



BOARD OF HEALTH

**The Thurston County Board of Health has responsibility
and authority for public health in both incorporated
and unincorporated areas of the County.**

Minutes for July 12, 2016

1) Call Meeting to Order

In Attendance: Bud Blake, Chair; Cathy Wolfe, Vice Chair; Sandra Romero, Commissioner; Tom Stuebner, Public Health and Social Services Department Director; Dr. Rachel Wood, Health Officer; and Lydia Hodgkinson, Clerk of the Board of Health.

Chair Blake called the meeting to order.

Vice Chair Wolfe moved to approve the meeting agenda. Commissioner Romero seconded the motion. The motion carried.

Vice Chair Wolfe moved to approve meeting minutes from May 10, 2016. Commissioner Romero seconded the motion. The motion carried.

2) Opportunity for the Public to Address the Board – No public comment was given.

DEPARTMENT ITEMS

3) Thurston Thrives Update – Climate & Clean Energy Work Group

Liz Davis, Thurston Thrives Coordinating Council Community Coordinator, introduced Tom Crawford a volunteer with the local organization Thurston Climate Action Team (TCAT) who was to provide an update as the Team Lead of the Climate & Clean Energy Work Team within Thurston Thrives. Ms. Davis explained the work of this work group is a cross over with implications of a wide variety of the Thurston Thrives Action Teams such as the Environment, Housing, Community Design and Economy Teams to name a few. Mr. Crawford addressed the Board thanking them for the opportunity to present the update. He stated his presentation would introduce the Work Team, provide their progress to date and also explain the next steps for the team. Mr. Crawford noted the urgency of climate change, using current disasters such as the flooding in West Virginia and the fires in California as examples. He commented that more and more governments and international organizations are looking to local communities to take leadership in the area of climate change and clean energy. He shared local data on greenhouse gas emissions and targets for future years and discussed the many challenges to improve gas emissions. Mr. Crawford explained the work team has been meeting since December and discussed their adopted set of goals: 1) improving coordination and visibility for clean energy work and 2) development of a county-wide clean energy proposal and strategy. He acknowledged the work team participants which consist of a wide variety of organizations and community groups throughout Thurston County. Mr. Crawford described the work team's major accomplishment of developing a Strategy Map. He discussed the five main strategies on the map: 1) improving energy efficiency and energy conservation in our homes and businesses which would lead to additional private investment and tremendous cost savings across our community; 2) investing in promoting clean energy generation such as solar energy; 3) promoting new and additional

alternatives that are healthier and cost less for transportation in our community; 4) developing and implementing aggressive community education and community engagement on climate change and clean energy; and 5) incorporate into our legislative agendas, and into our local advocacy activities, climate and clean energy initiatives and let our partners at the State and Federal levels, and within Puget Sound Energy, know what a high priority this is for our community. He explained implementation of these five strategies will not only reduce our carbon foot print but create a healthier community, create new jobs, and save our tax paying citizens money. Mr. Crawford shared a list of specific measurable points to track progress from the Strategy map. He described the work team's next steps and tasks which include completing an inventory of current efforts to make sure they are not duplicating efforts; define priority initiatives – buildings, transportation, education and advocacy; and continue work on funding strategies and sources insuring there is a sustainable funding source. Vice Chair Wolfe questioned the time frame for completion of the Team's tasks. Mr. Crawford stated although the work is dependent on the continuing support of the current participants, community support and recruitment of additional volunteers, but feels it is possible to complete the tasks within the next nine to twelve months. He provided additional information regarding current participants which consists of approximately 15 individuals around a table, one from each participating organization. Commissioner Romero commented on climate change adaptation as the most important issue facing us worldwide and noted consumers need to make choices that are good for the planet. The Board thanked Mr. Crawford and the Team for their hard work and accomplishments. Chair Blake invited him to attend a Housing Action Team to present the same information. Mr. Crawford stated he would be glad to present.

4) Health & Safety for Youth in School

Chris Hawkins addressed the Board explaining Dr. Rachel Wood, the Health Officer, and himself would be providing information regarding health and safety at school for young people in our community. He noted there are several simple things families can do to help children stay healthy and safe at school. He acknowledged the connection between education and the health of our community and noted the Thurston Thrives initiative addresses these efforts. He noted the Education and Resilience Action Team efforts focus on ways to ensure children are ready to learn and recognize that how many years we are in school, and how successful we are in school, have a direct effect on our health. Mr. Hawkins recommended to get to school safely when walking or rolling to go in groups, wear bright clothing, model safe behavior and pay close attention to your surroundings. He recommended that when driving to school slow down – school zones are 20 mph and obey child passenger seat laws. He stated the added benefit of walking or bicycling to school is that kids are getting part of the recommended 60 minutes of physical activity per day. For health and safety at school, Mr. Hawkins discussed additional things that can be done such as reduce risk and strengthen protective factors, foster healthy relationships, keep kids connected to school and develop a positive safe environment. Dr. Rachel Wood discussed injury prevention at school such as obtaining pre-participation sports physicals. She also briefly discussed playground injuries and concussion symptoms. Dr. Wood briefly discussed the required immunizations for school age children. She shared information for assistance connecting with vaccination providers such as visiting ParentHelp123.org or calling the Within Reach organization at 1-800-322-2588. She provided the Board with a Washington State Department of Health handout listing the required immunizations and their doses for students in kindergarten through 12th grade. At Vice Chair Wolfe's request Dr. Wood provided additional information about symptoms of a concussion and treatment. Mr. Hawkins provided additional information regarding child passenger seat laws at Vice Chair Wolfe's request. He stated child passenger seat laws information can be found at www.safekids.org. Chair Blake commented on the success of the Walk & Roll event that took place at the Olympic View Elementary. Mr. Hawkins acknowledged the many community partners that helped with this event and noted work is being done to have this same

event at other local schools. Dr. Wood commented on the importance of wearing fully fastened helmets when riding bikes. The Board thanked both Dr. Wood and Mr. Hawkins.

5) Behavioral Health Organization Triage Update

Joe Avalos the Operations Manager for the Thurston Mason Behavioral Health Organization (BHO) provided an update on the Thurston Mason Triage Facility. He explained the Triage Facility is on schedule to open September 1, 2016. The facility is a ten (10) bed facility staffed 24 hours a day 7 days week which will provide behavioral health treatment services for Thurston and Mason residents experiencing mental health crisis and will provide involuntary commitment services also. The Triage will help divert those with a mental health crisis from jails and emergency room settings that would be better served in a mental health setting. Mr. Avalos stated the Triage is currently working with the contractor provider Telecare Corporation, the winner of the Request for Proposal (RFP) process. Mr. Avalos discussed Telecare's back ground, the organization structure and how they operate. He shared the final steps being worked on in preparation for the September 1st opening. He discussed the on-going meetings of operational work groups, in cooperation with Office of Assigned Council, Thurston County jail staff, Olympia Police work force and Telecare, regarding operationalizing the flow of referrals, which will be finalized prior to opening. At Chair Blake's request Mr. Avalos noted Telecare's staff will be just under 30 staff members which they are in the process of hiring now. He also noted the Triage is located in Tumwater near the Thurston County Accountability and Restitution Center (ARC). Mr. Avalos noted a Grand Opening is being coordinated, with the assistance of the Thurston County Public Information Officer, which will include a tour of the facility. The Board thanked Mr. Avalos for the information.

6) Board of Health Members' Health Related Activities

Vice Chair Wolfe commented on a tour she took of the Triage Facility expressing her appreciation of the facility itself and the great work and coordination that went into the facility.

7) Director's Report

Mr. Tom Stuebner reported on the following:

- The shellfish advisory due to a marine biotoxin that causes diarrhetic shellfish poison (DSP) that was posted several weeks ago was lifted this last week for Boston Harbor and Squaxin Passage; the advisory for Budd Inlet and Henderson Inlet is still on.
- Syringe Exchange Program Naloxone which helps reduce drug overdoses update: since the onset of the program in February 2016 over the last five (5) months there have been 27 drug overdose reversals; there have been several local law enforcements requesting training on how to administer Naloxone and requesting Naloxone kits.

8) Health Officer's Report

Dr. Rachel Wood reported on the following:

- Hepatitis C update and follow up to Board of County Commissioners' July 7th briefing which entailed discussion of options to reach out to Hepatitis C vulnerable populations such as individuals born between 1925 and 1965 and Syringe Exchange clients. She noted the Washington State Department of Health (DOH) has just released a report providing information

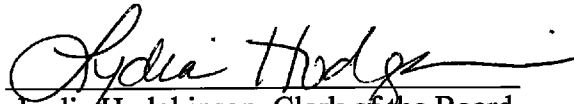
- on Hepatitis C in Washington State; DOH would like to meet with the County to discuss this information before September.
- Dr. Wood attended a meeting at the City of Olympia regarding the finalized plans for the Paddle to Nisqually, happening between July 30th and August 6th; the Medical Reserve Corps (MRC) will be staffing a couple of landings and also manning the first aid tent on the reservation.

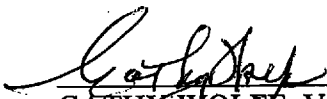
9) **Adjournment** – Vice Chair Wolfe moved to adjourn the meeting of June 14, 2016. Commissioner Romero seconded the motion. The motion carried.

BOARD OF HEALTH
Thurston County, Washington

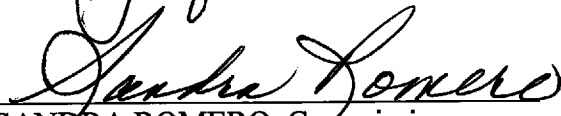
ATTEST:


BUD BLAKE, Chair


Lydia Hodgkinson, Clerk of the Board


CATHY WOLFE, Vice Chair

Date: August 9, 2016


SANDRA ROMERO, Commissioner

Thurston Community Television (TCTV)

The Board of Health meetings are aired on TCTV each week on Sundays at 3:30 p.m., Mondays at 8:00 p.m., Tuesdays at 12:30 p.m., Wednesdays at 10:00 a.m., and Fridays at 6:30 a.m. and at 5:00 p.m.