



BOARD OF HEALTH

**The Thurston County Board of Health has responsibility
and authority for public health in both incorporated
and unincorporated areas of the County.**

Minutes for May 9, 2017

1) Call Meeting to Order

Commissioner Blake called the meeting to order.

In Attendance:

Bud Blake, Chair; John Hutchings, Vice Chair, Gary Edwards, Commissioner; Ramiro Chavez, County Manager; Schelli Slaughter, Public Health and Social Services Department Director; Dr. Rachel Wood, Health Officer and Lydia Hodgkinson, Clerk of the Board of Health.

Approval of the Board of Health Agenda:

Vice Chair Hutchings moved to approve the meeting agenda. Commissioner Edwards seconded the motion. The motion carried.

2) Proclamations

Description: May 6 - 12, 2017 Nurses Week in Thurston County

Schelli Slaughter, Public Health and Social Services (PHSS) Director, introduced the Proclamation in honor of National Nurses week May 6 – May 12. Ms. Slaughter acknowledged PHSS's nurses: Amy Longmire, Apple Martine, Bonnie Peterson, Cathy Sherman, Deb Ward, Gretchen Thaller, Lindsey Sund, Lori Montoya, Marianne Remy, Sandy Cooper, and Sonia (Fumie) Nakasone. A group photo was taken of the Board members; Dr. Rachel Wood, Health Officer; and the nurses present in the audience. Ms. Thaller, the PHSS Community Health Nurse Supervisor, accepted the Proclamation on behalf of the PHSS nurses. Vice Chair Hutchings read the Proclamation. The Board proclaimed May 6 – 12 Nurses Week in Thurston County calling upon all citizens, communities, state agencies, faith groups, medical facilities, elected leaders, and businesses to celebrate nursing's accomplishments and efforts to improve our health care system, and show our appreciation for the nation's and our community's nurses, not just during this week, but rather to join us in honoring the many nurses who care for all of us at every opportunity throughout the year. The Board members each acknowledged the importance of all nurses and expressed their sincere appreciation of the work they all do. Ms. Thaller, thanked the Board for the recognition.

Description: May 2017 Mental Health Awareness Month

Ms. Slaughter introduced the Proclamation in honor of Mental Health Awareness Month May 2017 and introduced Jami Lifka, Vice President of Thurston/Mason County affiliate of the National Alliance on Mental Illness (NAMI), who was present to accept the Proclamation. Ms. Lifka expressed her appreciation of the Board's support in advocating for mental health. Vice Chair Hutchings read the Proclamation. The Board proclaimed May as Mental Health Awareness Month to increase public understanding of the importance of mental health and to promote identification and treatment of mental

illnesses and substance use disorders. Vice Chair Hutchings and Commissioner Edwards spoke on behalf of mental health awareness and thanked Ms. Lifka. At Chair Blake's request Ms. Lifka provided an overview of the NAMI Thurston/Mason organization; staffing and volunteers; and shared information of programs and events sponsored by NAMI. NAMI sponsors free support groups and education programs, and advocates for improvements to mental health delivery systems in terms of access to care, standards of care, recovery, housing, jobs, and rehabilitation. Chair Blake thanked Ms. Lifka for the work NAMI does.

3) Opportunity for the Public to Address the Board – no public comment

DEPARTMENT ITEMS

4) Capital Medical Center - Breastfeeding Friendly Washington Hospital Award

Gretchen Thaller, PHSS Community Health Nurse Supervisor, addressed the Board thanking them for the opportunity and spoke on behalf of the importance of breastfeeding; the promotion of breastfeeding in the NFP program; and her appreciation of partners such as the Capital Medical Center Women's Services. She explained the Capital Medical Center recently received a Bronze Recognition Award from the Washington State Department of Health for completing the ten (10) steps of *Breastfeeding Friendly Washington* an initiative to improve practices supporting breastfeeding. Ms. Thaller then introduced Gail Yandell, Director of Women's Services at Capital Medical Center (CMC). Ms. Yandell provided a brief description of the CMC birthing center and lactation program. She then introduced Sheila Waterstraight, a Lactation Specialist with CMC. Ms. Waterstraight provided additional information for the *Breastfeeding Friendly Washington* initiative that encourages organizations to promote and support breastfeeding through changes in policy and procedures; and provided additional information regarding CMC's participation in the initiative. Dr. Wood questioned if the hospital uses peer educators, community members and organizations, to promote the work of CMC Women's Services, for which Ms. Waterstraight stated they do work with other breastfeeding organizations in the community. The Board Members spoke on behalf of the importance of breastfeeding and commended CMC Women's Services staff for their hard work. Chair Blake questioned if breastfeeding is on the rise for new mothers. Ms. Waterstraight stated more and more new mothers are breastfeeding and come to the hospital education with information they have received from organizations in the community that promote breastfeeding. At Dr. Wood's request Ms. Waterstraight provided a brief description of the IBCLC (International Board Certified Lactation Consultant) certification. The Board thanked Ms. Thaller, Ms. Yandell and Ms. Waterstraight for the presentation and their dedication.

5) Youth Marijuana Prevention Forum

Chris Hawkins, Community Engagement and Education Program Manager, discussed an upcoming Youth Marijuana Prevention Forum presented by the Youth Marijuana Prevention & Education Program in collaboration with CHOICE Regional Health Network and Capital Region ESD 113. The Forum will provide the latest research and up to date information to organizations involved with youth marijuana prevention. Mr. Hawkins introduced Erin Riffe, Director of Behavioral Health and Student Support at ESD 113. Ms. Riffe briefly discussed youth marijuana prevention and then introduced Stacy Mueller, Clinical Supervisor of True North at ESD 113. Ms. Mueller provided additional information about the Forum. She then introduced Matt Shellhart, Program Manager with CHOICE. Mr. Shellhart explained the Forum will provide information such as different types of marijuana usage and the youth that are being effected. He then invited everyone to the free Forum being held at the Great Wolfe Lodge, on May 24,

2017 from 8:00 AM to 5:00 PM. The Board Members discussed the importance of early intervention and expressed their support of the programs promoting the issue. The Board thanked Ms. Riffe and Ms. Mueller for the information and their dedication. Mr. Hawkins then noted PHSS will host a Kids and Vapes Community Forum on May 31, 2017 from 10:00 AM to 1:00 PM at the PHSS Department building located at 412 Lilly Road NE, Olympia. This forum will provide information on what Vapes/E-Cigarettes are; Healthy Youth Survey Data; sharing of resources and networking. The Board thanked Mr. Hawkins for his continued dedication.

6) Thurston Thrives Update - Community Care Center

Liz Davis, Community Coordinator for Thurston Thrives, introduced the topic –an update on the Providence Health & Services Community Care Center project which is connected to the Thurston Thrives Clinical Care Action Team. She also discussed the connection of mental illness and ACEs (Adverse Childhood Experiences). Ms. Davis then introduced TJ LaRocque, the Community Care Center Manager. Mr. LaRocque provided a background of the Community Care Center project; shared the planned building floor plan and outside space; described the planned services to be provided and the proposed hours of operation; and acknowledged the many partners involved in making the project happen. The Community Care Center will provide a single point of access for street-dependent individuals needing access to behavioral health, substance abuse, housing, and many other services. The Center is anticipated to open in downtown Olympia, at 225 State Street, later this year. The Board Members thanked Mr. LaRocque for the presentation and commended all partners that contributed to this important project. Dr. Wood shared that the Community Care Center has been nominated as a Health Champion recipient by the Thurston Mason County Medical Society and the Chamber of Commerce. The Board expressed their congratulations.

7) Aging and Health in Thurston County

Mary Ann O'Garro, PHSS Epidemiologist, gave a presentation providing current data for local residents age 65 and over. She stated the overall goal is for residents to live long and live well. Ms. O'Garro shared the data for: population in the County from 2000 – 2016 and projected through 2030; life expectancy if born 2016; leading causes of death in 2015; annual income and employment in 2015; veteran and non-veteran percentages; disabled and independent living with difficulty; health status; and living with worry for food or housing. Ms. O'Garro noted PHSS, in partnership with Senior Services for South Sound, is putting together a Health & Aging Data Brief. She then introduced a PHSS intern Allison DiGennaro, a Masters in Public Health Student from the University of Cincinnati. Ms. DiGennaro is working at PHSS for 3 months to assist in producing this report. The Board welcomed Ms. DiGennaro and thanked Ms. O'Garro for the presentation.

8) Senior Health Services

Mr. Hawkins introduced Eileen McKenzie Sullivan the Executive Director of Senior Services for South Sound (Agency), present to provide an overview of the programs and services the Agency provides in Thurston County, including a Senior Nutrition Program (SNP). The Agency has served the community since 1973 and aims to improve the quality of life for people as they age. Ms. McKenzie Sullivan discussed the Agency's programs which in addition to SNP, they operate a STARS Adult Day Care Program; Senior Activities; Social/Supportive Services; Care Connection; Transportation; and Retail Travel. She shared sites and services areas for the SNP; shared national senior hunger statistics; discussed

SNP staff and volunteer information; described community outreach and partnerships; explained eligibility for participation in programs; shared service levels for 2016; discussed the SNP 2017 budget; and described funding sources. Ms. McKenzie Sullivan shared quotes from SNP participants; information about a Meals on Wheels participant survey; and shared the 2016-2018 SNP Strategic Planning Goals. She then provided program overviews, locations and facts for: STARS Adult Day Care Program; Senior Activities; Supportive Services; Care Connection; Transportation; Mission Supported Enterprises; and their Volunteers. Ms. McKenzie Sullivan then provided additional funding information for the agency. The Board thanked Ms. McKenzie Sullivan for information and the important services Senior Services for South Sound provides.

9) Food Service Inspection Results – Demonstration of new Webpage

Sammy Berg, Food and Environmental Services Section Supervisor, provided a background on the new PHSS webpage project that allows the public to see all recent restaurant and other food establishment inspection results. He discussed how to access the information, what is displayed; explained differences of red points and blue points; and answered common questions about the inspection results. To access this website go to www.co.thurston.wa.us/health/ehfood/fsinspections.asp. Mr. Berg also explained a mobile application to food establishment inspections information is in the works under phase two of this project. The Board thanked Mr. Berg for the work on this project and the information.

10) Board of Health Members' Health Related Activities (optional items) – none

11) Director's Report

Schelli Slaughter reported on the following:

- Acknowledged that May is also *Better Hearing Month* which will be honored at the Board of County Commissioners meeting agenda next week, May 16, 2017.
- Thurston Safe Kids is the recipient of a grant which funds a project to deliver bicycle helmets to all Thurston County elementary and middle schools; and to provide proper helmet fitting training to school staff. Chris Hawkins provided additional information on the project.
- A Washington State Department of Health grant has been received to fund the Eld Inlet Septic Education Project which will provide enhanced education to homeowners and community members in Eld Inlet; the grant starts in July, 2017.

Chair Blake congratulated Ms. Slaughter for being featured in the Thurston County Chamber's May 2017 Voice Magazine as the new Public Health and Social Services Director. He also expressed the Board's appreciation of have Ms. Slaughter on board as the new director.

- Summit Lake Advisory – very high levels of Anatoxin-A, a toxic algae, have been detected; many residents around the lake depend on the lake for drinking water.

12) Health Officer's Report –

Dr. Rachel Wood reported on the following:

- Summit Lake Advisory – provided a summary of recommendations given to residents:
 - Do not drink water taken from the lake until laboratory tests show the water is safe;
 - Disinfection, boiled, and treatment systems do not remove or deactivate algae toxin;
 - Find a temporary alternative source of safe drinking water;
 - Do not cook with the lake water
 - Keep pets and children out of the water

- Do not fish or swim in the lake.

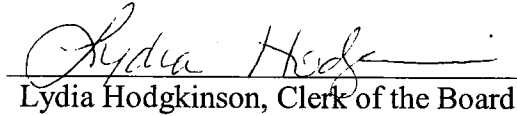
Dr. Wood also discussed the status and plan for monitoring the toxic levels; types of communication that has taken place to notify the residents and the public; signage posted at the lake; and resources being sought out to assist residents. Commissioner Edwards questioned, and discussion ensued, regarding other toxic algae and potential causes for the toxic level of algae on Summit Lake or any other county lakes. Dr. Wood addressed the questions. Vice Chair Hutchings expressed concern regarding contacting residents that may not have access to electronic communication and if there are plans to provide residents with water. Dr. Wood and Ms. Slaughter responded to the concerns.

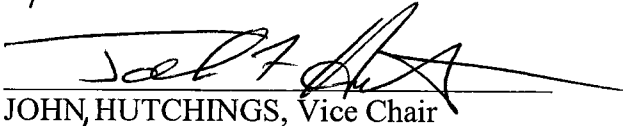
13) Adjournment – Vice Chair Hutchings moved to adjourn the meeting of May 9, 2017. Commissioner Edwards seconded the motion. The motion carried.

BOARD OF HEALTH
Thurston County, Washington

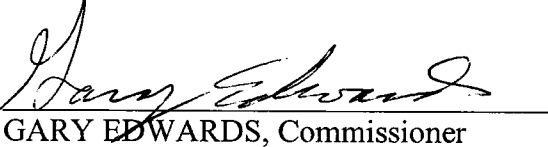
ATTEST:


BUD BLAKE, Chair


Lydia Hodgkinson, Clerk of the Board


JOHN HUTCHINGS, Vice Chair

Date: July 11, 2017


GARY EDWARDS, Commissioner

Thurston Community Television (TCTV)

The Board of Health meetings are aired on TCTV each week on Sundays at 3:30 p.m., Mondays at 8:00 p.m., Tuesdays at 12:30 p.m., Wednesdays at 10:00 a.m., and Fridays at 6:30 a.m. and at 5:00 p.m.