



BOARD OF HEALTH

The Thurston County Board of Health has responsibility and authority for public health in both incorporated and unincorporated areas of the County.

Minutes for June 11, 2013

1) 3:30 p.m. Call Board of Health Meeting to Order

In Attendance: Karen Valenzuela, Chair; Cathy Wolfe, Vice Chair; Don Krupp, County Manager; Don Sloma, Public Health & Social Services Department Director; Art Starry, Environmental Health Division Director and La Bonita Bowmar, Clerk of the Board of Health

Excused Absence: Sandra Romero, Commissioner

Chair Valenzuela called the Board of Health meeting to order.

- ◆ **Approval of the Board of Health Agenda:** Vice Chair Wolfe moved to approve the agenda for June 11, 2013. Chair Valenzuela seconded the motion. Motion carried.
- ◆ **Approval of Board of Health meeting minutes:** Vice Chair Wolfe moved to approve the Board of Health meeting minutes from May 14, 2013. Chair Valenzuela seconded the motion. Motion carried.

2) Thurston Thrives Introductions and Overview

a) Introductions:

Chair Valenzuela opened the Thurston Thrives Advisory Council meeting.
Advisory Council Members introduced themselves.

In Attendance: Karen Valenzuela, Chair; Cathy Wolfe, Vice Chair; Shelly Willis; Barbara Clarkson; Kevin Houghton, MD; Mariella Cummings; Dennis Mahar; Jay Mason, MD; Curt Andino; Lisa Smith; Nicole Hill; Michael Cade; Robert Coit and Lon Wyrick

Absent: Raj Manhas; Cole Mason

b) Topic Area Definition and Health Implications

Mary Ann O'Garro, Public Health and Social Services Department (PHSS) Epidemiologist, gave a presentation that provided a summary of food and the health implications and community data that also included information on how food impacts our health and what we know locally based on the data collected within our community by the Thurston Thrives Food Action Team.

c) Community Data/Assessment and Risks

Mary Ann O'Garro, PHSS Epidemiologist, provided a data snapshot report of the most current local data that supports the work of the Thurston Thrives Food Action Team emphasizing on hunger, individual consumption and eating patterns, as well as diseases connected to food safety and diet. The purpose of the report is to provide support to those examining the connections between food and health.

d) Community Analysis of Strengths, Weaknesses, Opportunities and Threats

Robert Coit, Executive Director, Thurston County Food Bank and Thurston Thrives Food Action Team Lead gave a presentation of food and how it relates to health emphasizing on two (2) areas: (1) Food quantity – availability and accessibility, and (2) Food quality. Thurston Thrives Food Action Team effort is a two prong approach process of planning and strategic mapping to find outcomes and engage in activities. Examples of the planning process and activities were mentioned. More discussion on what is working well, challenges, opportunities, the health index, and scoring followed.

e) Recommended Strategic Map and Plan

Robert Coit, Executive Director, Thurston County Food Bank and Thurston Thrives Food Action Team Lead led a brief discussion on the recommended strategic map and plan made by the Thurston Thrives Food Action Team highlighting health focus areas, dimensions, primary health implications, objectives, and priorities.

f) Other Action Team Comments

Members provided comments and input in regard to: the succession planning for farmers; sustainability of the local food system in Thurston County; and clarification in the difference and emphasis on similar services from other organizations by collectively assuring that there are no duplication of efforts.

g) Questions and Answers – Board and Advisors

Members were given the opportunity to express their concerns and share information in regard to food environment and the ability to measure the food economy; residential food waste outreach and the ability to measure how much food is going to waste; discounting food at grocery stores for a specific target audience that do not qualify for assisted services; and the health index.

h) Opportunity for Public Comments from Community Members

- ◆ Diane Grace, Nutritionist and a member of the Thurston Food Systems Council, addressed the Board of Health Members and the Thurston Thrives Advisory Council Member praising the work of the Food Action Team and commenting on the scoring system.
- ◆ Joel Hansen, Business Manager of the Nutritional Therapy Association, addressed the Board of Health and Thurston Thrives Advisory Council, announcing that their association would like to be involved in the Thurston Thrives process.
- ◆ Brian Stafki, Thurston County Public Works and G.R.U.B. representative, addressed the Board of Health and Thurston Thrives Advisory Council acknowledging the work of

G.R.U.B. and provided examples of the collaboration between the agency and local schools.

- ◆ Cathy Visser, Meals on Wheels Director, addressed a comment made in an earlier discussion on how to increase access to low income people mentioning the Senior Program Market and the WIC Farmers Market Program that directly put vouchers in the hands of seniors and families eligible for assistance allowing them to purchase food, fruits, and honey at our local farmers market.

i) Discussion – Board, Advisors and Action Team

Board of Health, Advisory Council, and Action Team Members agreed that the next step for the Thurston Thrives Food Action Team should include continued conversation with grocers; projects to include developing key messages, coordinating efforts, community engagement, finding efficiencies through collective impact, lift up public health benefits, evaluate, improve, and re-engage; and Thurston Thrives Food Blog – an ongoing opportunity to continue conversation and dialogue in regard to Thurston Thrive Foods at www.ThurstonThrivesFood.Blogspot.com

j) Closing – next Thurston Thrives Meeting

Tuesday, August 13th, 2013 – 3:30PM-5:00PM; Thurston County Courthouse

3) Opportunity for the Public to Address the Board of Health - None

4) Board of Health Members' Reports

◆ **Vice Chair Wolfe reported on:**

- Regional Health Improvement Council (RHIC)
- Lewis-Mason-Thurston Area Agency on Aging
- Housing (Curt Andino and Trudy Soucoup) and Housing Authority of Thurston County
- Veterans' Assistance Program Event – Public Health and Social Services
- Disaster Recovery – Emergency Operations Center
- United Way – Shelly Willis recognized

◆ **Commissioner Romero on:**

- No Report – Commissioner Romero was not in attendance due to out of town business

◆ **Chair Valenzuela reported on:**

- Editorial shared on the Obama Care and health coverage plan availability and cost
- Homelessness and Affordable Housing (City of Yelm)
- Camp Quixote
- Treatment Sales Tax (Outcomes)
- Failing Septic Systems and Contaminated Water Supply – PHSS Environmental Health

5) Director's Report - Don Sloma reported on PHSS items:

◆ **Response to Hepatitis A Outbreak**

- The Department stood up an incident management team to respond to the evolving Hepatitis situation involving a recalled frozen berry mix.

- The Department is investigating two possible cases of Hepatitis A that may be related to the berries.
- Notices to permitted food establishments were mailed out, asking them to post signs for their customers IF the restaurant bought the recalled berry mix from Costco to use in their food items.
- The objectives of the response are:
 - To provide citizens of Thurston County with information regarding risk of Hepatitis A exposure following ingestion of recalled antioxidant berry blend.
 - Investigate suspected cases of Hepatitis A.
 - Provide public education and awareness of Hepatitis risk related to recall of antioxidant berry blend.
- A summary of the situation can be found on our web site at:
<http://www.co.thurston.wa.us/health>
- ◆ **Second Party Intervention Patrol (PIP) was held**
 - Aims to change teen drinkers' behavior; reduce impaired driving
 - PHSS Chemical Dependency Program, in partnership with Thurston Target Zero, Thurston County Prosecutor's office, ESD 113-True North, and 6 local law enforcement agencies, conducted the 2nd PIP.
 - Thirty-four (34) youth between the ages of 14 – 20, all of whom were under the influence, were arrested on minor in possession of alcohol charges.
 - The PIP approach to underage drinking parties still includes the element of law enforcement, but adds a brief, one-on-one meeting with a trained Chemical Dependency Professional (CDP).
 - These sessions include a voluntary screening to offer feedback on their level of alcohol and drug use, and an opportunity for discussion about the resources available in the community that can help youth reduce their dangerous behaviors.
 - In addition, parents that come to pick up their child also have the opportunity to meet with a CDP to discuss the dangers of alcohol and drug abuse, and how they can be active in influencing their child to make better choices.
 - This project has been independently evaluated and shown to increase the perceptions of the harm and risk of using alcohol and an actual reduction in the future use of alcohol by youth.
 - Twenty-nine (29) youth participated in the voluntary screening and met with the Chemical dependency professionals (CDP)
- ◆ **Tobacco-free and no-smoking campus policy adopted**
 - New policy aims to protect the community from harmful secondhand smoke
 - Thurston County joins local hospitals and South Puget Sound Community College among public places with similar protections adopted in recent years
 - Change means that smoking and using other tobacco products and e-cigarettes will not be allowed on most Thurston County properties. Employees and members of the public will need to move off of county property to use tobacco and related products.
- ◆ **Regional Health Initiative Collaboration provides standardized mental health services across five county service area**
 - The service area includes Thurston, Mason, Grays Harbor, Pacific and Lewis counties.

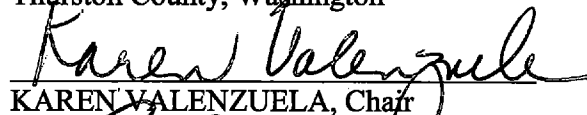
♦ **Tanglewilde East Septic System Conversion moves ahead**

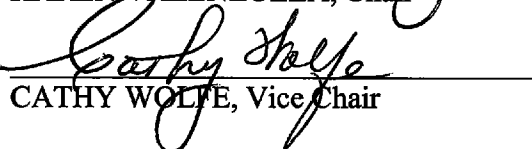
- The Tanglewilde East Sewer Association recently petitioned City of Lacey to convert neighborhood to sewer.
- The Tanglewilde East septic system serves 208 single-family homes and apartment units.
- The current system is likely to significantly impact groundwater quality in the area.
- Residents decided to connect to sewer rather than conduct the studies and upgrades necessary to achieve compliance with Washington Department of Health permit standards and continue treatment via septic system.

6) Adjournment

The Board thanked everyone for the collaboration of Thurston Thrives. **Vice Chair Wolfe moved to adjourn the meeting. Chair Valenzuela seconded the motion. The motion carried.**

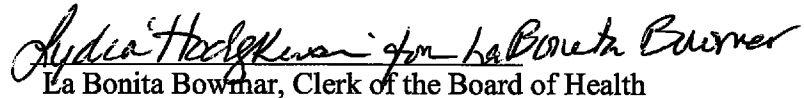
BOARD OF HEALTH
Thurston County, Washington


KAREN VALENZUELA, Chair


CATHY WOLFE, Vice Chair

Excused absence
SANDRA ROMERO, Commissioner

ATTEST:


La Bonita Bowmar, Clerk of the Board of Health

Date: July 9, 2013

Refreshments followed courtesy of Nineveh Assyrian Food Service to Board of Health Members and Thurston Thrives.