

Thurston County Opioid Response Task Force

March 07, 2022 from 3:00pm-4:30pm

Thurston County Public Health & Social Services Department

Zoom Meeting – Virtual Only

AGENDA

| Description | Action Steps/Items |
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| Welcome / Review Minutes / Review Agenda | Katie Strozyk welcomed everyone to the meeting, as Jon Tunheim was unable to attend. The November minutes and the March agenda were approved without updates. Introductions were saved for membership updates at the end of the meeting. |
| Overview and Successes of Olympia Bupe Clinic Justice Outreach Program | <p>Garrett Leonard and Krystal Pierce shared information regarding the Justice Advocate Care Crew at Capital Recovery Center (see slides here for more information).</p> <p>This program primarily connects with individuals while they are incarcerated or directly after they have been released. The goal is to assist individuals in stabilizing in the community post-release and decrease recidivism. Potential participants are about to view a 30-minute video while in jail which covers what buprenorphine is, how it assists in treating opioid use disorder, and the benefits of the treatment model. If someone is interested in services, they are connected to a Justice Advocate Care Crew member who does an intake to screen whether they qualify for the program (main criteria is having an opioid use disorder) and evaluate what other potential services/resources the individual may want to access.</p> <p>The Thurston County Jail's process of prescribing buprenorphine was described, for both individuals who enter with an active prescription and for those who do not have an active prescription but wish to initiate treatment prior to release from jail. If an individual is booked into jail with an active prescription for buprenorphine and has their script on them, then they can continue the medication immediately while in jail. If they are not already on buprenorphine when booked, they can request to initiate treatment shortly before their release date, with coordination between the Jail and Capital Recovery Center to ensure continuity of care post-release. The Jail also offers a buprenorphine taper for individuals who are actively in opioid withdrawal once booked for individuals who want to mitigate withdrawal symptoms.</p> <p>The Justice Advocate Care Crew program has recently expanded, because of the Olympia Community Court obtaining new grant funding. Through this expansion they can serve Community Court participants to assist them in accessing treatment and staying engaged in treatment. This partnership has also allowed for Capital Recovery Center to offer harm reduction and overdose response trainings within the community.</p> |

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| | <p>Other services are also available through Capital Recovery Center, with a focus on providing wraparound services for participants. Additional resources available for participants include but aren't limited to transportation from jail to the Olympia Bupe Clinic, ID replacement, Social Security guidance, naloxone kits, employment and housing assistance, a clothing bank, and 3x daily meals.</p> |
| Findings from the 2021 Thurston County Syringe Services Health Survey | <p>Katie Strozyk presented information from the 2021 Thurston County Syringe Services Health Survey (see slides here for more information).</p> <p>The 2021 Thurston County Syringe Services Health Survey is conducted every other year, as part of a statewide effort led by the University of Washington's Addiction, Drug, and Alcohol Institute. The surveys are confidential and voluntary for individuals to participate in. Thurston County Public Health & Social Services conducted their most recent survey in September 2021 and 96 individuals participated. Some highlights from the survey results:</p> <ul style="list-style-type: none"> • 76% were getting syringes for at least 1 other person than themselves • 22% had been in jail or prison in the last 12 months • 47% have a housing status of being permanently housed, 35% temporary/unstable, and 18% homeless • 84% are on Medicaid/Medicare/Indian Health Services • 42% said their main drug is heroin and 26% said methamphetamine • 75% had used heroin in the last 3 months, 89% had used methamphetamine, and 44% had used fentanyl • 8% of individuals who used methamphetamine in the last 3 months only inject and do not smoke it • 26% of individuals who used heroin in the last 3 months only inject and do not smoke it • Those who used fentanyl on purpose in the last 3 months primarily used it in pill or powder form and those who used it unintentionally did so through it being mixed with other drugs • Individuals who preferred smoking heroin and/or methamphetamine rather than injecting reported doing so primarily because smoking is more social, or they can't hit their veins anymore • 65% witnessed at least one overdose in the last 12 months • 82% did not personally experience an overdose in the last 12 months • Of individuals who had experience an overdose in the last 12 months, 62% had used fentanyl in the last 3 months • 39% had been tested for hepatitis C in the last year and 44% for HIV • 36% accessed substance use treatment services in the last 12 months • 16% saw a mental health counselor in the last 12 months |
| SMART Objective Progress | <p>Katie Strozyk provided an update on the progress that has been made on SMART Objectives (see slides here for more information).</p> <p>There are 31 total SMART Objectives in the 2021-2022 Opioid Response Plan. As of March 2022, 2 objectives have been completed and 7 objectives are near completion. Main activities were discussed for each action area of the Response Plan.</p> |

Prevention

- Distributed safe medication disposal location cards to over 50 sites, including pharmacies & medical providers
- Developing a social media campaign focused on substance use protective factors (encouraging communication & positive relationships)
- Collaborating with the MedProject to place new medication disposal dropboxes

Treatment

- Completed one SMART Objective
 - T1(a) Survey of local providers on topics of interest for the Medications for Opioid Use Disorder (MOUD) Provider meeting
- Upcoming community panel on services which build relationships with justice involved individuals & connect to treatment
 - March 31st from 1 pm - 2:30 pm
- Coordinating education sessions regarding justice outreach, in-jail MOUD services, & continuum of care resources

Overdose

- Completed one SMART Objective
 - O2(b) Provide education and naloxone kits to 10 businesses or organizations for use in the event of an overdose
- Developing an overdose education & response video in partnership with Thurston Community Media
- Working on creating a fentanyl specific resource on increased overdose risk & naloxone response

Pregnant & Parenting

- Actively distributing pregnancy resource cards within the community
 - Paired with pregnancy tests
- South Sound Breastfeeding Network working on fall conference regarding substance use & breast/chestfeeding
- Collaborating with State Opioid Response efforts to create a pregnant & parenting service provider list

Equity and Legal System Work Groups are still in the process of developing their SMART Objectives, as they are new work groups that are still in the beginning stages. The Task Force will revisit SMART Objective progress in the fall.

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| Celebration | Katie Strozyk proposed the idea to the group that the Task Force have some type of celebration in the summer. This would be a chance to recognize individuals and agencies who have had a large impact on the accomplishments and progress made by the Task Force. The group agreed this would be a good idea. A proposal on potential celebration ideas will be presented at the May meeting. |
| Work Group Updates | No work group updates were shared, as all updates were covered during the SMART Objective progress portion of the meeting. |
| Membership Updates / Funding & Partnership Opportunities | <p>The following updates were shared during the roundtable:</p> <ul style="list-style-type: none"> • Treatment Sales Tax will be reissuing a Request for Proposals for \$400,000/year of community grant funding. They are also looking for a new member for their Treatment Sales Tax Advisory Committee. • The Prosecuting Attorney's Office received a federal grant to develop a new public facing data dashboard. This will help make data more transparent and user friendly to access. More information to come once it is available. • The Olympia Bupe Clinic has finished data collection for their PEW Research Grant, which has both quantitative and qualitative portions. They will share the results from this evaluation process once it is ready for dissemination. • Washington State Department of Health is interested in partnering with any agencies who would like to distribute naloxone on an on-going basis to program participants and/or the public. Through this program, WA DOH provides no-cost naloxone. • Public Health & Social Services has been working on offering overdose education to schools and school staff. |
| Schedule & Next Steps | <p>Next Task Force meeting: May 02, 2022 from 3:00 pm- 4:30 pm. VIRTUAL ONLY – NO IN PERSON ATTENDANCE https://us02web.zoom.us/j/88460183655 Call-in: 1 (253) 215-8782 Meeting ID: 884 6018 3655</p> <p>If you are interested in additional information regarding the Thurston County Opioid Response Task Force, would like to join a work group, or have further questions – please contact Katie Strozyk at katie.strozyk@co.thurston.wa.us or (360) 878-1261</p> |

| Name | Agency |
|-------------------|--|
| Bigornia, Chelyn | Public Health & Social Services |
| Chesoli, Kennedy | CHOICE/Cascade Pacific Action Alliance |
| Cooper, Thomasina | County Commissioner's Office |
| Dahlhoff, Leatta | Tumwater City Council |
| Gunderson, April | Public Health & Social Services |
| Grande, Cindy, MD | Pioneer Practice / Olympia Bupe Clinic |
| Hemmerle, Sean | WA State Department of Health |
| Hennen, Carrie | Public Health & Social Services |
| Hill, Rose | WA Recovery Help Line |
| Huriaux, Emalie | WA State Department of Health |
| Lee, Dawn | Consultant w/ Nisqually Tribe |
| Leonard, Garrett | Olympia Bupe Clinic |
| Marineau, Keylee | Public Health & Social Services |
| Miley, Monica | Public Health & Social Services |
| Miller, Nicole | County Commissioner's Office |
| Miller-Todd, Ben | TC Emergency Services |
| O'Garro, Mary Ann | Public Health & Social Services |
| Peters, Christy | Prosecuting Attorney's Office |
| Pierce, Krystal | Olympia Bupe Clinic |
| Sisson, Linda | Family Support Center |
| Strozyk, Katie | Public Health & Social Services |
| Terry, Priscilla | Community Member |
| Tsehlana, Tara | Prosecuting Attorney's Office |
| Willis, Shelly | Family Education & Support Services |
| Wimsett, Kateri | Public Health & Social Services |