



BOARD OF HEALTH

The Thurston County Board of Health has responsibility
and authority for public health in both incorporated
and unincorporated areas of the County.

Minutes for September 12, 2017

1) Call Meeting to Order

Chair Bud Blake called the meeting to order.

In Attendance:

Bud Blake, Chair; John Hutchings, Vice Chair, Gary Edwards, Commissioner; Ramiro Chavez, County Manager; Schelli Slaughter, Public Health and Social Services Department Director; Dr. Rachel Wood, Health Officer and Lydia Hodgkinson, Clerk of the Board of Health.

Approval of the Board of Health Agenda:

Commissioner Edwards moved to approve the meeting agenda. Vice Chair Hutchings seconded the motion. The motion carried.

Approval of meeting minutes:

Commissioner Edwards moved to approve the July 11, 2017 and August 8, 2017 meeting minutes. Vice Chair Hutchings seconded the motion. The motion carried.

2) Proclamations

Proclamation Description: Prostate Cancer Awareness Month

Schelli Slaughter, Public Health and Social Services (PHSS) Director, introduced the Prostate Cancer Awareness Month Proclamation and discussed how important awareness of this type of cancer is. John Donaldson, a volunteer with the Thurston County Chapter of US TOO International, was present to accept the Proclamation. He spoke on behalf of Prostate Cancer Awareness encouraging all men to be informed and be tested for prostate cancer and invited everyone to attend the local chapter of US TOO International's monthly meeting held at 7:00 pm the 3rd Tuesday of each month at Providence St. Peter Hospital. The Board thanked Mr. Donaldson for speaking on behalf of Prostate Cancer awareness. Vice Chair Hutchings read a Proclamation proclaiming the month of September the 2017 Prostate Cancer Awareness Month. The Board expressed gratitude to the Washington State Prostate Cancer Coalition and the Thurston County Chapter of US Too International for their effort to encourage all men to be aware of the disease and to provide education and support to men in Thurston County afflicted with prostate cancer. For additional information visit: www.olyustoo.org.

Proclamation Description: National Recovery Month

Ms. Slaughter introduced the National Recovery Month Proclamation; discussed the importance of prevention and treatment of substance abuse disorders in our area and around the nation; and noted shared her personal experience of being effected by someone with a substance use disorders. Vice Chair Hutchings read the Proclamation. The Board of Health joins the U.S. Department of Health and Human Services, the Substance Abuse and Mental Health Services Administration, and the White House Office of National Drug Control Policy and do hereby proclaim September 2017 National Recovery Month in

Thurston County. The Board also calls upon all citizens, parents, governmental agencies, public and private institutions, businesses, hospitals, schools and colleges in Thurston County to support this year's Recovery Month theme, "Join the Voices for Recovery: Strengthen Families and Communities".

Proclamation Description: World Suicide Prevention Month

Ms. Slaughter introduced the Proclamation in honor of World Suicide Prevention Month; all people deserve the opportunity to live healthy, rewarding lives and suicide is the 8th leading cause of death for Thurston County residents. Thurston County Coroner Gary Warnock, present to accept the Proclamation, spoke on behalf of suicide prevention, noting only suicides which involve law enforcement are in the media but there are many that are not reported. He then shared current statistics of suicides in Thurston County. Vice Chair Hutchings read the Proclamation proclaiming September World Suicide Prevention Month in Thurston County. The Board calls upon all Thurston County residents to support this year's World Suicide Prevention Day theme, "Take a minute, change a life" and join with others around the world who are working towards the common goal of preventing suicide. Ms. Slaughter noted resource information can be found at:

- Thurston Mason Crisis Clinic – (360) 586-2800; www.crisis-clinic.org
- Call *211 for all resources

3) Opportunity for the Public to Address the Board – no public comment

DEPARTMENT ITEMS

4) Approve amendment to the Lewis County Nurse Family Partnership Supervisory Services Contract

Gretchen Thaller, Community Health Nurse Supervisor for the PHSS Nurse Family Partnership Program, described the Lewis County Nurse Family Partnership Supervisory Services Contract and the purpose of the proposed amendment. The Lewis County Public Health delivers Nurse-Family Partnership (NFP) home visiting services to pregnant and parenting women living in Lewis County; the Lewis County NFP Program Supervisor resigned from her position; to continue providing these services locally, Lewis County and Thurston County entered into a contract to temporarily provide NFP Supervisory Services; this Contract was for the duration of March 1, 2017 through August 31, 2017. This is a request to approve an amendment to the current contract to extend the duration of the contract through December 31, 2017 or until a permanent plan for supervisor services is put into place, whichever is earlier. At Chair Blake's request Ms. Thaller provided additional explanation of the services provided by this contract and provided an overview of the NFP program in general. Dr. Rachel Wood, as Health Officer of both Thurston and Lewis Counties spoke on behalf of the program and this partnership. Vice Chair Hutchings moved to approve and sign an amendment to the Lewis County Nurse Family Partnership Supervisory Services contract extending the time period to September 1, 2017 through December 31, 2017. Commissioner Edwards seconded the motion. The motion carried.

5) Thurston Thrives Action Team Highlight – Criminal Justice

Jon Tunheim, Thurston County Prosecuting Attorney, provided information on the Law Enforcement Assisted Diversion (LEAD) Program. He discussed the connection of LEAD to the work of the Thurston Thrives Law, Safety and Justice Action Team and provided a history of this Action Team being added to the Thurston Thrives Initiative. Mr. Tunheim explained LEAD is a diversion program designed to provide

intensive case management services to people who have committed low level drug crime and “nuisance crimes” due to chemical dependency or behavioral health issues. He provided a background of the program; how it has been implemented in Thurston County in partnership with the Thurston Mason Behavioral Health Organization (TMBHO) contracted provider serving as the Mobile Outreach Team. Mr. Tunheim described the screening process and the criteria for participants. He then introduced Ann Larsen, a Communication Engagement Specialist with the Prosecuting Attorney’s office (PAO), who was instrumental in the startup and the ongoing monitoring of the Thurston County LEAD program. Ms. Larsen provided additional information about LEAD. Mr. Tunheim acknowledged Mark Freedman, the TMBHO Administrator, for his work in bringing this program to Thurston County by bringing together criminal justice and behavioral health; and Linda Kleingartner, a local consultant, for her remarkable contribution of developmental work at no cost to the county. He also acknowledged Ann Larsen; the county Public Defender’s office; the County Sheriff’s office; and the Lacey Police Department who is piloting this program along with Thurston County. He stated the cities of Olympia, Tumwater and Yelm have also expressed interest in being involved in this program. In response to the Board Members’ requests, Mr. Tunheim provided additional information and clarification about law enforcement LEAD program training; explained street level decision making protocols; and triage versus street level evaluations. The Board thanked Mr. Tunheim for the presentation. Mr. Tunheim thanked the Board for the opportunity.

6) Henderson Inlet Community Efforts and Water Quality Improvements

Art Starry, the PHSS Environmental Division Director, introduced Scott Collyard with the Washington State Department of Ecology (DOE). Mr. Starry gave a brief history of Henderson Inlet explaining between 1984 and 2005 declining water quality resulted in the downgrade or closure of 657 acres of commercial shellfish harvesting areas in Henderson Inlet and explained how community efforts collectively improved the water quality. These efforts resulted in significant improvements in marine water quality and a net gain of 366 acres of commercial shellfish harvesting areas from 2005 – 2017. DOE evaluated the effectiveness of these efforts and generated the Henderson Inlet Fecal Coliform Total Maximum Load Water Quality Effectiveness Report which indicates that fecal coliform levels are declining despite increases in human population and parcel density within the urban growth areas. Mr. Collyard, a co-author on this report, shared and discussed an Ecology story map titled Henderson Inlet Watershed - A study of the effectiveness of efforts to reduce bacteria pollution. Jean Snyder, with the Washington State Department of Health Shellfish Program, addressed the Board providing additional clarification on areas designated as contaminated on the map. The Board thanked Mr. Collyard for the presentation. He also thanked Environmental Health staff and all of those involved for their important efforts to protect our environment. Mr. Collyard noted DOE completed the report but the successful improvement of the Henderson Inlet water quality is due to the hard work and efforts by the County staff and the community. He also noted their success is a great example to other Washington State counties. At Dr. Wood’s request, Mr. Collyard noted this presentation will be given at various conferences throughout the state. To view the Ecology story map titled Henderson Inlet Watershed - A study of the effectiveness of efforts to reduce bacteria pollution go to: <http://waecy.maps.arcgis.com/apps/Cascade/index.html?appid=5c5ce19bb2e74b25b12a447f9945655b>

7) Public Health Emergency Preparedness and Response

Sue Poyner, an Education and Outreach Specialist III and the PHSS Emergency Preparedness Coordinator, explained the purpose of the presentation is to share with the Board the partnerships,

coordination and emergency operations readiness that the Thurston County Public Health & Social Services Department is engaged in to better protect the residents of Thurston County during a Public Health emergency and/or disaster. She then introduced Jennifer Dixon, the Education and Outreach Program Assistant also with the PHSS Emergency Preparedness Program. Ms. Poyner described the partnership and coordination with Regional 3 healthcare Preparedness Coalition which includes hospitals, public health, critical care, long-term care and outpatient clinics; and local health and medical partners: Thurston County Coroner; Providence St. Peter Hospital; Capital Medical Center; Thurston County Medic One; Thurston Mason Behavioral Health Organization; Thurston County Emergency Management and Fire Agencies. Ms. Dixon reviewed activities participated in by the Medical Reserve Corps (MRC) such as the Seattle to Portland Bike Ride and the Washington State Senior Games. She acknowledged Community Partners that assisted with these events: Cascade Bicycle Club; Washington State Senior Games; Thurston County Fire District 12; and Tenino High School Basketball. Ms. Dixon discussed the MRC's involvement in, and outcomes of, Back to School Immunization Clinics held at the Little Red Schoolhouse; the Tumwater Schools Back-to-Basics; and the St. Peter's Sports Physical Clinic. She acknowledged community partners involved in the clinics: North Thurston Public Schools; Little Red Schoolhouse; Together!; Tumwater School District; Choice Regional Health Network; St. Peter Family Medicine; and Kaiser Permanente. Ms. Dixon noted an additional immunization clinic will be held on September 23rd at Kaiser Permanente (formerly Group Health) on Lilly Road from 9:00 am to Noon. She then discussed the "P's" of personal preparedness for evacuations which are People, Pets, Papers (important documents), Phone numbers, Prescriptions (medical needs), Pictures (and other mementos), PCs (computers/phones); and Plastic (credit cards & cash). Ms. Dixon discussed the three (3) Evacuation Levels – 1, 2, 3 which are: Level 1: "BE ALERT" for potential evacuation or disaster; Level 2: "BE READY" to leave at a moment's notice; and Level 3: "GO" Leave immediately. At Commissioner Edwards' request, Ms. Dixon and Ms. Poyner, described the intricate partnership and coordination PHSS has with Thurston County Emergency Services, using the response to the Summit Lake drinking water contamination earlier this year as an example. Dr. Wood noted in an event such as a power outage, Emergency Services would be able to provide a generator to maintain vaccine at proper storage temperatures. The Board thanked Ms. Poyner and Ms. Dixon for the presentation.

8) Developmental Disabilities High School Transition

Jennifer Popchockhakim, Social Services Program Specialist III and Manager of the Developmental Disabilities (DD) and Special Recreation Programs, introduced the topic of the High School Transition Services Program. Ms. Popchockhakim explained this program consists of vocational services for individuals with developmental disabilities in their final year of high. She described the Program and explained the importance of starting early to get connected with individuals and families by assisting with all of the application processes and assist with work on transferrable skills. Referrals come from varied sources such as schools, community programs and families. The Key Components of the Program are: Intake – complete necessary paperwork; Exploration – explore student strengths, goals, job interests; Internships – internships are 4 to 6 weeks; and Jobs – providing jobs for students upon June graduation. Ms. Popchockhakim explained there are three (3) High School Transition Providers for Thurston and Mason Counties: Morningside, Exceptional Foresters and, the newest provider, Vadis. At Commissioner Edwards' request, Ms. Popchockhakim provided a brief history of the Exceptional Foresters. The Board Members thanked Ms. Popchockhakim for her dedication and the positive impacts this Program has on participants.

9) Septic Smart Week

Mr. Starry introduced Jeremy Simmons, from the Washington State Department of Health Waste Water Management Section Manager. Mr. Starry explained for the past three (3) years one week in September has been proclaimed SepticSmart Week for the State of Washington by Governor Jay Inslee which this year is September 18 – 22. The proclamation encourages septic system owners to learn about the septic system that serves their property and what is needed to properly monitor and maintain it. Mr. Simmons gave a brief history of SepticSmart Week which was developed four (4) years ago by the U.S. Environmental Protection Agency (EPA) as an annual event focused on educating homeowners and communities on the proper care and maintenance of their septic systems. For more homeowner resources and information visit www.epa.gov/septic. Mr. Starry described upcoming free Septic Sense Workshops that will provide information on how to protect your investment and protect the environment; and learn about loans and grants for septic repairs or replacement. The Workshops are to be held:

- Saturday, September 16th 10:00 am – 12:00 pm at Summit Lake Community Center
- Tuesday, September 19th 7:00 pm – 9:00 pm at Scott lake Community Center

The Board thanked Mr. Starry and Mr. Simmons for the information.

10) Board of Health Members' Health Related Activities - none

11) Director's Report

Schelli Slaughter reported on the following:

- Thanked Jennifer Popchockhakim and the Developmental Disabilities Program Team for their great work and expressed her sincere appreciation for the High School Transition Program.
- Thanked Sue Poyner, the Emergency Preparedness Team and the MRC for their hard work with the back to school immunization clinics and the school supply distribution events. She also thanked the Team for helping our community in preparation of any emergency disaster and acknowledged the Board's proclamation of September Emergency Preparedness Month.
- Commended the LEAD project and its connection with the National Recovery Month Proclamation.
- Commended and thanked County staff, community members, DOE and DOH for the partnership and everyone's efforts to improve the Henderson Inlet. Ms. Slaughter noted a Board of County Commissioner's Public Hearing will take place after the Board of Health meeting to review and receive testimony on a proposed ordinance that will re-enact rates and charges in the Henderson Inlet Shellfish Protection District to finance the on-site sewage system work program, and amend the Henderson Inlet Shellfish Protection District and Nisqually Reach Shellfish Protection District Consolidated Work Program to specify work financed by the rates and charges.
- Public Health Accreditation – continue to pursue public health accreditation; an accreditation support grant has been applied for from the National Association of County and City Health Officials (NACCHO); if awarded this grant would fund work on quality improvement and performance management in preparation for submitting an accreditation application to the Public Health Accreditation Board.
- A Request for Quotation (RFQ) has been submitted to Cascade Pacific Action Alliance (CPAA), in which the county is a member of, to be included in their the Medicaid Demonstration Project Application; three (3) projects were proposed: Opiate response by expanding the Syringe Exchange program; Maternal Child Health by expanding the Nurse Family Partnership program; and Chronic Disease Self-Management; CPAA will review the

proposed projects and determine which to include in the Medicaid Demonstration Project Application due to the Health Care Authority in October.

- September 13th Regional collaboration meeting of local health departments to discuss Tobacco vaping prevention project which will take place in Chehalis.
- Environmental Health staff have been responding to increased concerns about bats with rabies in our community; briefly explained staff's follow-up to calls received; for questions or concerns please call (360) 867-2667.
- Local lake monitoring - Summit Lake, along with other community lakes, continue to be at safe toxin levels; discussed unsafe toxin levels for lakes in Washington located outside of Thurston County.
- Air Quality due to wild fires – although air quality has been poor recently as of this day (9/12/17), according to Olympic Region Clean Air Agency (ORCAA), air quality is good.
- A Task force lead by Commissioner Blake, to provide emergency shelters to accommodate homeless and vulnerable individuals during the upcoming winter season, has been resumed; this is a collaboration of community members, county, cities, nonprofit and faith based organizations; Ms. Slaughter acknowledged and commended the newly opened Providence Community Care Center.

12) Health Officer's Report –

Dr. Rachel Wood reported on the following:

- Introduced Preston Stevens, a medical student visiting and cross training at PHSS.
- Bat concerns – noted if a bat is caught with the intention to have it tested, remember to refrigerate the bat; unrefrigerated bats are not eligible for testing.
- Tuberculosis (TB) – monitoring continues.

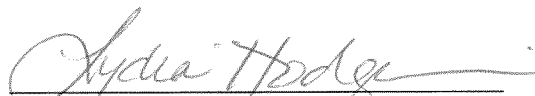
13) Adjournment – Vice Chair Hutchings moved to adjourn the meeting of September 12, 2017.


Commissioner Edwards seconded the motion. The motion carried.

BOARD OF HEALTH
Thurston County, Washington

ATTEST:


BUD BLAKE, Chair


Lydia Hodgkinson, Clerk of the Board


JOHN HUTCHINGS, Vice Chair

Date: 11/14/17


GARY EDWARDS, Commissioner

Thurston Community Television (TCTV)

The Board of Health meetings are aired on TCTV each week on Sundays at 3:30 p.m., Mondays at 8:00 p.m., Tuesdays at 12:30 p.m., Wednesdays at 10:00 a.m., and Fridays at 6:30 a.m. and at 5:00 p.m.