



BOARD OF HEALTH

The Thurston County Board of Health has responsibility and authority for public health in both incorporated and unincorporated areas of the County.

Minutes for September 9, 2014

1) 3:35 p.m. Call Board of Health Meeting to Order

In Attendance: Cathy Wolfe, Chair; Sandra Romero, Vice Chair; Karen Valenzuela, Commissioner; Don Sloma, Public Health & Social Services Department Director, Dr. Rachel Wood, Health Officer and Lydia Hodgkinson, Clerk of the Board of Health

Chair Wolfe called the meeting to order.

2) Thurston Thrives Advisory Council Meeting

Action Teams Strategy Recaps:

- a) Introductions** – Chair Wolfe opened the Thurston Thrives Advisory Council meeting and had the Council Members present introduce themselves.

Advisory Council Members in attendance: Curt Andino; Michael Cade; Mariella Cummings; Kevin Haughton, MD; Dennis Mahar; Lisa Smith; and Lon Wyrick.

Advisory Council Members Absent: Barbara Clarkson; Nicole Hill; Raj Manhas; Cole Mason, MD; Jay Mason, MD; and Shelly Willis.

In attendance for Public Health and Social Services Department (PHSS): Don Sloma, Director; Rachel Wood, MD, Health Officer and Chris Hawkins, Healthy Environment and Action Team (HEAT) Supervisor/Thurston Thrives Coordinator.

Chair Wolfe gave an overview of the meeting explaining all nine of the Thurston Thrives Action Teams would each present a five minute recap of their team's strategy maps and updates on their work over the last 15 months. Chair Wolfe explained the Food Action Team, who was the first team to present their strategy map, would be given an opportunity to provide a 15 minute recap of their team's work.

b) Update from Food Action Team about its Strategy

Food Action Team Lead, Robert Coit the Thurston County Food Bank Executive Director and Co-Lead Katie Rains the Garden Raise Bounty (GRuB) Executive Director, addressed the Council. Mr. Coit thanked the Board for the opportunity to provide an update of the Team's work over the last 15 months. He acknowledged the valuable Action Team membership: Olympia School District Food Service Director, Tumwater School District Food Service Director, Olympia Parks Arts & Recreation, Thurston County Public Health and Social Services Department staff, Thurston County Solid Waste, Senior Services for South Sound Nutrition Program Director, Thurston Regional Planning Council, and WSU Thurston County Extension. Ms. Rains also recognized Advisory Council Member Lisa Smith with Enterprise for Equity. She then reviewed the Team's Strategy Map explaining the three focused outcomes: Kids and families are at healthy weight, Healthy food is widely available to everyone, and Food is safe to eat. Ms. Rains briefly described the recommendation of the Food Action Team of using an index to demonstrate to the community the strength of the food system(s) and its impact on the health of the community. The Team recommends that efforts be designed to build on all of the current great work already being done in the community, not to duplicate efforts, and to find alignment where possible to make full use of community resources. She also explained the Team will meet three to four times each year to review the Strategy Map and current efforts; to update templates and the index; and to discuss the next steps. Ms. Rains requested the Advisory Council not focus on what objectives are not on the strategy map but chose to partner with the Team to identify how to engage strategies with businesses and community so everyone can work together.

The following comments and questions were responded to by Ms. Rains and Mr. Coit:

Chair Wolfe – requested additional clarification of the strategy to bring businesses and the broader community together.

Commissioner Romero – requested additional information regarding the strategy of providing healthy food in the schools.

Commissioner Valenzuela – requested clarification regarding the strategy map objective measure of “number of schools with lunch after recess”.

Lisa Smith – expressed appreciation of how well the Food Action Team meetings were run; and questioned if thought has been given to merge the Food Systems Council into the Team's work.

Commissioner Romero – commented on a food magazine article on kids eating healthy and a program of educating them to cook and grow vegetables.

Chair Wolfe asked Mr. Coit and Ms. Rains to share any lessons they learned. Mr. Coit commented on the lesson he learned which is to have a realistic expectation of community participation with the action team and to respect them when they are no longer able to participate.

Lon Wyrick questioned if an Index number was determined to measure against. Mr. Coit noted the Team's Index number is 67, derived from equally weighted scores across the team's three main objectives in healthy food, enough food, and safe food. The team aims to increase this number over time toward 100 as it measures progress from the benchmark at future meetings.

Mariella Cummings – thanked for the recap of the Team's work; and asked if they have any preliminary thoughts, or suggestions for the Advisory Group, that the Team came up with regarding any natural places where collaboration between action teams can share their ideas and resources. Chair Wolfe noted collaboration between action teams would be touched on at this meeting but will be discussed in depth at the November 5th Advisory Council Retreat. Mr. Coit commented briefly on the Team's next steps.

Chris Hawkins – noted Action Teams will be given other opportunities to address the Advisory Council at upcoming Thurston Thrives meetings.

Chair Wolfe thanked Mr. Coit and Ms. Raines for the presentation.

c) Other Action Team Update Presentations

Chair Wolfe explained each of the Action Teams will be given five minutes to provide a recap of their team's work over the last 15 months and brief review of their strategy maps. Questions and discussion followed. The following Team Leads and Co-Leads presented for their team:

Michael Cade - Economy
Chris Hawkins - Community Design
Commissioner Karen Valenzuela - Housing
Mike Hickman and Wes Pruitt – Education
Commissioner Sandra Romero - Child & Youth Resilience
Art Starry - Environment
Danny Kadden and Paul Knox – Community Resilience
Commissioner Cathy Wolfe and Dr. Stephen Albrecht - Clinical and Emergency Care

Chair Wolfe thanked all Action Team Leads and Co-Leads for their updates.

An additional Item added to the agenda - Possibilities of Collaboration: Thurston Thrives and Thurston Asset Building Coalition (handout provided)

Chair Wolfe explained there is a potential for collaboration and alignment between Thurston Thrives and the Thurston Asset Building Coalition (Thurston ABC). Chris Hawkins then explained that because of the potential opportunity Thurston Thrives would like to invite the ABC leadership to participate in the process to determine implementation and next steps for structuring Thurston Thrives Phase II. He then introduced Christina Daniels a small business owner and Chair of the Asset Building Coalition. Ms. Daniels described the work of the Asset Building Coalition and how it coincides with the work of Thurston Thrives. Chair Wolfe thanked Ms. Daniels for their consideration to collaborate with Thurston Thrives and invited her to attend the November 5th Retreat and participate in the next meetings being held in October and November.

d) Thurston Thrives Process/Board and Advisors Discussion of Remaining Work in Phase I

Chair Wolfe noted at the request of several Advisory Team members the next few meetings will be facilitated. The facilitators will be Faith Trimble and Rick Kramer. In regards to the remaining work in Phase I, Chair Wolfe stated at the next two Council meetings overlaps, gaps and connections of Action Team strategy maps outcomes will be discussed in depth. However, she requested comments from Advisory Members regarding any gaps or duplications that stood out from the information that was just presented. The following comments were received and discussion ensued:

Mike Hickman – Access to Care: provide on-site school or center based services.

Doug Deforest – Request the Community Design and Housing Action Teams discuss overlaps.

Mariella Cummings – requested the Council as a group think about and discuss systematically who the individuals and families are that are receiving services that will overlap across the teams; suggested a matrix be created.

Lisa Smith – requested clarification regarding the format of the next few Advisory Council meetings and if they are meetings open to the public. Mr. Sloma and Chair Wolfe stated October and November meetings will be a part of the Board of Health meeting agendas so they will be working meetings open to the public. All Advisory Council Members, Action Team Leads, a representative of the Asset Building Coalition and others that have been close to the process will formally be invited to attend both meetings.

Mr. Sloma – stated contracts have been entered into with Ms. Trimble and Mr. Kramer to facilitate the upcoming meetings. The facilitators will be contacting each Council member to assist them in determining priorities and a sustainable structure for a way forward.

e) Public Comments - none

f) Cascade Pacific Action Alliance (CPAA) Discussion

Chair Wolfe explained the Board, with help from the Thurston Thrives Advisory Council, need to in the near future appoint five to seven members to the Cascade Pacific Action Alliance (CPAA) a seven county consortium. The CPAA was formally known as the Regional Health Improvement Collaborative (RHIC) which was formed as a five county consortium. Thurston Thrives has been designated the local table who will develop priorities for Thurston County and feed them into the regional group. The Board will decide who those representatives are and announce them in the next few weeks.

g) Thurston Thrives Advisory Council Meeting concluded – Advisory Council Members may excuse themselves

Chair Wolfe noted at the next meeting in October the Council will, with the help of the Action Teams, work together to determine connections, priorities, gaps, structure and where Thurston Thrives goes from here.

Commissioner Valenzuela noted the morning of October 14th, just before the October Board of Health meeting, she, Chris Hawkins and Mary Ann O'Garro, Epidemiologist with the Public Health and Social Services Department, will be giving an hour long Thurston Thrives presentation at the State Public Health Association conference in Wenatchee.

Mariella Cummings expressed concerns and requested clarification regarding the ambiguity of the steps being taken to determine the selection of member appointments to the CPAA; the alignment of CPAA and Thurston Thrives; the role of the Advisory Council and appropriateness of the Board of Health's connection. Chair Wolfe, Don Sloma and Winfried Danke, Executive Director of CHOICE Regional Health Network, provided some clarification. Discussion ensued.

The Thurston Thrives Advisory Council meeting was adjourned.

- 3) **Opportunity for the Public to Address the Board of Health** - None
- 4) **Board of Health Members' Health Related Activities and Accomplishments** – due to length of meeting, no reports were given.
- 5) **Director's Report** –

Mr. Don Sloma reported on:

- ◆ Several beaches were closed over the summer, which are all now open. Beach closure information can be found at <http://www.co.thurston.wa.us/health/default.htm>

6) **Health Officer's Report** –

Dr. Rachel Wood reported on the following:

- ◆ Ebola update – a meeting of Thurston community members, regional partners, medical staff, emergency services and infectious disease staff is being held tomorrow (September 10th) in preparation of an Ebola case in Thurston, Mason or Lewis County.
- ◆ Enterovirus D68 (EV-D68) – a new respiratory virus infecting children around the United States has surfaced. It is not actually a new virus, it has been around, but is not very common. Those with asthma should take precautions. There is no vaccine or medication to treat at this point. Dr. Wood recommends that everyone always wash their hands, cover their cough and stay home if they are sick.

7) **Adjournment** – meeting was adjourned

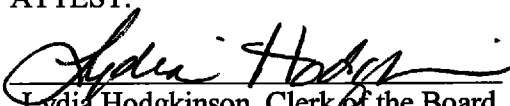
BOARD OF HEALTH
Thurston County, Washington


CATHY WOLFE, Chair


SANDRA ROMERO, Vice Chair


KAREN VALENZUELA, Commissioner

ATTEST:


Lydia Hodgkinson, Clerk of the Board

Date: December 9, 2014

Thurston Community Television (TCTV)

The Board of Health meetings are aired on TCTV each week on Sundays at 3:30 p.m., Mondays at 8:00 p.m., Tuesdays at 12:30 p.m., Wednesdays at 10:00 a.m., and Fridays at 6:30 a.m. and at 5:00 p.m.