

THURSTON COUNTY MEDIC ONE
OPERATIONS COMMITTEE ~ REGULAR MEETING
HYBRID MEETING

AGENDA

April 4, 2024, 2:00 PM

- I. CALL TO ORDER/ROLL CALL
- II. APPROVAL OF AGENDA
- III. PUBLIC PARTICIPATION
- IV. REVIEW AND APPROVAL OF MINUTES
 - A. Operations Committee – March 7, 2024
 - B. EMS Council - March 20, 2024 (informational only)
- V. COMMITTEE REPORTS
 - A. West Region EMS Council
 - B. Subcommittees
 - 1. Equipment Committee (EqC) – Chair or Representative
 - 2. Mass Casualty Incident (MCI) Committee – Chair or Representative
 - 3. Training Advisory Committee (TAC) – Chair or Representative
 - 4. Transportation Resource Utilization Committee (TRU) – Chair or Representative
 - 5. ePCR Committee – Chair or Representative
 - C. Staff Report - <https://www.thurstoncountywa.gov/m1/Pages/meetings.aspx>
- VI. OLD BUSINESS

	ITEM	PRESENTER	EXPECTED OUTCOME
A.	EMSC Report	Gregory	Informational
B.	Special Project Applications	Hurley/Bush	Presentation/Possible Recommendation to EMSC
C.	Paramedic Staffing Update	Miller-Todd/Mejias	Informational
D.	EMS Council Bylaws Update	Miller-Todd/VanCamp	Informational
E.	Protocol Update	Miller-Todd	Informational
F.	8 th Medic Unit Placement Analysis	Miller-Todd	Informational

VII. NEW BUSINESS

	ITEM	PRESENTER	EXPECTED OUTCOME
A.	2023 Response Time Compliance	Miller-Todd	Informational

VIII. GOOD OF THE ORDER

IX. ADJOURNMENT

This meeting is hybrid. If you would like to attend in person, the meeting will be at 2703 Pacific Ave SE, Olympia. If you would like to attend this meeting virtually, please follow the instructions below:

April 4, 2024, 2:00 pm
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THURSTON COUNTY MEDIC ONE
OPERATIONS COMMITTEE ~ MEETING MINUTES
HYBRID - ESC
March 7, 2024

PRESENT

(In-Person): Brian Hurley, Larry Fontanilla, Wendy Hill, Mark Gregory, Steve Brooks, Ray Curtis, Eric Forsythe, Matthew Morris

PRESENT

(Virtual): Ciaran Keogh, Mindy Churchwell

ABSENT: Leonard Johnson, Wendy Rife, Carla Carter

EXCUSED: Brian VanCamp

GUESTS: Derek Smith (I), Jennifer Schmidt (I), Joey Rodriguez (V), Kevin Heindel (V), Rian Winter (V), Greg Perry (V), Michael Hughes (V)

STAFF: Ben Miller-Todd, Sandra Bush, Chris Clem, Scott Brownell

I. CALL TO ORDER/ROLL CALL – Vice-Chair Gregory called the meeting to order at 2:00.

II. APPROVAL OF AGENDA –MSC – The agenda was amended to add item (G) to New Business: Appoint Special Project Committee. (Brooks/Hurley) move to approve the agenda as amended and this carried.

III. PUBLIC PARTICIPATION – None

IV. REVIEW AND APPROVAL OF MINUTES

1. Operations Committee – February 1, 2024 – (Curtis/Brooks) move to approve the minutes and this carried.
2. EMS Council – February 21, 2024 (Informational only)

V. COMMITTEE REPORTS

- A. **West Region EMS Council** – Clem reported on the March 6th meeting: 1) EMS Conference planning is still underway. Registration opened last week, and 50 attendees have already registered. 2) There was discussion about mental health patient volumes and a lack of access to appropriate resources. Mental health reimbursement from the state is very low so facilities are struggling to afford to offer the services. As a result, 2 facilities in Pierce County are closing. It was suggested that the WREMS council draft a letter to DOH. 3) The Quinalt Nation applied to upgrade their licensure to ALS, and it was approved by the council. 4) 2023 taxes were filed without issues.
- B. **Subcommittees**
1. Equipment Committee (EqC) – Rian Winter reported on the February 29th meeting: 1) National drug shortages – Saline irrigation bottles (semi-mitigated with Saljet), lidocaine, ketamine (semi-mitigated with concentration change), Albuterol vials (semi-mitigated with fish rather than vials), and Sodium Bicarb. 2) Video Laryngoscopy (McGrath) has arrived. Training and rollout are being planned. 3) OFD is trialing a steerable bougie. 4) New BVM trial is underway at TFD. Rollout for rest of county is anticipated to start second quarter 2024. 5) New AED rollout is underway. There have been some issues with the trainers, and an alternate was found with no significant cost change. 6) Next meeting is March 21st at 0930.
 2. Mass Casualty Incident (MCI) Committee – No report.
 3. Training Advisory Committee (TAC) – Clem reported: The trial of a new BVM was just wrapped up at Tumwater and we are releasing the training that the Tumwater crews developed to the rest of the agencies this month. The new BVM works for both adult and pediatric patients, so we can reduce the number of BVMs we are carrying on the rigs. It also has a smaller volume, limiting the risk of volutrauma and barotrauma.
 4. Transportation Resource Utilization Committee (TRU) / Hospital Diversion – No report.
 5. ePCR Committee – Clem reported: 1) The MPD's ePCR policy is effective April 1st and can be found on Medic One's website. 2) Scott is working on ordering replacement ePCR tablets.
- C. **Staff Report** – Staff report is located on the website at – <https://www.thurstoncountywa.gov/m1/Pages/meetings.aspx> Miller-Todd highlighted on the following: 1) Paramedic testing is April 10 – 11 and staff is working on a nationwide recruit. JOLT pulled information from Medic One's FB page and wrote an article that said Medic One is just starting the 1st tier system this year. The FB page has been changed.

VI. OLD BUSINESS

- A. EMSC Report – Gregory reported: 1) EMSC meetings will change to the 4th Thursday of each month, and they will meet 1:00 – 2:00 pm. 2) The EMSC recommended two WREMS applications, one for Wendy Rife (W-35) and one for Justin Bell (W-34), to DOH. 3) EMSC approved the EMT class policy, with recommended changes.

VII. NEW BUSINESS

- A. Medic One Office Hours – Effective April 1, 2024, Medic One business hours will change to 7:00 am – 4:00 pm.
- B. Semi-Annual Review of Ambulance Ordinance – No recommended changes.
- C. Medic One Committee Structure – Miller-Todd asked the committee for adoption of a new committee structure for Medic One, which would take effect April 1st. (Hurley/Brooks) move to adopt the new committee structure, and this carried.
- D. EMSC Bylaws Update – Miller-Todd reported: An EMS Council Bylaw committee was formulated to review possible changes to the bylaws. The committee consisted of EMS Council members, as well as the Chair of Ops. The proposed changes will be presented to the EMS Council at their March meeting and will be asked for recommendation to the BoCC. If the recommendation is made by EMSC then it will go to the BoCC in April. Miller-Todd presented the proposed changes that affect Ops: MultiCare and Capital Medical Center will share a position on the Ops committee; TCOMM's representative position will change from Department of Communications to TCOMM911; and the committee added a representative position for South Sound Behavioral Hospital. Brooks recommended changing "South Sound Behavioral Hospital" to "a receiving behavioral health hospital". Miller-Todd will take the recommendation to the Bylaw Committee.
- E. Paramedics Staffing Update – Miller-Todd reported: We are expecting a shortage of 10 paramedics as we move into the summer months, and we will need an additional 10 medics in early 2025 when we staff an 8th medic unit. This will be an ongoing conversation as we move forward, and staff has bolstered the recruitment process to nationally. As we go forward there may be an opportunity to potentially host our own paramedic training program locally.
- F. Zoom to Teams Transition – Effective April 1st virtual meetings will be held via Teams instead of Zoom.
- G. Appoint Special Project Committee – Eric Forsythe, Shawn Crimmins, and Ray Curtis will be reps on the committee. The goal is to have applications reviewed and presented to Ops at their April meeting.

VIII. GOOD OF THE ORDER – 1) Miller-Todd presented initial impacts of the MultiCare Off Campus Emergency Department (OCED) for transport destination of patients, and this showed Providence having a decrease of 9%, Capital Medical Center having an increase of 2%, and the OCED showing a 7.2%. These are public transports only. Also, there has been a flattening in wait times of over 45 minutes, and a reduction in the 90+ range. This report will be emailed to Ops members. 2) Brooks announced LFD's 75th anniversary celebration will be on April 2nd at LFD headquarters.

IX. ADJOURNMENT – Meeting was adjourned at 2:32.

**Thurston County Medic One
Emergency Medical Services Council – Regular Meeting
Hybrid – 2703 Pacific Ave SE, Olympia
March 20, 2024**

PRESENT

(In-Person): Stan Moon, Brian VanCamp, Lenny Greenstein, Margaret McPhee, Cindy Hambly, John Ricks, Frank Kirkbride

PRESENT

(Virtual): Harry Miller, Angela Jefferson, Sheila Fay, Trevor Palmer

ABSENT: Matthew Morris

EXCUSED: Larry Fontanilla, Gary Edwards, Tom Carroll

GUESTS: Steve Brooks (V), Mindy Churchwell (V), Shawn Crimmins (I), Derek Smith (I), Brian Hurley (I), Daniel Bivens (I), Hillory Flowers (V), Joey Rodriguez (V)

STAFF: Ben Miller-Todd, Sandra Bush, Chris Clem, Clint Wathen, Juan Mejias

CALL TO ORDER/ROLL CALL – Chair Moon called the meeting of the Emergency Medical Services Council (EMSC) to order at 3:30 PM.

I. APPROVAL OF AGENDA – MSC – (Hambly/Ricks) move to approve the agenda and this carried.

II. PUBLIC PARTICIPATION – None.

III. REVIEW AND APPROVAL OF MINUTES

- A. EMS COUNCIL – February 21, 2024 (McPhee/Hambly) move to approve the minutes, and this carried.
- B. OPERATIONS COMMITTEE – March 7, 2024 (informational only)

IV. COMMITTEE REPORTS

- A. **OPERATIONS COMMITTEE:** VanCamp reported: 1) The Equipment Committee report showed a bit of a supply chain problem. 2) Miller-Todd briefed the committee on the OCED campus and the amount of traffic. Clem said NW Ambulance is still getting staff thru the protocol testing. 3) Semi-annual review of the Ambulance Ordinance was performed and there were no recommended changes.
- B. **WEST REGION EMS COUNCIL:** Kirkbride reported on the March 6th meeting: 1) There was discussion on the mental health issue in Washington State. 2) There was a presentation by Thurston County Health, on their Narcan distribution project. They were able to secure some kits that are less expensive. 3) Next meeting is June 5th.
- C. **STAFF REPORT:** Staff report is available on the website. [Thurston County | Medic One | Committee Meeting Information \(thurstoncountywa.gov\)](https://thurstoncountywa.gov/committees/medic-one). Miller-Todd highlighted on the following: 1) Paramedic testing takes place April 10 – 11, and we have 6 applicants as of today. Thurston County agencies are still in their vetting process for in-house applicants. 2) The MPD PCR policy is on the website and is effective April 1st. 3) EMT class has 32 students currently enrolled.

V. OLD BUSINESS

- A. EMSC Meeting Date/Time – Effective April 2024, the EMS Council will meet the 4th Thursday of each month, from 1 – 2pm.
- B. EMSC Bylaws – Greenstein presented recommended changes from the EMSC Bylaw Committee. Greenstein highlighted on the recommended changes to the make up of the council, as he felt these were the most critical changes, and one of the goals was to try and keep the council to the size that it currently is. Following are the highlighted recommendations: One representative from each jurisdiction with a population of 10,000 or more, which would be Lacey, Olympia, Tumwater, and Yelm; A representative from Fire District 3 to ensure that all three ALS agencies are represented; Continue with three citizen reps,

and rather than have them be district specific, make it county wide; Three Fire Commissioners (and will now be at-large); one tribal representative; one Chief Executive hospital rep; change the County Commissioner rep to a non-voting member because the EMSC is an advisory board to the BoCC; Change the Director's spending to match the spending authority in the county policies; change the citizen-at-large position from a 2 year term to a 3 year term; the current bylaws state if there are 3 consecutive absences, the BoCC may declare the position vacant – it is recommended to say the position will be considered vacant; members from the jurisdictions must be elected officials and their alternate must be an elected official; and add one more seat to the Ops Committee which will include a representative from a mental health institution. Miller-Todd will send out the draft bylaws to the council, following today's meeting, and comments are due back to him by April 3rd. There will be further discussion, and possible action, at the April council meeting.

VI. NEW BUSINESS

- A. Operations Committee Structure and Meeting Calendar – Miller-Todd presented the Medic One Committee Structure which was approved at the March Ops meeting. Anything that is a subcommittee of the council, will be a committee, and anything that is a subcommittee of the committee will be a subcommittee (these were condensed down to four and meeting minutes will now be produced), and anything that is a subcommittee of the subcommittee will be a workgroup. This will be available to view on Medic One's website.
- B. Board of Health Presentation – Miller-Todd briefed the EMSC on what was presented to the Thurston County Board of Health regarding Thurston County Opioid Initiatives. The presentation included Narcan administration data from 2023 - Narcan administered prior to EMS arrival and Narcan administered by EMS providers. 152 cases of Narcan administered prior to EMS arrival shows 35% walked away against medical advice, 13% left the scene, 26% were transported via BLS, 22% were transported via ALS, and 2% were deceased. 427 cases of Narcan administered by EMS providers shows a radical decrease of walk aways against medical advice, and a significant increase in transports - BLS transport of 13% and an ALS transport of 45%.

The presentation also included the following 2024 and 2025 initiatives: Updated protocol training and implementation; Protocol development; Reorganization of the Medic One committee structure; EMS Council bylaws review; Replacement of AEDs and charting tablets; Comprehensive plan revisions; Paramedic staffing shortages; 8th medic unit evaluation and implementation; Alignment of the paramedic training model with the EMT platform countywide; Expansion of the quality improvement initiatives; Replacement of frontline medic units; Replacement of ventilators; and 2026-2027 biennial budget development.

Beginning April 1, 2024, Ketorolac will be introduced as a non-opioid pain management medication that providers will carry. In 2025 there will be discussion on BLS Narcan protocolization and deployment and leave-behind Narcan (in coordination with Public Health funding). For recovery/mortality purposes, beginning in 2025 Suboxone will be introduced into the ALS protocols. Suboxone has been found to be highly effective, in terms of the treatment of opioid disorder and the prevention of further mortality.

- C. Medic One Structure – Miller-Todd reported: There are some ongoing considerations as to what it is costing Medic One to be a part of the county. From a budgetary perspective, we pay about \$800,000 for internal service costs which are associated with HR, Payroll, IT support, and a lot of infrastructure, and what are we getting back from those services? One concern is largely from our inability to coordinate from an IT infrastructure standpoint with our stakeholders. Also, we have had an ongoing concern with the ability to be competitive in several job classifications. Miller-Todd is asking to start a conversation from a fiscal component on what it looks like to recreate a stand-alone agency. (Hambly/McPhee) move to approve moving forward with a fiscal analysis, and this carried. Chair Moon will contact the 2024/2025 Budget Committee.

VII. PUBLIC PARTICIPATION – None

VIII. GOOD OF THE ORDER – McPhee said Sheila Fay's husband is ill so she will be spending time with him. McPhee

also asked if we could go back to having name tags on the table at the council meetings.

IX. ADJOURNMENT – Meeting adjourned at 4:36.

DRAFT