



BOARD OF HEALTH

Minutes of August 3, 2010

1) CALL MEETING TO ORDER

Attendance: Chair Valenzuela, Vice-Chair Wolfe, Commissioner Romero, County Manager Don Krupp, Department Director Sherri McDonald, Health Officer Diana Yu and Clerk of the Board of Health Lydia Hodgkinson.

Commissioner Valenzuela called the meeting to order.

a) **Approval of Board of Health Agenda** – Commissioner Wolfe moved to approve the agenda of August 3, 2010. Commissioner Romero seconded the motion. The motion carried.

b) **Approval of Board of Health Minutes**
Commissioner Wolfe moved to approve the Board of Health meeting minutes of July 6, 2010. Commissioner Romero seconded the motion. The motion carried.

2) UPDATE ON CITIZEN ISSUES

Dr. Yu commended the Board Members for their participation in the 2010 Senior Games. Jack Kiley, Senior Games President, presented medals to each of the Board Members and Dr. Yu for the Bowling Event. Deborah Allen, Personal Health Division Director, was also recognized for her participation in the Bicycling Event.

3) OPPORTUNITY FOR THE PUBLIC TO ADDRESS THE BOARD - none

4) CONSENT ITEMS – none

5) NURSE-FAMILY PARTNERSHIP: A GOOD RETURN ON INVESTMENT

Deborah Allen the Personal Health Division Director provided a description of the Nurse-Family Partnership (NFP) Program and local outcomes. The Program has provided prenatal and infancy home visiting to 285 low-income, first-time mothers and their families since 1999 and has proven to be a good return on the investment. Program outcomes of particular interest are reductions in child abuse and neglect and reduction in arrests of participating children at age 15. Costs are approximately \$11,800 in 2009 dollars, while benefits to society are estimated at over \$34,000 per child served (2009 dollars). Ms. Allen recognized Program Supervisor Diana Rice, Gretchen Thaller, Christy Gustafson, Kristy Matthews and Deb Ward all Home Visiting Nurses in the NFP Program. Ms. Allen, Ms. Rice and Sherri McDonald

addressed the Board's questions. Ms. Allen noted there is a potential for additional Federal funding to assist home visitation programs across the states. She also introduced Dr. Marie Johantgen a local Obstetrician who helped compile the presented local data. Ms. McDonald explained that the funding for this program comes from a number of funding streams including Federal and State grants, portions of the Local Treatment Sales Tax and a dedicated portion of the County General Fund all of which cover the salary and benefits of the 4 nurses and the ½ time Supervisor. The Board acknowledged staff's hard work and dedication to this important and rewarding program.

6) FOLLOWUP ON PROGRAM POLICY OPTIONS FOR REDUCING TOBACCO USE

Sherri McDonald explained at the June 1, 2010 Board of Health meeting the Board requested additional information for the "Health Effects of Tobacco Use / Program and Policy Options for Reducing Tobacco Use" topic. Ms. McDonald gave a background of tobacco policy levels as follows: 1) the "Clean Indoor Act" State Law which the Department is responsible enforcing and educating the public, 2) Prohibition of smoking on campuses, and 3) hiring practices policies. Kateri Wimsett, an Education and Outreach Specialist in the Chronic Disease Prevention Program, provided the requested information which included an explanation of the Tacoma-Pierce County Public Health Department's hiring practices regarding tobacco use, a description of Thurston County Jail's Policy regarding tobacco use, and an update on Providence St. Peter's Hospital and Capitol Medical Center's (PSPH/CMC) Tobacco-Free Policy implementation which went into effect August 1, 2010. Ms. Wimsett also provided an update on the Youth Compliance Check program. Sherri McDonald, Dr. Yu and Ms. Wimsett addressed the Board's questions. Ms. McDonald discussed funding for the Department's Tobacco Program for which the State level funding will go away as of July 1, 2011. County Manager Don Krupp suggested a work group be created to consider ideas and options for a smoke free work environment. The Board requested a work group be created. Deborah Allen agreed to put together a work group plan and will bring info to a future Board of Health meeting.

7) DIRECTOR'S REPORT

Ms. McDonald gave an overview of the new County Walk Ability Program supported by the Chronic Disease program. A Map has been created showing 3 different walking routes with different challenge levels around the courthouse area. Umbrellas have been made available for staff use if needed. Staff will talk to the CTR group to discuss competition ideas.

8) **HEALTH OFFICER'S REPORT**


Dr. Yu shared that she had participated in the opening of a new Providence St. Peter's Hospital Walking Trail.

9) **ADJOURNMENT**

The meeting was adjourned.

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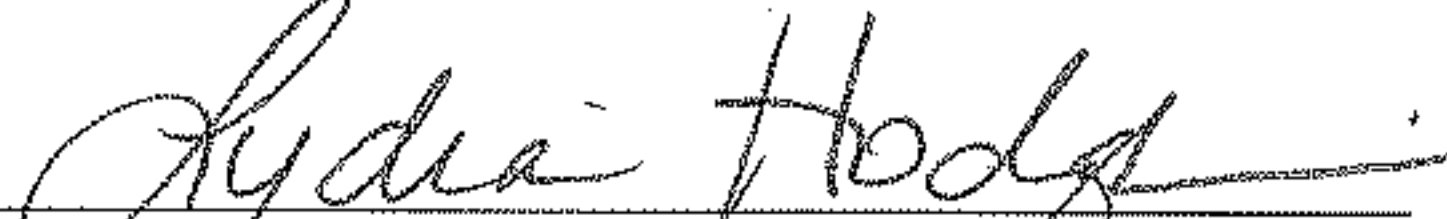
Thurston County, Washington


KAREN VALENZUELA, Chair


CATHY WOLFE, Vice-Chair


SANDRA ROMERO, Commissioner

ATTEST:


Lydia Hodgkinson, Clerk of the Board

Date: 10/5/10