed Control Prescription for Rights of Way, Waste & Recovery and Transfer Stations, Landscapes, Parking Lots and Other Areas Maintained by Thurston County Public Works

Art Starry introduced the topic and Timothy Wilson, the Public Works Noxious Weed & Lake Management Manager. Mr. Starry then provided a background of the Pest and Vegetation Management Policy which mandates all county departments to set an example by implementing integrated pest and vegetation management programs that minimize the use of pesticides and are least disruptive to human health and the environment. Site and/or pest-specific pest management plans (prescriptions) must be

submitted along with the recommended pesticide to the Vegetation management coordinator, the Pest and Vegetation Management Advisory Committee (PVMAC), and then the Board of Health for approval. The Nuisance Weed Control Prescription guides how Public Works staff controls nuisance vegetation to prevent infrastructure degradation such as pavement destruction, reduce safety hazards to motorists, cyclists, pedestrians and maintenance workers, and reduce costs. The prescription is intended for spot control treatments only. It applies to properties maintained by Thurston County Public Works, including the Waste and Recovery Center, Closed Loop Park, solid waste transfer stations, rights of way, parking lots, sidewalks, guardrails, graveled areas and roadside and median landscaping. The PVMAC reviewed the proposed prescription and recommends approval. Mr. Wilson addressed the Board providing additional information on the proposed prescription. At Commissioner Edwards request he confirmed the proposed prescription is registered for use by the State of Washington Department of Ecology. He also confirmed for Vice Chair Hutchings the proposed herbicides are safe for butterflies and other pollinators. Chair Blake questioned if the treatment is used in conjunction with mowing which Mr. Wilson confirmed and noted the prescription is intended for spot control treatments only. **Vice Chair Hutch moved to approve the Nuisance Weed Control Prescription for Rights of Way, Waste & Recovery and Transfer Stations, Landscapes, Parking Lots and Other Areas Maintained by Thurston County Public Works. Commissioner Edwards seconded the motion. The motion carried.**

8) Board of Health Members' Health Related Activities (optional items) – none

9) Director's Report

Schelli Slaughter reported on the following:

- Ms. Slaughter noted this is her first Board of Health meeting. She thanked everyone for the presentations and acknowledged PHSS's many critical programs proven to increase the health, safety and well-being of our children.
- A Sustaining Membership Agreement has been fully executed with CHOICE Regional Health Network; we are one of 7 counties to enter into this collaboration to improve community health; reflective planning and action.
- Community Investment Partnership (CIP) - Request for Proposal for funding of homeless and affordable housing projects; and basic health and human services collaborative programs promoting education and youth, closed on April 7, 2017; funding results will be shared next month.
- Medical Reserve Corp Volunteer Appreciation Event is being held this evening (April 11th); there are over 100 members, including medical and non-medical volunteers, who provided 948 service hours in 2016, staffed 15 events/trainings; she thanked all of the volunteers for this hours of service and commitment.

10) Health Officer's Report –

- MRC volunteers – acknowledged and thanked all of the volunteers.
- Emergency Preparedness – a Mutual Aid Agreement with Tribes and other counties being worked on.
- Continuity of Operations PHSS training simulation – Ms. Slaughter, Management Team Members and Supervisors attended the simulation yesterday (April 10th).
- Medical Student – in conjunction with the Pacific Northwest University Student Public Health Rotation Agreement approved in January of this year, she recently had the opportunity to have a medical student shadow her work on public health.

- Mumps update – the State still continues to have confirmed cases of Mumps; there have been over 700 cases across the state; Thurston County has had 3 confirmed cases with 27 investigations in the first quarter of 2016.
- Hanta Virus Update – the virus is carried by the white footed mouse, deer mouse, cotton bat and rice bat; recommended caution be taken when cleaning out sheds or attics by wetting down area to avoid stirring up dust.

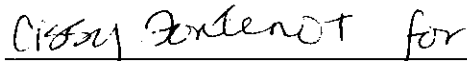
11) **Adjournment** – Vice Chair Hutchings moved to adjourn the meeting of April 11, 2017. Commissioner Edwards seconded the motion. The motion carried.

5:30 P.M. Public Hearing on an Ordinance Repealing Rates and Charges on On-site Sewage Systems Imposed to Fund Implementation of the Thurston County On-site Sewage System Management Plan Update - see separate minutes

BOARD OF HEALTH
Thurston County, Washington


ATTEST:


BUD BLAKE, Chair

 for
Lydia Hodgkinson, Clerk of the Board


JOHN HUTCHINGS, Vice Chair

Date: June 13, 2017


GARY EDWARDS, Commissioner

Thurston Community Television (TCTV)

The Board of Health meetings are aired on TCTV each week on Sundays at 3:30 p.m., Mondays at 8:00 p.m., Tuesdays at 12:30 p.m., Wednesdays at 10:00 a.m., and Fridays at 6:30 a.m. and at 5:00 p.m.