

# 2022 Program Presentations

THURSTON COUNTY
TREATMENT SALES TAX
ADVISORY COMMITTEE

Chemical Dependency Program Inmate Mental Health Services

Psych ARNP

Thurston County Jail Re-Entry Assistance Transitions & Medication Management Pretrial Release

> Preparing for Re-Entry Employment Corrections TST Coordinator Jail Behavioral Health Program Nisqually Jail Re-Entry Assistance

## CHEMICAL DEPENDENCY PROGRAM





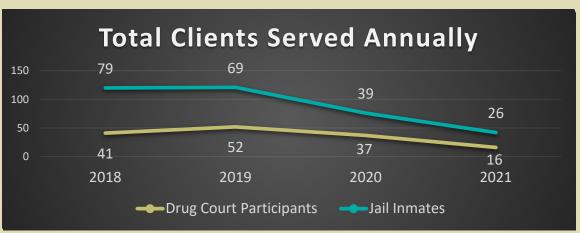
- Administered by Thurston County Sheriff's Office Corrections Bureau
  - Subcontractor is Olympic Health & Recovery Services (new as of 2022)
- Provides substance use disorder treatment services using Moral Reconation Therapy (MRT) to Drug Court
  participants and Jail Inmates held in the Thurston County Correctional Facility.

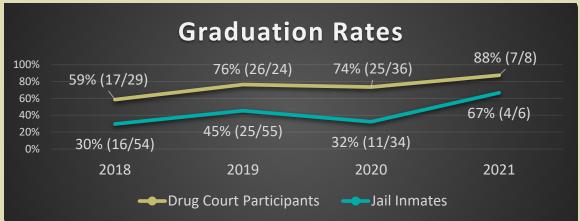
Year	Budget	Actual	Variance
2020	\$399,714	\$360,733	\$38,981
2021	\$399,714	\$339,224	\$60,490
2022	\$400,055	NA	NA

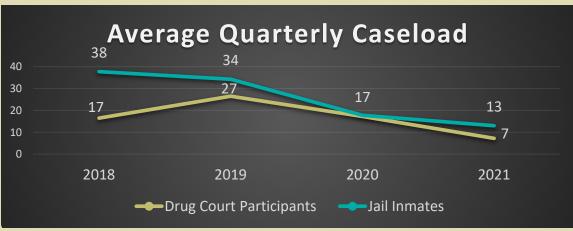
#### CHEMICAL DEPENDENCY PROGRAM

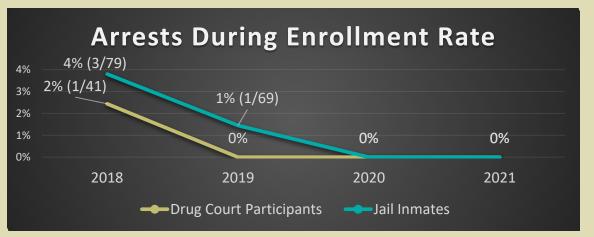












## CHEMICAL DEPENDENCY PROGRAM





#### PARADISE FOUND

 We would like to get more referrals from the courts, especially females. We would also like to look at having a MHP Therapist that is dedicated to CDP Participants.



## WIND IN YOUR SAILS

- New SUD treatment provider, OHRS.
- Continued partnership with Thurston County DUI/Drug Court Program.



#### **ANCHORS & ROCKS**

The backlog in Court cases limits admissions because those being court ordered to participate do not have enough time left to complete the program.

#### **EQUITY**

Thurston County Correction Facility along with Olympic Health and Recovery Services are working with Nicole, Carrie, and Chelyn to facilitate DEI training for our TST funded providers. This training would be based on a Pre-Survey developed by Nicole. The goal is to have 4 to 5 training sessions utilizing trainers who have a background in behavioral health. This plan of action would most likely continue into 2023.

#### WHAT ELSE?

 Would like to see the Courts utilize our Chemical Dependency Program more often for those incarcerated at TCCF.



## INMATE MENTAL HEALTH SERVICES



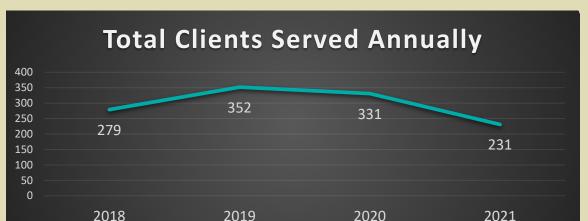


- Administered by Thurston County Sheriff's Office Corrections Bureau.
  - Subcontractor is Healthcare Delivery Systems
- The following programs are part of this budget:
  - Psych ARNP Prescriber: Prescribes, administers, and monitors psychiatric medications for individuals in the Thurston County Correctional Facility.
  - Re-Entry Assistance: Focuses on transition planning and education for individuals in the Thurston County Correctional
    Facility with behavioral health disorders who will be released back into the community.
  - *Transitions & Medication Management*: Ensures individuals in the Thurston County Correctional Facility with mental illness are connected to medication management to reduce symptoms that impair functioning and case management to support the transition from to work release or electronic home monitoring.
  - *Pre-Trial Release*: Focuses on service planning (including connections to treatment and housing) to support the release of individuals with behavioral health disorders while charges are pending (when appropriate).

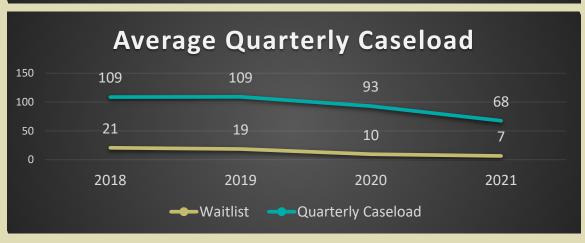
Year	Budget	Actual	Variance
2020	\$324,628	\$182,738	\$141,890
2021	\$330,628	\$218,286	\$112,342
2022	\$304,833	NA	NA

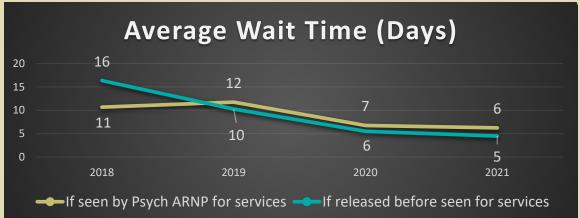








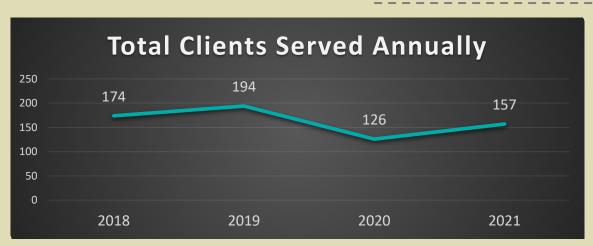




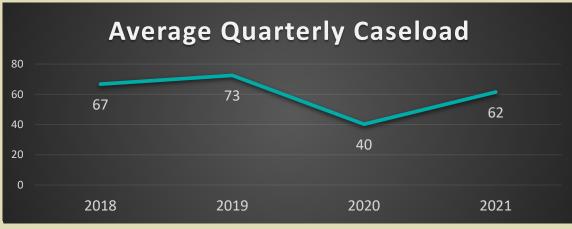
#### THURSTON COUNTY JAIL RE-ENTRY ASSISTANCE













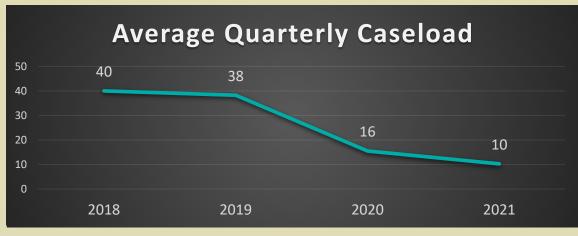
## TRANSITIONS & MEDICATION MANAGEMENT











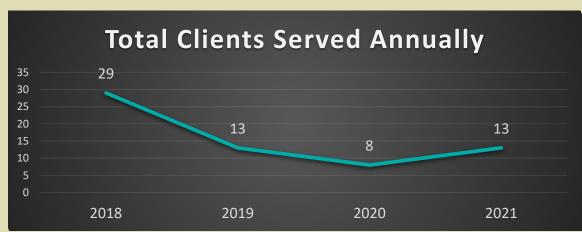


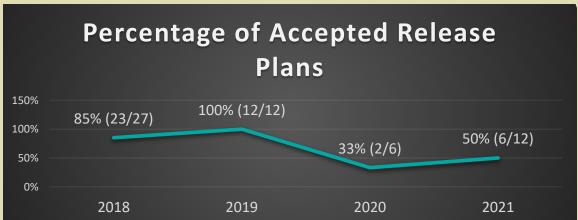
## PRETRIAL RELEASE

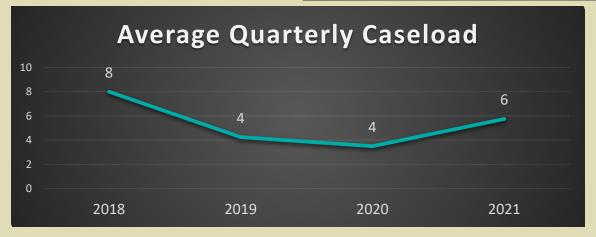












## INMATE MENTAL HEALTH SERVICES

## Highlights



#### PARADISE FOUND

- Stronger coordination of wrap around services that would both benefit the individual releasing and the community.
- Our contracted Psych ARNP is conducting in-person appointments with individuals. Wait time for new referrals is about 6-7 days. TST funded 10.77 medication is going well.



#### WIND IN YOUR SAILS

- Living Skills classes assist individuals with learning skills they need for their transition back into the community.
- Re-Entry planning sessions allow the individuals to actively participate in putting together a positive plan of action in place for their success release back into the community.



## **ANCHORS & ROCKS**

- Difficulty coordinating with outside agencies for services to assist individuals releasing to the community.
- Work Release not currently open/operating
- Wait time for those awaiting competency restoration is very long.

#### **EQUITY**

Thurston County Correction Facility along with Olympic Health and Recovery Services are working with Nicole, Carrie, and Chelyn to facilitate DEI training for our TST funded providers. This training would be based on a Pre-Survey developed by Nicole. The goal is to have 4 to 5 training sessions utilizing trainers who have a background in behavioral health. This plan of action would most likely continue into 2023.

#### WHAT ELSE?

Would like to look at obtaining funding for one (1) night of lodging for those releasing that have been unable to find housing. This would allow a safe place for them until they are able to connect with the services that have been set up for them in the community. Those who are at a higher risk would work with a peer support to help assist them.



## PREPARING FOR RE-ENTRY EMPLOYMENT





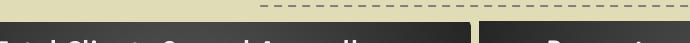
- Administered by Thurston County Sheriff's Office Corrections Bureau
  - Subcontractor is Pacific Mountain Workforce Development Council
- Provides pre-employment training workshops and services to adults with behavioral health disorders in the Thurston County Jail with the goal that participants will become gainfully employed at exit.

Year	Budget	Actual	Variance
2020	\$122,003	\$94,477	\$27,526
2021	\$122,003	\$116,543	\$5,460
2022	\$122,003	NA	NA

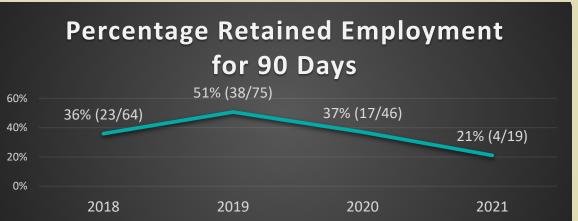
## PREPARING FOR RE-ENTRY EMPLOYMENT

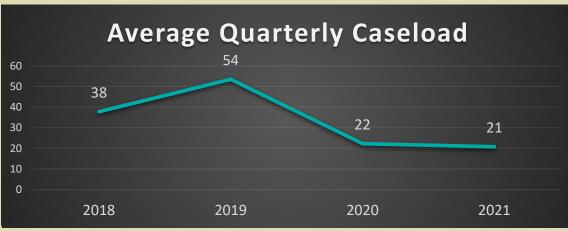


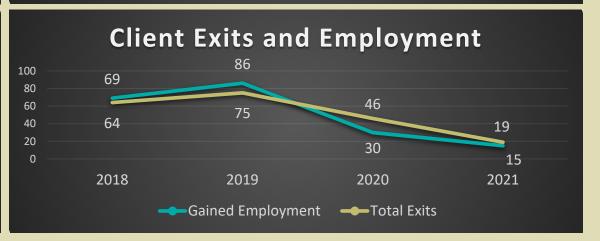












## PREPARING FOR RE-ENTRY EMPLOYMENT





## PARADISE FOUND

 Engagement with participants is very different in comparison to pre-pandemic engagement. This has initiated some out of the box thinking that lead to some innovative ways to serve participants.



#### WIND IN YOUR SAILS

- Ability to provide participants with mobile technology makes it easier to connect with them upon release.
- New programs and projects allows us to provide more resources to participants and to their family members affected by the incarcerated participant.



#### **ANCHORS & ROCKS**

- Not able to have face to face interaction to facilitate classes.
- Community resources have changed many of the ways they are operating, which have created additional barriers for those from out of state and those who need more intensive services.
- Department of Licensing still not acknowledging ID letters from TCCF.

#### **EQUITY**

Thurston County Correction Facility along with Olympic Health and Recovery Services are working with Nicole, Carrie, and Chelyn to facilitate DEI training for our TST funded providers. This training would be based on a Pre-Survey developed by Nicole. The goal is to have 4 to 5 training sessions utilizing trainers who have a background in behavioral health. This plan of action would most likely continue into 2023.

#### WHAT ELSE?

 Community Transition Assistance Program (CTAP) is geared towards clients who are or have recently exited incarceration from jails or prisons to connect with services and reduce barriers.



## CORRECTIONS TST COORDINATOR





- Administered by Thurston County Sheriff's Office Corrections Bureau
- Coordinates all TST-funded and related behavioral health programs in the Correction Facility and represents
   Corrections on a variety of behavioral health-related committees, etc.

Year	Budget	Actual	Variance
2020	\$176,668	\$112,257	\$64,411
2021	\$152,042	\$100,297	\$51,745
2022	\$188,419	NA	NA

## CORRECTIONS TST COORDINATOR





#### PARADISE FOUND

 Would like to be fully back to in-person programming for all TST Funded and Non-TST funded programs.
 Would love increased census in all our programs.



## WIND IN YOUR SAILS

- Strong support from TCSO Leadership for programing in the jail.
- Strong partnerships with Olympic Health and Recovery Services, Healthcare Delivery Systems, PacMtn, NW Resources and Thurston County DUI/Drug Court.



#### **ANCHORS & ROCKS**

- Virtual programming, although better than no programming at all, can be challenging and does not always have the same dynamic or impact to participants that in-person classes do.
- Many program providers wish to be back to in-person programs and as soon as we can safely do resume in-person programming we will.

#### **EQUITY**

Thurston County Correction Facility along with Olympic Health and Recovery Services are working with Nicole, Carrie, and Chelyn to facilitate DEI training for our TST funded providers. This training would be based on a Pre-Survey developed by Nicole. The goal is to have 4 to 5 training sessions utilizing trainers who have a background in behavioral health. This plan of action would most likely continue into 2023.

#### WHAT ELSE?

• We are thankful to our TST Program providers for being flexible and understanding, especially when it comes to having to limit access to housing areas on isolation due to positive COVID cases within the facility.



## JAIL BEHAVIORAL HEALTH PROGRAM





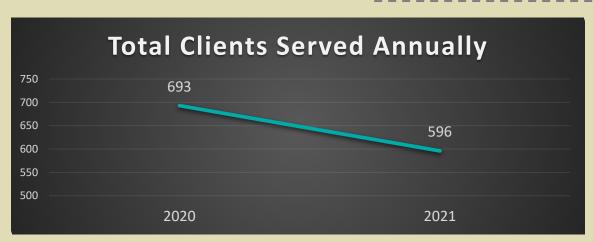
- Administered by Thurston Mason Behavioral Health Administrative Services Organization
  - Subcontractor is Olympic Health & Recovery Services
- Provides clinical mental health and crisis services to adults in the Thurston County Correctional Facility.
   Previously called "Mentally III Offender Program".

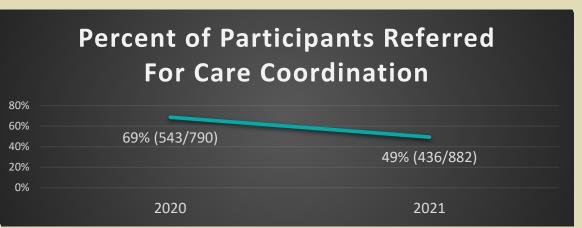
Year	Budget	Actual	Variance
2020	\$431,980	\$365,363	\$66,617
2021	\$431,980	\$276,757	\$155,223
2022	\$361,980	NA	NA

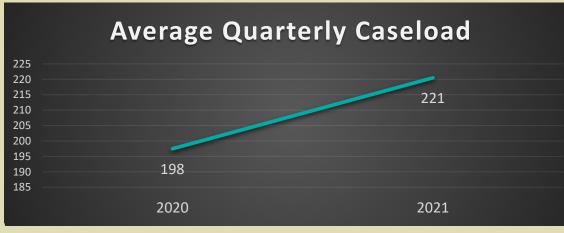
## JAIL BEHAVIORAL HEALTH PROGRAM













## JAIL BEHAVIORAL HEALTH PROGRAM





#### PARADISE FOUND

- Get back to conducting in person groups
- Increased coordination with reentry planning and community based providers



#### WIND IN YOUR SAILS

- Dedicated team that has been flexible and adapted to staffing issues and COVID outbreaks
- Increased use of telehealth



#### **ANCHORS & ROCKS**

- COVID outbreaks continue to impact services
- Closure of work release
- Long wait times for competency restoration services

#### **EQUITY**

Thurston County Correction Facility along with Olympic Health and Recovery Services are working with Nicole, Carrie, and Chelyn to facilitate DEI training for our TST funded providers. This training would be based on a Pre-Survey developed by Nicole. The goal is to have 4 to 5 training sessions utilizing trainers who have a background in behavioral health. This plan of action would most likely continue into 2023.

#### WHAT ELSE?

 Lack of forensic beds seems to be a contributing factor to an increase in acute individuals in jail, this also may contribute to long wait times for placements

## NISQUALLY JAIL RE-ENTRY ASSISTANCE





- Administered Thurston Mason Behavioral Health Administrative Services Organization
  - Subcontractor is Northwest Resources
- Focuses on transition planning and education for inmates with behavioral health disorders who will be released back into the community.

Year	Budget	Actual	Variance
2020	\$110,000	\$110,000	\$0
2021	\$110,000	\$110,000	\$0
2022	\$114,400	NA	NA

## NISQUALLY JAIL RE-ENTRY ASSISTANCE

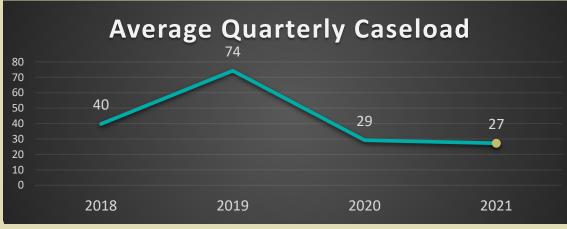




\*The Nisqually Jail Pretrial Release Program merged with Nisqually Re-Entry in 2021.









## NISQUALLY RE-ENTRY ASSISTANCE

## Highlights



#### PARADISE FOUND

 Nisqually Public Safety Complex viewing the program as a part of their facility, embracing as a benefit to the facility and a benefit to the individuals being served



## WIND IN YOUR SAILS

 Coordination with other TST programs and community providers



#### **ANCHORS & ROCKS**

- COVID continues to impact access to the facility and individuals needing services
- Jail staff turnover and communication challenges

#### **EQUITY**

Thurston County Correction Facility along with Olympic Health and Recovery Services are working with Nicole, Carrie, and Chelyn to facilitate DEI training for our TST funded providers. This training would be based on a Pre-Survey developed by Nicole. The goal is to have 4 to 5 training sessions utilizing trainers who have a background in behavioral health. This plan of action would most likely continue into 2023.

#### WHAT ELSE?

 New case manager with ideal experience moved into this position during the first quarter of this year

