



BOARD OF HEALTH

Minutes of October 5, 2010

1) CALL MEETING TO ORDER

Attendance: Chair Valenzuela, Commissioner Romero, Department Director Sherri McDonald, Health Officer Diana Yu and Clerk of the Board of Health Lydia Hodgkinson.

Excused Absence: Vice- Chair Wolfe, County Manager Don Krupp

Commissioner Valenzuela called the meeting to order.

- a) **Approval of Board of Health Agenda** – Commissioner Romero moved to approve the agenda of October 5, 2010. Chair Valenzuela seconded the motion. The motion carried.
- b) **Approval of Board of Health Minutes** - Commissioner Romero moved to approve the Board of Health meeting minutes of August 3, 2010. Chair Valenzuela seconded the motion. The motion carried.

2) UPDATE ON CITIZEN ISSUES - none

3) OPPORTUNITY FOR THE PUBLIC TO ADDRESS THE BOARD - none

4) CONSENT ITEMS – none

5) RECOGNIZING ASIST2010 WORKWELL PARTNERS AND PROJECTS

Chris Hawkins the Chronic Disease Prevention section Supervisor gave a brief description and background of the WorkWell Program which is a collaboration with community partners to prevent diabetes and increase healthy eating and levels of physical activity. Starting in 2007 and concluding August 2010, the ASIST2010 grant from U.S. Department of Health & Human Services (DHHS) Office on Women's Health supported the WorkWell Program. The Program's primary aim was to assist organizations in our community in making healthy choices easier for employed adults. WorkWell has had numerous accomplishments, many of which are lasting changes giving employees better access to healthy foods and physical activity. Examples include healthier vending and meeting food policies at worksites, new signage and trails for at-work walking, and the availability of Chronic Disease Self-Management workshops (CDSM) as paid training time. Some enduring systems changes include two new licensed provider organizations for CDSM workshops in Thurston County, PHSS' ability to provide LiveWell (CDSM) leader trainings, and continuation of the WorkWell Healthy Workplace Designation Program under leadership of the Thurston County Chamber of Commerce. Mr.

Hawkins noted that these changes would not have been possible without the enthusiastic participation of the core partnership, CHOICE Regional Health Network, City of Olympia, Physicians of the Southwest Washington and the Thurston County Chamber of Commerce. The employer partner participation and other community involvement has also been very strong in this project. Mr. Hawkins shared the results and recognized the many groups and people involved in WorkWell and LiveWell. Kateri Wimsett, an Education and Outreach Specialist presented Certificates of Appreciation to those individuals from the recognized groups that were present at the meeting. The Board expressed their appreciation of so many people working together for a common goal and thanked all Partners and Staff. The Board gave a special thank you to David Schaffert President/CEO of the Thurston County Chamber of Commerce.

6) FOOD SAFETY PRESENTATION

Sammy Berg the Food and Environmental Services Section Supervisor described the Section's responsibilities which include the safe operation of food establishments, schools, and swimming pools; and other environmental issues such as animal bites, West Nile Virus, mold, smoking, noise and indoor air quality in Thurston County. He then gave a presentation on the Department's role in food safety which includes ensuring food service facilities including temporary food vendors are designed and constructed to support safe food practices; ensure facility staff and management are well trained in safe food practices; test for and issue food worker cards. Mr. Berg provided information regarding food inspections and violations; understanding inspection scores; public access to inspection scores; what a consumer can do to make food safer; foodborne illness complaints and food recalls. Mr. Berg addressed the Board's questions.

7) COUNTY HEALTH INDICATORS

Mary Ann O'Garro, Epidemiologist for the Epidemiology Assessment and Planning Section presented a list of preliminary Thurston County Health Indicators. She explained that data-informed decision making is highly valued among local policy makers and community leaders. The process of collecting, analyzing and reporting data is a core function of public health. In 2010, work began to establish a set of county health data indicators to measure how healthy county residents are at specific points in time. Indicators often highlight public health issues that contribute to leading a longer, healthier life (e.g. physical activity) or the reverse premature death and disability (e.g. tobacco use). County health indicators are being selected using a set of criteria including: local data must be available now and in the future; the health behavior, condition or issue is modifiable; a connection exists to current work or interests of the Department; and evidence-based policy or programs exist to impact the topic. Indicators will be made available online to allow for broader access and ease of updating. The preliminary set of county health indicators were reviewed and discussed. Ms. O'Garro encouraged the Board to let her know if they have additional indicators to add.

8) DIRECTOR'S REPORT

Sherri McDonald gave an update on Blue Green Algae in Thurston County. She also explained the tracking of the toxic algae and how the public is kept informed. Ms. McDonald noted the Department will in the near future request Board approval to apply for a grant to increase monitoring and study of the algae to obtain a better understanding.

9) HEALTH OFFICER'S REPORT

Dr. Diana Yu gave an update on the following: current foodborne illness outbreaks, new cases of E.Coli and new cases of active TB.


Dr. Yu also discussed the Mason County Air Quality Report she presented in August to the Mason County Board. Discussion ensued regarding the issues and impacts of Mason County and Thurston County air quality.

10) ADJOURNMENT

The meeting was adjourned.

BOARD OF HEALTH

Thurston County, Washington


KAREN VALENZUELA, Chair

EXCUSED ABSENCE

CATHY WOLFE, Vice-Chair


SANDRA ROMERO, Commissioner

ATTEST:


Lydia Hodgkinson, Clerk of the Board

Date: 11/16/2010