

COVID-19 PUBLIC SERVICE ANNOUNCEMENT

Thurston County Public Health and Social Services Department



Avoid Crowds

Hi, I'm [local individual], and I want to give you a few tips on how to help prevent the spread of COVID-19!

If you're having a hard time staying inside, do things where you can avoid crowds or groups of people such as: Taking a walk; playing outside in your yard; or working in your garden.

Enjoy the outdoors when you need fresh air or exercise, but stay home as much as you can.

When outside, stay safe by keeping your distance. Six feet between you and other people is best.

For more information, visit the Thurston County homepage at thurstoncountywa.gov