

# ADVISORY COMMITTEE

## Meeting Minutes

March 15, 2024

Date	Time	Location	Preparer of Minutes
3/15/24	8:30 am – 11:30 am	PHSS Conference Room 107B & ZOOM	Joel Brehmer

Attendance			
Committee Members		PHSS Staff	Others
<b>Present</b> Ali Abid Bob Jones Priscilla Terry Rachel Dreon Garrett Cady Jennifer Creighton Diana Cockrell	<b>Absent</b> Sarah DeStasio Tonia McClanahan	Chelyn Sowers Joel Brehmer Jennifer Freiheit	None

Agenda Item	Notes
<b>Welcome &amp; Introductions</b>	The February 16th, 2024 meeting minutes were approved.
<b>Motivational Interviewing Training</b>	<p>TST staff explained that abstains from the Committee’s vote on February 16, 2024, regarding Amendment of Interfaith Work’s contract to add TST funding for Motivational Interviewing (MI) training did not count toward or against the vote. Thus, the motion to approve the Amendment passed with three votes yes, and one vote no.</p> <p>A non-TST funding source was identified for a broader MI training prioritizing TST-funded staff across the county departments, Thurston-Mason Behavioral Health Administrative Services Organization (TMBHASO), and Community Grant programs. A bidding process is required to proceed.</p> <p>Rachel will provide some MI training options to TST staff. Diana recommended an MI training that includes a “Train the Trainer” component, which would identify potential trainers amongst the participants and equip them to train other staff in their department or programs. TST staff will inquire into a Train the Trainer option as part of the bidding process.</p>
<b>Historical Analysis of TST Budget</b>	The TST Program Manager is working on refining and reorganizing TST budget lines to complete a historical analysis of budget and expenditure data. The historical analysis will be presented to the Committee during a regular meeting when the data are available.

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<p><b>Amendment 1</b></p>	<p>The TST Program Manager discussed Amendment 1 Budget Requests. Questions and discussion topics included the following:</p> <p>The County develops a biennial (2 year) budget. The TST Committee provides their funding recommendations to the Board during the development of the biennial budget.</p> <ul style="list-style-type: none"> <li>• There are four times throughout the biennium for budget corrections and new requests. There is Amendment 1, Midterms, and Amendments 2 through 4.</li> <li>• Amendment 1 is in Spring of 2024 and is intended for budget requests related to small technical corrections and unforeseen circumstances. The Board of County Commissioners (BoCC) will be reviewing Amendment 1 requests in April 2024 for adoption in June 2024.</li> <li>• TST staff recommended submitting two requests in Amendment 1:             <ol style="list-style-type: none"> <li>1. \$500,000 for the TMBHASO to purchase a 3-bedroom residential home in which to house individuals in mental health and/or substance use treatment. This project was approved as part of the 2022-2023 budget and a contract was approved in late 2023. The TMBASO made offer on a property in December 2023, but the offer was declined. The funds were not expended and reverted to TST fund balance. The request is to add \$500,000 back into the TMBHASO budget for 2024 as a one-time adjustment.</li> <li>2. Approximately \$270,000 per year in ongoing funding to Monarch Children's Justice &amp; Advocacy Center's Mental Health Therapy Program through a partnership with Thurston County Public Health and Social Services (PHSS) Maternal Child Health. Without TST Community Grant funding, Monarch has been forced to pause hiring and new referrals, exacerbating wait times and their waitlist. The waitlist is currently at 78 children, some of which may be waiting over a year for services. They anticipate the waitlist will soon grow beyond capacity to provide services, which would lead to closure of the waitlist to only the most highly acute cases. The request is for ongoing funding for 1 FTE Mental Health Therapist and 1 FTE Clinical Supervisor each year. Each therapist sees a minimum of 25 clients each year, and a clinical supervisor can maintain a client caseload as well as supervisor 3-4 interns who can in turn serve 30-40 more clients.</li> </ol> </li> <li>• The Committee voted unanimously to approve the above recommendations for Amendment 1 requests.</li> </ul> <p>Rachel expressed concerns over the termination of Northwest Resources (NWR). Integrated Primary Care Program. The TST Program Manager provided an update</p>

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	that the TMBHASO is exploring options to support the program for at least another year. TST staff will provide an update to the Committee if NWR anticipates requesting TST funding for the Integrated Primary Care program.
<b>Discuss Strategic Planning</b>	<p>Jennifer Freiheit, Assistant Director of Thurston County Public Health and Social Services, presented on the Strategic Planning process. Questions and discussion topics included the following:</p> <ul style="list-style-type: none"> <li>The Strategic Plan will focus on a 2-year timeline and 3 goals. <ul style="list-style-type: none"> <li>Committee members will be asked to complete a survey about the Committee's vision, mission, values, and priorities. Survey responses will be discussed during the April meeting. This discussion will inform the first draft of the Strategic Plan that will be presented in May.</li> <li>The Committee agreed to inform the BoCC about their work on the Strategic Plan.</li> </ul> </li> </ul> <p>The Committee reviewed the 2019-2020 Thurston County and 2020-2024 Thurston County Public Health &amp; Social Services Strategic Plans. Questions and discussion topics included the following:</p> <ul style="list-style-type: none"> <li>Aligning the Committee's Strategic Plan with existing county Strategic Plans</li> <li>Completing and incorporating findings from a Strengths, Weaknesses, Opportunities, and Challenges (SWOC) analysis and/or gap analysis</li> <li>Obtaining feedback from TST-funded program partners, graduates, and non-graduates to gather valuable insights for the strategic plan</li> <li>Explore more ways to apply the Results-Based Accountability (RBA) framework</li> </ul>
<b>Opportunity for the Public to Address the Committee</b>	There were no public comments.
<b>Wrap Up &amp; Adjourn</b>	<p>TST staff will schedule monthly meetings through the rest of 2024.</p> <p>Meeting adjourned at 10:07am.</p>

### Next Meeting:

April 19, 2024

8:30 am-11:30 am

Public Health & Social Services Building (Lilly Road) in Conference Room 107B and/or by ZOOM