

Thurston County Opioid Response Task Force

May 02, 2022 from 3:00pm-4:30pm

Thurston County Public Health & Social Services Department

Zoom Meeting – Virtual Only

AGENDA

Description	Action Steps/Items
Welcome / Review Minutes / Review Agenda	Jon Tunheim welcomed everyone to the meeting. The March minutes and the May agenda were approved without updates. Introductions were saved for membership updates at the end of the meeting.
Fentanyl Discussion	<p>Wayne Graham, Ben Miller-Todd, Monica Miley, & Katie Strozyk each presented an overview of what they are seeing around fentanyl in Thurston County from their perspective.</p> <p>Katie Strozyk shared a basic updated around fentanyl and why it is important to focus on (see slides here for more information). This included the following information:</p> <ul style="list-style-type: none">• Opioids are a class of drugs which attach to opioid receptors in the brain to provide a variety of effects and come in both prescription and unregulated/illicit forms• Fentanyl is a synthetic opioid which is 50-100 times stronger than morphine• Most fentanyl we see today is made in clandestine labs and not regulated pharmaceutically• Fentanyl can be used on it's own or mixed in with other substances, sometimes unknowingly• There is an increased overdose risk with fentanyl due to it's strength in comparison to other opioids, and it is lethal in very small amounts• Naloxone can be used to respond to an in-progress opioid overdose and fentanyl is not naloxone resistant• Fentanyl specific response is outlined in the Thurston County Opioid Response Plan, with specific strategies in the Overdose Action Area of the Response Plan <p>Wayne Graham shared what is being seen in the Prosecuting Attorney's Office. This includes:</p> <ul style="list-style-type: none">• Individuals who are found by law enforcement to have simple possession of fentanyl are required to be diverted from arrest, as required by State law• They are seeing instances where individuals are being arrested for substance delivery charges where another individual has had a fatal overdose after use of the substance• There are new challenges being presented as it is not always known when fentanyl is mixed in with another substance

	<p>Monica Miley shared what is being seen at the Syringe Services Program. This includes:</p> <ul style="list-style-type: none"> • Main goal right now is to keep individuals alive through fentanyl education and naloxone distribution • There has been a change in the last 6 months from individuals wanting to avoid fentanyl use to it being impossible to avoid fentanyl, and fentanyl becoming a drug of choice that is sought out • Naloxone distribution has more than tripled in comparison to last year, due to an increase in occurrences of overdoses and overdoses requiring more doses of naloxone than before <p>Ben Miller-Todd shared what Medic One is seeing. (see graphic here for more information). This includes:</p> <ul style="list-style-type: none"> • Thurston County is going to explore implementing a “leave-behind” naloxone program in the next 18-24 months, where EMS would be able to leave naloxone kits behind at the scene when an individual has experienced an overdose. • Naloxone was administered by EMS 302 times in 2021. Patient condition improved after naloxone administration 65% of the time. • 40% increase in Thurston County overdose cardiac arrests from 2020 to 2021. • There has been a noticed downtick in the frequency in which 911 is called in the first 10 minutes following an overdose occurrence – there is a need to emphasize having individuals deploy EMS early on in order to increase outcomes.
Project Spotlight: Treatment Work Group’s Community Panel	<p>Jason Bean-Mortinson shared information from the virtual event that the Treatment Work Group held at the end of March. This was the first of four community forums that they will be holding in 2022. The virtual event featured a live panel on Zoom to discuss programs and efforts where there is proactive engagement happening to try to decrease arrest and recidivism. Featured programs included: Familiar Faces, Law Enforcement Assisted Diversion (LEAD), and the Justice Advocate Care Crew from Capital Recovery Center. The event was well attended, with almost fifty individuals in attendance.</p>
Celebration	<p>Katie Strozyk discussed the upcoming celebration event that was pitched at the March meeting. The Task Force will be holding a celebration event at the end of summer, meant to recognize individuals and organizations who have played a key role in moving forward the work with the Response Plan. The event is meant to focus on the positive aspects of the last few years and acknowledging the people who have made progress happen.</p> <p>Each Work Group will be tasked with nominating an individual and an organization to be recognized for their work within that action area of the Work Plan. In addition to the nominations from each Work Group the Public Health & Social Services Opioid Response Program staff may select one to three additional individuals/organizations.</p>
Work Group Updates	<p>The following Work Group Updates were shared:</p>

	<p>Overdose:</p> <ul style="list-style-type: none"> • Developing more <i>Carry naloxone. Save a life.</i> cards for distribution • A fentanyl specific informational resource is in progress and should be finalized by the end of summer <p>Treatment:</p> <ul style="list-style-type: none"> • Going to meet to brainstorm which SMART Objective to begin working on next <p>Prevention:</p> <ul style="list-style-type: none"> • Working on testing messaging for a social media campaign • Have been getting additional medication dropboxes placed at pharmacies in rural Thurston County <p>Pregnant & Parenting:</p> <ul style="list-style-type: none"> • A resource for chestfeeding/breastfeeding best practices for individuals who use drugs will be available in the Fall • Still distributing resource cards with support agency contact information on them, as well as pregnancy tests <p>Legal System:</p> <ul style="list-style-type: none"> • Looking to inventory which agencies in the community utilize Peers within their services to see where there are gaps
Membership Updates / Funding & Partnership Opportunities	<p>The following updates were shared during the roundtable:</p> <ul style="list-style-type: none"> • The Olympia Bupe Clinic is changing it's Tuesday & Thursday hours to the daytime and will be open 1pm-4pm • The Thurston County Resource Hub will be opening in June, and is meant to connect individuals who are criminal-legal involved with various resources that they may be interested in accessing • Law Enforcement Assisted Diversion (LEAD) will begin distributing naloxone to their participants soon • Point in Time Count data for homelessness was released, this number is generally an undercount of the actual number of individuals experiencing homelessness in Thurston County • 988 will be launching in July, which is a statewide crisis hotline • Narcan has a new reduced price of \$67.50, which mirrors the cost of the generic naloxone nasal spray • The Narcan school program will be expanding, where schools can access free kits to have on campus. The program was previously limited to high schools, but will now be open to junior high and elementary schools
Schedule & Next Steps	<p>Next Task Force meeting: May 02, 2022 from 3:00 pm- 4:30 pm. VIRTUAL ONLY – NO IN PERSON ATTENDANCE https://us02web.zoom.us/j/84876453598 Call-in: 1 (253) 215-8782 Meeting ID: 848 7645 3598</p>

If you are interested in additional information regarding the Thurston County Opioid Response Task Force, would like to join a work group, or have further questions – please contact Katie Strozyk at katie.strozyk@co.thurston.wa.us or (360) 878-1261

Name	Agency
Abdelmalek, Dimyana	Public Health & Social Services
Aramori, Miae	Emergent BioSolutions
Bean-Mortinson, Jason	Thurston-Mason BHASO
Bigornia, Chelyn	Public Health & Social Services
Dahlhoff, Leatta	Tumwater City Council
Everett, Stacey	Public Health & Social Services
Freedman, Mark	Thurston-Mason BHASO
Graham, Wayne	Prosecuting Attorney's Office
Gunderson, April	Public Health & Social Services
Leonard, Garrett	Capital Recovery Center/OBC
List, Alissa	Capital Recovery Center
Marineau, Keylee	Public Health & Social Services
Miley, Monica	Public Health & Social Services
Miller, Nicole	County Commissioner's Office
Miller-Todd, Ben	TC Emergency Services
O'Connor, Patrick	Public Defense
O'Garro, Mary Ann	Public Health & Social Services
Pierce, Krystal	Capital Recovery Center/OBC
Sisson, Linda	Family Support Center
Strozyk, Katie	Public Health & Social Services
Thomas, Lisa Rey	UW ADAI/AI Health Commission
Tunheim, Jon	Prosecuting Attorney's Office
Velasco, Jackie	Pre-Trial Services
Wimsett, Kateri	Public Health & Social Services