



COUNTY COMMISSIONERS

Cathy Wolfe  
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District Three

## RESOURCE STEWARDSHIP DEPARTMENT

### *Recreation Services*

Cliff Moore  
Director

### MEMORANDUM

To: Parents/Legal Guardians  
From: Margaret Huff, CPRP, Recreation Supervisor  
Subject: Concussion/Head Injury Awareness Policy  
Date: March 3, 2011

Enclosed is information regarding risks involved with head injuries in youth sports. Effective November 1, 2009 Thurston County Recreation Services has adopted a new policy for any youth involved in Thurston County athletic programs.

*Policy: Thurston County Recreation Services requires staff, coaches and volunteers involved in Thurston County youth sports programs to undergo a training program for the management of concussions and head injuries as prescribed by RCW 28A.600, Section 2.*

*Additionally, **individuals 17 and under participating in Thurston County sports programs, must annually submit a signed head injury and concussion acknowledgement form to the Recreation office.***

*Informational material relating to head injuries occurring during participation in athletic programs is available online at [www.thurston-parks.org](http://www.thurston-parks.org) or at the Thurston County Recreation Services office at 5033 Harrison Ave. NW, Olympia, WA 98502.*

Please make note that acknowledgement forms **MUST** be submitted in order to register for athletic programs. Acknowledgement form is also enclosed. Feel free to call (360) 786-5595 or e-mail [huffm@co.thurston.wa.us](mailto:huffm@co.thurston.wa.us) with any questions.