

THURSTON COUNTY MEDIC ONE
OPERATIONS COMMITTEE ~ REGULAR MEETING
HYBRID MEETING

AGENDA

October 5, 2023, 2:00 PM

- I. CALL TO ORDER/ROLL CALL
- II. APPROVAL OF AGENDA
- III. PUBLIC PARTICIPATION
- IV. REVIEW AND APPROVAL OF MINUTES
 - A. Operations Committee – September 7, 2023
 - B. EMS Council - September 20, 2023 (informational only)
- V. COMMITTEE REPORTS
 - A. West Region EMS Council
 - B. Subcommittees
 - 1. Equipment Committee (EqC) – Chair or Representative
 - 2. Mass Casualty Incident (MCI) Committee – Chair or Representative
 - 3. Training Advisory Committee (TAC) – Chair or Representative
 - 4. Transportation Resource Utilization Committee (TRU) – Chair or Representative
 - 5. ePCR Committee – Chair or Representative
 - C. Staff Report - <https://www.thurstoncountywa.gov/m1/Pages/meetings.aspx>

VI. OLD BUSINESS

	ITEM	PRESENTER	EXPECTED OUTCOME
A.	EMSC Report	VanCamp	Information
B.	EMT Course Workgroup Charter	VanCamp	Approval
C.	EMT Course Workgroup Committee Appointment	VanCamp	Appointment

VII. NEW BUSINESS

	ITEM	PRESENTER	EXPECTED OUTCOME
A.	Narcan Discussion at EMSC	Miller-Todd	Review
B.	CMC Presentation to Comprehensive Plan Committee	Miller-Todd	Information
C.			

VIII. GOOD OF THE ORDER

IX. ADJOURNMENT

This meeting is hybrid. If you would like to attend in person, the meeting will be at 2703 Pacific Ave SE, Olympia. If you would like to attend this meeting virtually, please follow the instructions below:

October 5, 2023, 2:00 (PDT)

Join Zoom Meeting
<https://us02web.zoom.us/j/89658872302?pwd=TjdHMTZwZmVKR0lvc0puaEk2M0FYUT09>
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**THURSTON COUNTY MEDIC ONE
OPERATIONS COMMITTEE ~ MEETING MINUTES
HYBRID - ESC
September 7, 2023**

PRESENT

(In-Person): Steve Brooks, Todd Carson, Corey Rux, Derek Smith, Ray Curtis, Brian VanCamp, Shawn Crimmins, Larry Fontanilla

PRESENT

(Virtual): Elizabeth Gore, Mark Gregory, Wendy Rife

ABSENT: Mindy Churchwell, Carla Carter

EXCUSED: Wendy Hill

GUESTS: Jennifer Schmidt (I), Eric Forsythe (V), Greg Perry (V), Kevin Heindel (V), Michael Hughes (V), Chris Patti (V), Joey Rodriguez (V), Anders Conway (I), Kevin Bossard (I)

STAFF: Ben Miller-Todd, Sandra Bush

I. CALL TO ORDER/ROLL CALL – Chair VanCamp called the meeting to order at 2:00.

II. APPROVAL OF AGENDA –MSC – Agenda was approved.

III. PUBLIC PARTICIPATION – None

IV. REVIEW AND APPROVAL OF MINUTES

1. Operations Committee – August 3, 2023 – (Crimmins/Curtis) move to approve and this carried.
2. EMS Council – No August meeting (Informational only)

V. COMMITTEE REPORTS

- A. **West Region EMS Council** – Greg Perry reported: 1) The council met September 6th and there was a presentation of financial and historical information. Dr. O'Mahony reported that the board continues to meet monthly to review the financial information. 2) 13 Prevention Grant applications were received for 2024. A committee was created, and it was decided to fund 10 of the applicants, either fully or partially. It was also noted that the approved applications spanned across all 5 counties within the west region. 3) There was discussion on the TED (Training, Education and Development) committee about the EMS conference for May 2024.
- B. **Subcommittees**
1. Equipment Committee (EqC) – No meeting, no report.
 2. Mass Casualty Incident (MCI) Committee – No meeting, no report.
 3. Training Advisory Committee (TAC) – Clem reported: TAC met as a work group in person and started discussing development of the MCI OTEP.
 4. Transportation Resource Utilization Committee (TRU) / Hospital Diversion – No report.
 5. ePCR Committee – No meeting, no report.
- C. **Staff Report** – Staff report is located on the website at – <https://www.thurstoncountywa.gov/m1/Pages/meetings.aspx> Miller-Todd highlighted the following: 1) Paramedic Program Manager interviews will begin the end of September. 2) Thurston County Manager, Ramiro Chavez, resigned and his last day will be October 5th. The county has not yet named an interim. 3) 18 individuals are enrolled in the fall EMT class.

VI. OLD BUSINESS

- A. EMSC Report – No August meeting.
- B. HPU Agreement Renewals – Miller-Todd reported: HPU agreements will expire the end of 2023 and Medic One is asking the committee if there is any reason to renew. No objections from the committee so Chair VanCamp said we will let them lapse.
- C. COVID Restrictions/Precautions – Miller-Todd reported: In large part this has been handed back to county health jurisdictions. As it sits right now, with an uptick in COVID, there is no indication that there will be broad mandates for masking, or any of the other measures that were taken during the pandemic. Requirements will be on an agency to agency, or entity to entity basis; however, if MultiCare, Providence, or long-term health care facilities, require masking

in their facility, then providers will need to comply. Miller-Todd reminded everyone that Medic One covers 100% of vaccine costs for EMS providers, on Washington State or Thurston County recommended vaccines. Miller-Todd also said that a COVID/flu combo vaccine is on the horizon.

VII. NEW BUSINESS

- A. Annual Review of Ambulance Ordinance – The committee has no recommended changes.
- B. Introduction of new ALS Coordinator – Ben introduced Clint Wathen as the new Medic One ALS Training Coordinator, and Dr. Anders Conway as the interim MPD Delegate.
- C. Comprehensive Planning Process – VanCamp reported: The EMS Council appointed a joint committee, looking at the previous 5-year comprehensive plan, and updating it. The committee met in August and much of the discussion suggested that the committee meet with hospital staff to review their strategic plans. At the last meeting Miller-Todd said there was broader discussion on what was envisioned for a 20-year comprehensive plan, with community involvement, i.e., hospitals, hospital growth, etc. An invitation was given to MultiCare and Providence to provide a presentation of their strategic plans to the Comp Plan committee meeting following the September and October Ops meeting.
- D. 2024-2025 Budget Process & Implications on Ops – Miller-Todd provided high points on the 2024-2025 Medic One budget. The budget has been submitted to the County Commissioners and we will know what approval has been made in December. There was one component that was approved in August, which is the ARPA funding to offset the purchase of 4 of the 5 new medic units, which will allow us to purchase and staff an 8th medic unit. The funding also allows us to replace AEDs, tablets, and the continued replacement of units and ventilators, as well a minimum of a \$120,000 increase in BLS funding. Brooks asked what the growth factor being rolled in is because the levy allows for 7%. He said Lacey was surprised to see their preliminary value assessment because it regressed for the first time since 2008. Miller-Todd said we are fixed at 7% growth until we hit \$0.50/\$1,000, however he will check with the county to find out if the regressed value Brooks is referring to is county wide.
- E. Initial EMT Training - Clem reported: The fall EMT class started August 17th, with 20 applications accepted, and the class is down to 18 (1 is a self-drop). Tom Sexton is the lead SEI and Erin Burgman with Medic One is working thru SEI candidacy. Medic One is working on a handbook revision.
- F. EMT Class Workgroup - Procedures for initial BLS training (Procedure #5) was approved by the EMSC Operations Committee in May 2011 and has not been reviewed or updated since then. A workgroup and charter have been created to develop a consensus-based recommendation for changes to the **Procedures for Initial BLS Training**. The workgroup will consist of: EMSC representative; Ops Committee representative; MPD or designee; TCMO BLS Program Manager; (2) SEIs; and one representative from the Thurston County Fire Chief's Association. The goal is to have a draft recommendation by the end of the fourth quarter 2023 and present it to the EMSC Operations Committee for their January 2024 regular meeting.

VIII. GOOD OF THE ORDER – 1) VanCamp mentioned an article in the September 6th JOLT written by a doctor on her interpretation of the dilemma with through put at the hospitals and the impacts it's having with prehospital staff. 2) Miller-Todd said staff is coordinating with Lacey Stand Alone ED to provide a presentation to the Ops Committee before they open.

IX. ADJOURNMENT – The meeting was adjourned at 2:44.

**Thurston County Medic One
Emergency Medical Services Council – Regular Meeting
Hybrid – 2703 Pacific Ave SE, Olympia
September 20, 2023**

PRESENT

(In-Person): Stan Moon, Brian VanCamp, Frank Kirkbride, Lenny Greenstein, Tom Carroll, Margaret McPhee, Todd Carson, Cindy Hambly, Gary Edwards, Sheila Fay

PRESENT

(Virtual): John Ricks, Harry Miller, Angela Jefferson

ABSENT: Wayne Fournier

EXCUSED: Larry Fontanilla

GUESTS: Dan Bivens, Shawn Crimmins, Mindy Churchwell (virtual)

STAFF: Ben Miller-Todd, Sandra Bush, Joy Keene, Scott Brownell

CALL TO ORDER/ROLL CALL – Chair Moon called the meeting of the Emergency Medical Services Council (EMSC) to order at 3:30 PM.

I. APPROVAL OF AGENDA – MSC – (McPhee/Carson) move to approve the agenda and this carried.

II. PUBLIC PARTICIPATION – None.

III. REVIEW AND APPROVAL OF MINUTES

- A. EMS COUNCIL – July 19, 2023. (Hambly/Greenstein) move to approve the minutes, and this carried.
- B. OPERATIONS COMMITTEE – August 3, 2023, September 7, 2023 (informational only)

IV. COMMITTEE REPORTS

- A. **OPERATIONS COMMITTEE:** VanCamp reported: 1) Discussion on COVID restrictions we may be seeing at the hospitals. 2) Introduction of new ALS Training Coordinator, Clint Wathen. 3) Overview of the comprehensive planning process. 4) Miller-Todd briefed the committee on the 2024/25 budget. 5) Briefing on EMT class and workgroup charter, which is on today's agenda.
- B. **WEST REGION EMS COUNCIL:** Kirkbride reported on the September 6, 2023: 1) Committee and Financial reports were provided. 2) There are a variety of grants to different organizations. One organization in particular is dealing with fall prevention and that is going well. 3) The last section of the WREMS comprehensive plan has been completed and will be shared under new business. 4) DOH presented information on WEMSIS (Washington EMS Information System). They take all the data that comes in from service providers and keep track of it on tables and charts. This information can be found on DOH's website.

Kirkbride shared a roster of the WREMS members - there are 49 members on the WREMS council, which is a significant improvement.

- C. **STAFF REPORT:** Staff report is available on the website. [Thurston County | Medic One | Committee Meeting Information \(thurstoncountywa.gov\)](https://www.thurstoncountywa.gov/committees/medic-one). Miller-Todd highlighted on the following: 1) Thurston County Manager resigned, effective October 4th. He has accepted the position of Director of Public Works in Tacoma. The interim County Manager is Robin Campbell. 2) Paramedic hiring process is in October. 3) 18 students are enrolled in the EMT class. 4) Initial panel interviews for the Paramedic Program Manager position will be held the end of September. Interviews for the BAT II position will be held October 6th.

V. OLD BUSINESS

VI. NEW BUSINESS

- A. Medic One 2tr YTD Expenditures – Joy Keene reported: Overall YTD expenditures, through June 2023, is

at 36%. Admin is 45% overall with 60% expended in salaries/benefits due to a payout for the previous Emergency Services Director and a short time overlap for the previous ES Director and the current ES Director. ALS is 36% overall with 11% in salaries/benefits due to vacant positions. Misc. participant training is 161% due to a \$1,000 budget and an expended amount of \$1,605, which includes travel reimbursement for Paramedic Program Manager interviews. Professional services are at 36% which is ALS contract services, and this typically runs 2 months behind. BLS is 52% overall with 36% in salaries/benefits due to a vacant position. Small tools & minor equipment is at 78% however this is expected to be within budget by year-end. IT is 41% overall. Small tools and minor equipment are at 100% for replacement of computers. IT is expected to be within budget at year-end. ER&R is 0%, however expenses are expected to occur in 3rd & 4th quarter.

- B. WREMS Strategic Plan – Kirkbride reported: The new strategic plan is complete, and it will run 7/1/2023 – 6/30/2025. Kirkbride shared a copy of this with the council members. Kirkbride shared some specific wording from the plan: The 2023 – 2025 West Region Emergency Medical Services and Trauma Care Strategic plan applies to a 5-county area, Grays Harbor, Lewis, North Pacific, Pierce, and Thurston. The purpose is two-fold: 1) sustain a robust continuum of care that effectively reduces injuries and fatalities; 2) maintain a continuum of care which treats and rehabilitates victims of trauma and medical emergencies.
- C. ALS Response Times – Miller-Todd presented the Thurston County Medic One 2022 ALS response time compliance report. Calls are filtered based on what's reasonable, and it is expected to have a 6-minute reaction time, which is the point at which the call is dispatched, and the provider is then enroute. It is also expected to meet a 60-minute standard for enroute time, and the provider must be on site greater than 30 seconds, to be considered an actual call for this arena.

Changes have been made to some of the jurisdictions. For example, the report shows FD9 instead of FD9 & FD5, FD12 instead of FD12 & FD16. In addition, UGA was added to every city. We are required by the State to be 80% compliant in every one of the categories and we start looking at problems if we hit 90%. For 2022 we are compliant in every category. 2021 was rough because of the COVID implications to it. The ALS workgroup looked at a variety of data points and whether the addition of an 8th medic unit would be necessary to make sure we are maintaining the response times, especially seeing that we starting to drop a little bit in the urban section of the county. The EMS council approved the budget to incorporate an 8th medic unit in 2025.

- D. Narcan – Miller-Todd reported: Washington State DOH sent a notice to fire agencies saying rural departments can receive Narcan for free. Thurston County does not qualify as a rural county, based on the Office of Financial Management. The response time compliance report may show an agency as rural but that does not translate to Thurston County as a whole. Thurston County does not protocolize Narcan at the EMT level. Thurston County is looking at a process of 'how do we treat' the patients in terms of their needs. Opioids do not stop the absorption of oxygen, they stop the respiratory drive, which stops ventilation, which stops ultimately the ability for oxygen to reach the circulatory system. Since 2018 Thurston County has wanted to promote a system that addresses the oxygen issue prior to administering Narcan. What we are looking to do, and address it from the front end, is initiate bag valve mask ventilation with 100% O2 which fundamentally and mathematically increases the amount of oxygen we are putting into the patient's system right out the gate. We want to promote early and effective oxygenation to promote ultimately better outcomes for individuals. What Narcan fundamentally does is induces a withdrawal by binding to receptors irreversibly, kicking off the opioid, so you are fundamentally inducing a withdrawal. If you are doing this in a hypoxic state, there are a lot of questions about what the continued damage can be for reversing time and time again. The MPD's directive is the promotion of recovery and the only way in which we can promote recovery is by getting these individuals to fix facilities, and the only way to promote the drive to fix facilities is by showing up, oxygenating effectively, waiting for ALS to show up and titrating the Narcan to effect, instead of blasting with the spray of Narcan, and suspending mortality.

- E. EMT Class Workgroup – EMT course rules have not been updated since 2011 so a workgroup has been appointed to look at handbook requirements and procedures. The workgroup will conduct a process to solicit and evaluate stakeholder input of current and historical issues and interests regarding initial EMT training course rules. The workgroup will consist of a representative from the EMS council, a representative from the Ops committee, the MPD, the BLS Program Manager, a Senior EMS Instructor, an EMT Instructor-Evaluator, and a representative from the Thurston County Fire Chief's Association Training Officers Committee.

VII. PUBLIC PARTICIPATION – None

VIII. GOOD OF THE ORDER – None

IX. ADJOURNMENT– Meeting adjourned at 4:37.