



Flowchart for Symptomatic Students and Staff

May 25, 2022

Individual has one or more of the following symptoms:

- Fever greater than 100.4 F or chills
- Difficulty breathing or shortness of breath
- Muscle or body aches
- New loss of taste or smell
- Cough (new, changed, or worsening)

Must be sent home immediately.

- While waiting at school, required to be isolated and wear a mask.
- Anyone working with symptomatic individuals is required to wear appropriate PPE.

Isolate at home and get tested for COVID-19

Positive COVID-19 test result **OR** no test

Isolate at home for 5 days from symptom onset

Have symptoms greatly improved and no fever in the last 24 hours (without medication)?

No

If you continue to experience symptoms, stay home until fever-free for 24 hours without use of medication and symptoms have greatly improved.

Yes

Negative COVID-19 test result **OR** alternative diagnosis from healthcare provider **PLUS** a negative test

May return to school if:

- No fever in the last 24 hours (without medication) **AND**
- Symptoms have greatly improved

May return to school **AND**

- Wear a mask around others on days 6-10 **OR**
- Test negative with an antigen test to return without a mask

Individuals who have accommodations that allow them to attend school and not wear a well-fitting mask or face shield with a drape or wrap must stay in isolation the full 10 days unless they test negative.

Individual has one or more of the following symptoms:

- Congestion or runny nose
- Nausea, vomiting or diarrhea
- Headache
- Fatigue
- Sore throat

Isolate at home

Only one symptom?

Yes

Lasted less than 24 hours?

Yes

Known close contact? (see definition page)

No

May return to school if:

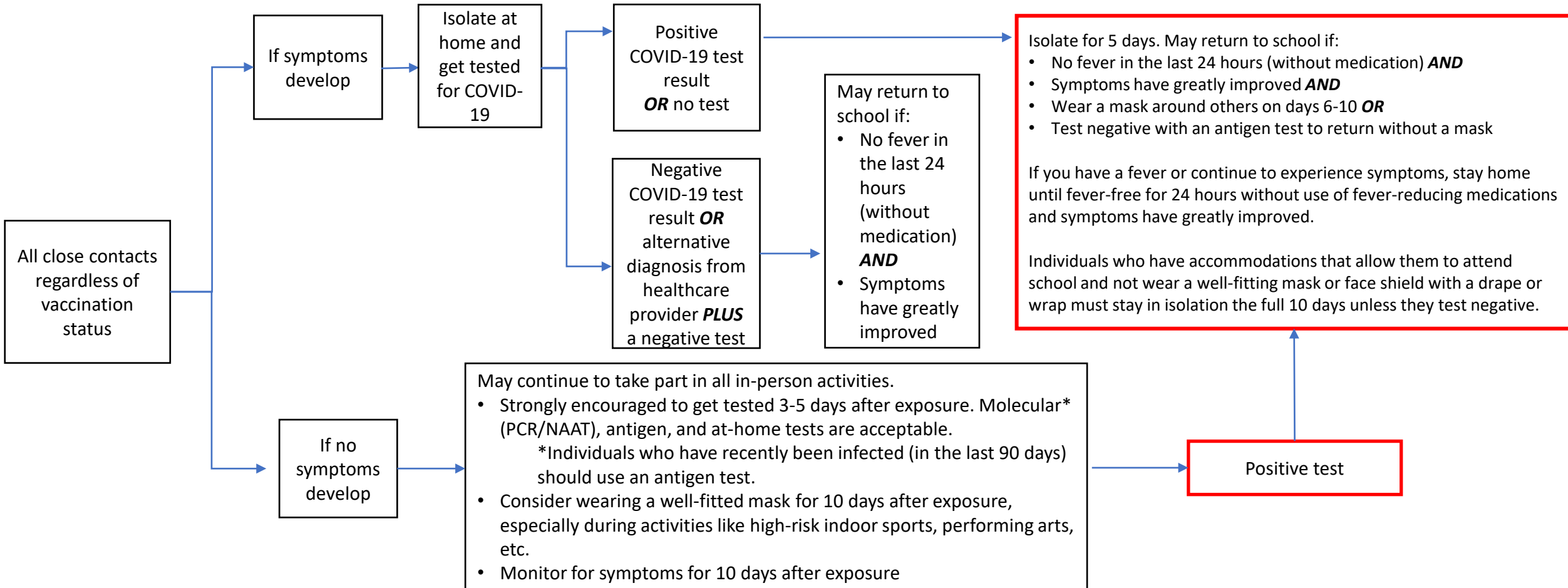
- No fever in the last 24 hours (without medication) **AND**
- Symptoms have greatly improved

Yes

Follow slide 2 for close contacts

No

No

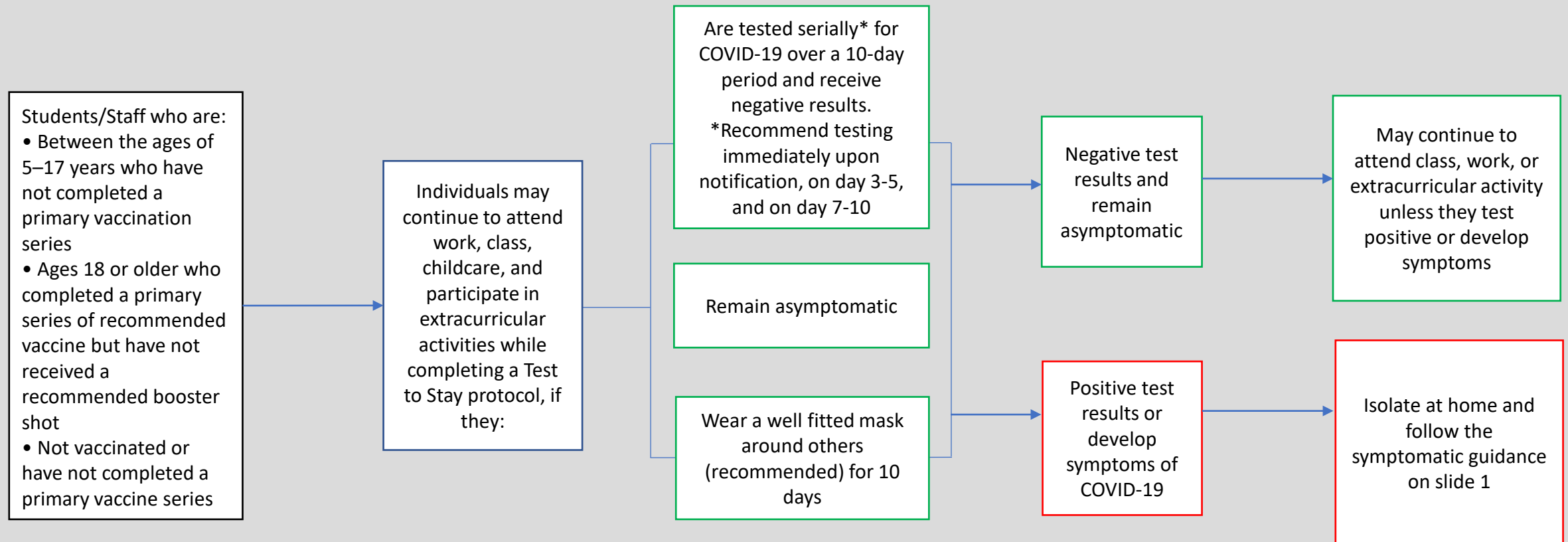


Note: Clusters and outbreaks represent situations in a school or provider setting where, in coordination with local public health, enhanced mitigation efforts should be considered, and may be required, to prevent disease transmission. See Test To Stay slide for more details.

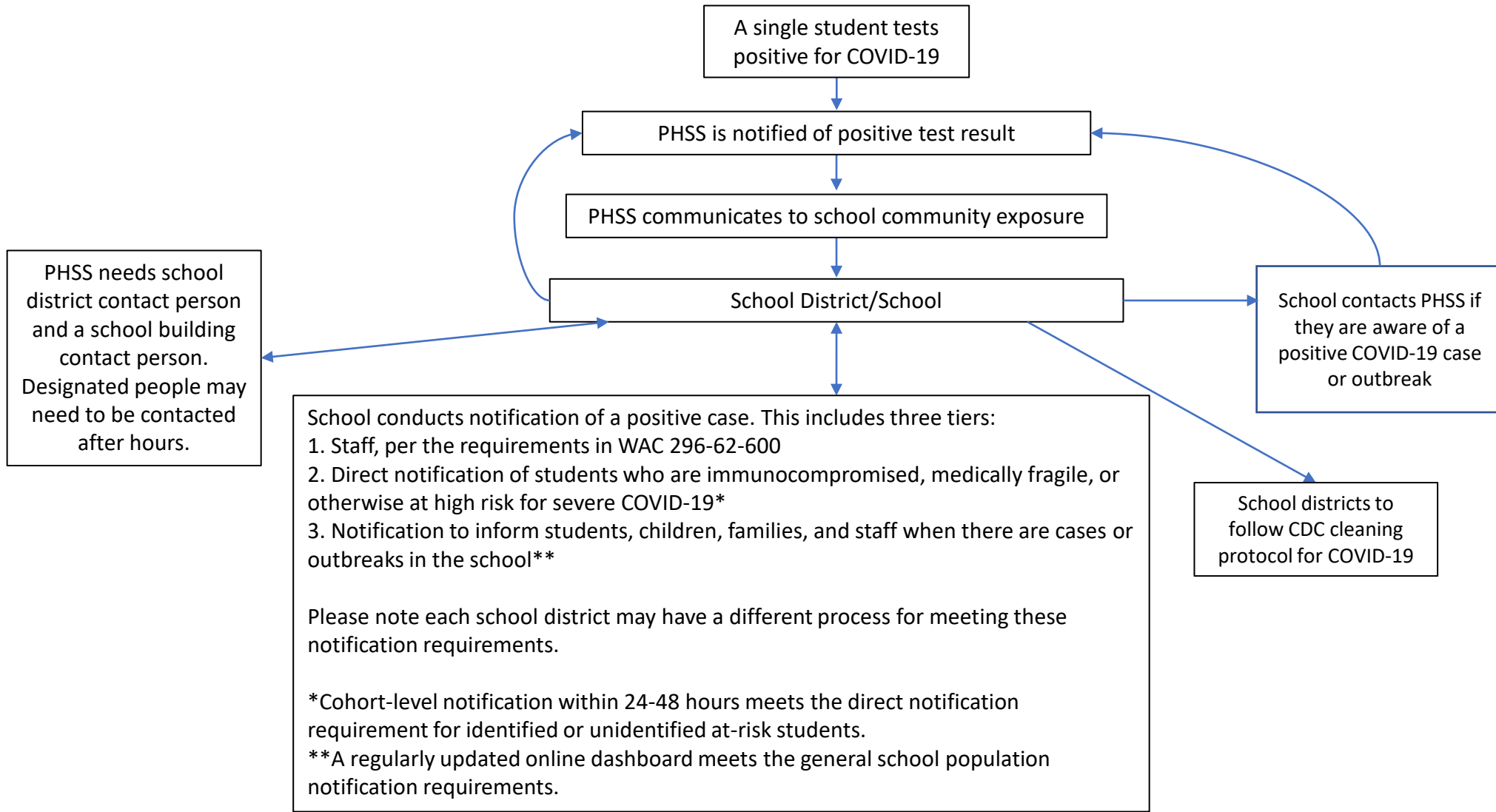
Test to Stay Program

This program is part of a multi-layered COVID-19 mitigation protocol. This program is **recommended** for **asymptomatic household contacts** and is **required** in an **outbreak/cluster situations unless otherwise directed by Thurston County Public Health and Social Services**. **Symptomatic household contacts** should follow flowchart for symptomatic students and staff.

Many schools, in coordination with local public health, have established robust Test to Stay programs as an alternative to at-home quarantine in an effort to keep children in school and provider programs if they are not ill or positive for COVID-19. While contact tracing is no longer required, schools may choose to continue existing testing programs to ensure uninterrupted, full-time, in person learning.



Communication Plan – Single Positive Case



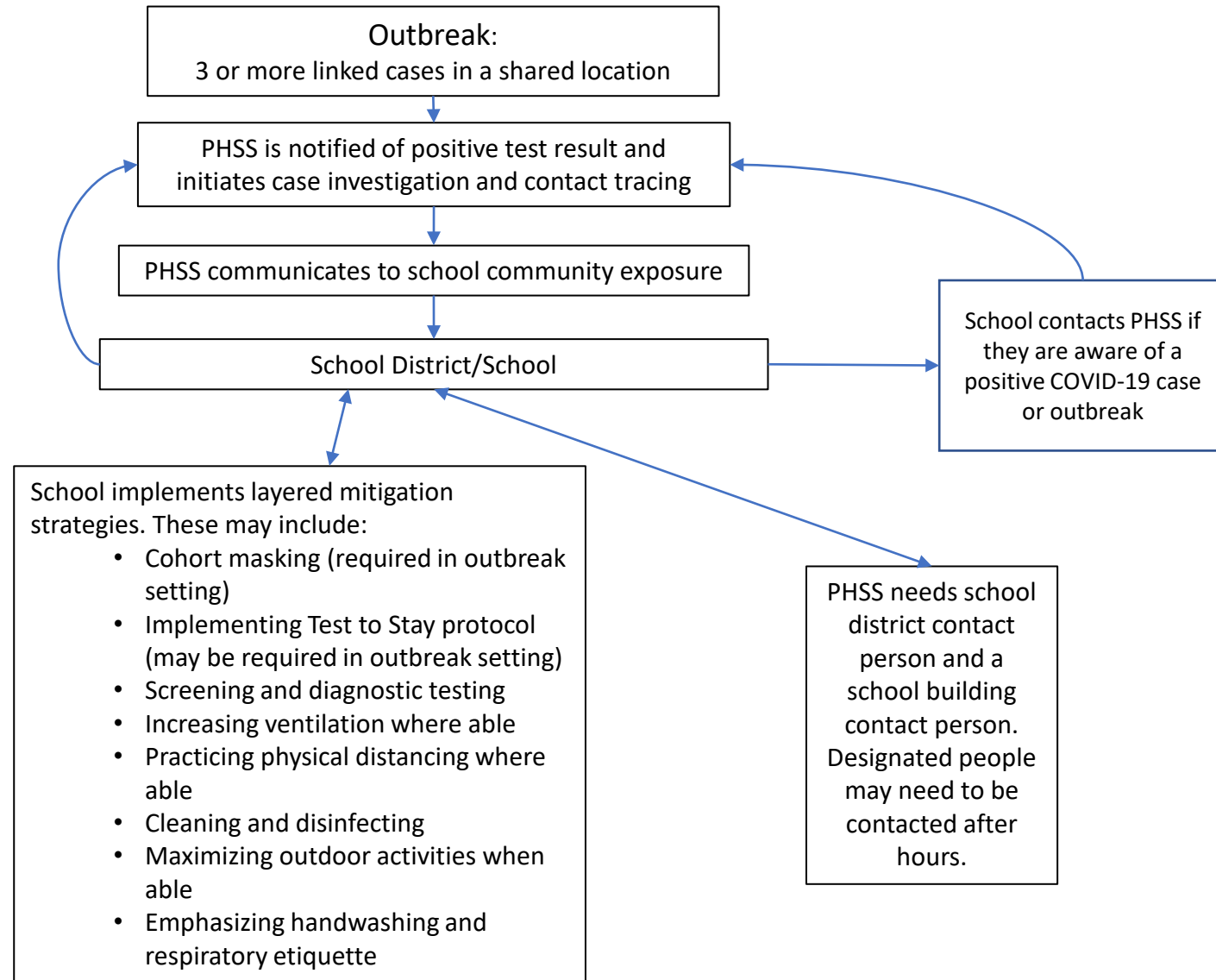
Classroom Outbreaks:

- Defined as three or more confirmed or probable COVID-19 cases among students or staff within a 14-day period, who are epidemiologically linked, do not share a household and did not have significant contact outside of school grounds.
- When a cluster is identified within a cohort initiate masking and COVID-19 testing for the duration of outbreak investigation. Quarantine may be necessary where mitigation measures are not possible or in the setting of uncontrolled COVID-19 transmission.

Closure of a school may be necessary when there is evidence of uncontrolled spread of COVID-19. Factors considered are:

- Number of classrooms with outbreaks
- Rapid increase in number of cases
- Absentee rate greater than 10%
- Evidence of 2 or more generations of COVID-19 transmission
- Staffing limitations such that a school is not able to remain open
- Schools closed will be required to follow a 10-day or 14-day quarantine to stop disease transmission

If the Local Health Jurisdiction determines that contact tracing is required as part of an outbreak investigation additional information may be requested.



Definitions

Close Contact:

- **Students and Staff in K-12 indoor or outdoor classroom or other structured environment with assigned seating:** Students or staff who were not wearing a mask and were within 3 feet of another person with COVID-19. This excludes individuals who were at least three feet away from an infected individual when both were consistently and correctly wearing well-fitting face coverings/masks.
- **Anywhere else at school:** Someone within 6 feet of a person with COVID-19 for at least 15 minutes over 24 hours. This includes exposure between a student and an adult or exposure between adults.

Quarantine:

- Quarantine prevents people who have been exposed to COVID-19 to spread the disease to others unknowingly. Stay home for 5 days after your last contact with a person who has COVID-19. If possible, stay away from people you live with. Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a mask. Watch for symptoms of COVID-19 for 10 days. For students and staff, the 5-day quarantine or the Test to Stay program are additional options to reduce the length of quarantine.

Isolation:

- Isolation is used to separate people infected with COVID-19 from those who are not infected. Stay home and away from others, even if you don't have symptoms. If you do have symptoms, monitor your symptoms and seek medical attention if needed.

Fully Vaccinated and Boosted:

- People are considered fully vaccinated for COVID-19 ≥ 2 weeks after they have received their second dose in a 2-dose series (Pfizer/Moderna), or ≥ 2 weeks after they have received their single-dose vaccine (J&J/Jansen).
- People are considered fully boosted immediately after receiving COVID-19 booster vaccine.