

Thurston County Opioid Response Task Force Meeting

January 14, 2019, 3:00 p.m. – 5:00 p.m.

Thurston County Public Health and Social Services Department – Room 107

Meeting Scribe: J Knight

PARTICIPANTS

- X Abplanalp, John
- Akhavan, Laura
- Avalos, Joe
- X Baxter, Julie
- X Bean-Mortinson Jason
- Blake, Bud
- Blose, Jessica
- Braniff, Tim
- Brown, Jackie
- X Carlson, Paul
- X Chavez, Ramiro
- Clear, Marianne
- Coleman, Staci
- X Craig, Sabrina
- X Beth Cumberland
- X Dahlhoff, Leatta
- X Davis, Liz
- Demus, Hayley
- X Jennifer Dixon
- Drewry, Anna Lee
- Edwards, Gary
- X Fenton, Mike
- Ferguson, Rocio
- Freedman, Mark
- X Naimat Gilal
- X Giuntim, Jennifer
- Goldenberger, Meghan
- X Graham, Wayne
- X Grande, Cindy, MD
- Greenstein, Lenny
- Guizzetti, Kristin
- X Hardin, Kurt
- X Harnish, Chris
- X Harnish, Sofi
- Hartman-Beyer, Pamela
- Hawkins, Chris
- X Heinz, Tamara
- X Hennen, Carrie
- X Hogan, Meta
- Hruska, Kerrie
- John (Hutch) Hutchings
- James, Michelle, RN
- Jelcick, Aaron
- Johnson, Keya
- Jones, Kevin
- X Judkins, Patrick
- X Erika Katt
- X Knight, Jeanie
- X Knudsen, Jessie
- Knutson, Stormie
- X Lamont, Malika, BA, MPA, CDPT
- Larsen, Anne
- Larson, Amy, MD
- Madden, Theresa E. DDS, MS, PhD, FICD
- X Marineau, Keylee
- Mendy, Peter, RN
- X McWilliams, Lori
- X Menser, Tye
- X Miller-Todd, Ben
- X Moore, Caitlin
- X Moore, Megan
- Morrison, Sarah
- O'Callahan, John
- X O'Connor, Patrick
- X O'Garro, Mary Ann
- X Peters, Christy
- X Peterson, Bonnie
- Pierpoint, Dusty
- Porter, Meghan
- Price, Erik
- X Rainer, Sara
- Roberts, Ronnie
- Rollins, Renata
- X Saffold, Megan
- Schaller, Christine
- Schneider, David
- X Schaufler, Casey
- X Slaughter, Schelli
- X Snaza, John
- Stancil, Tod
- Stein, Dan, MD
- Stern, Marc, MD
- X Taylor, Cynthia
- X Thaller Gretchen
- Thoma, Todd
- X Tunheim, Jon
- X Unruh Chelsea , MD
- Upton, Ally
- Walker, Denise
- Warnock, Gary
- Weiks, Jon
- Wilcox, Kalo
- Williams, Terrina
- X Wood, Rachel, MD
- Haughton, Kevin, MD
- X Papasin, Zoe

WELCOME – Schelli Slaughter - Schelli Slaughter, Director, Thurston County Public Health and Social Services Department welcomed the group and had participants at the meeting introduce themselves and then introduced Heather Thomas and Shari Ireton with the Snohomish County Opioid Response Team to the Task Force. Shari and Heather joined the group via a Zoom broadcast and presented: Communicating About Opioids Using an Emergency Management Framework.

Sharri talked about talking with elected officials and contrasted the response to the number of deaths experienced in the Oso landslide to opioid deaths Snohomish County has experienced and applying lessons learned in the Oso response to this emergency and the value of setting up a multiagency coordination group (MAC). The group began meeting in late 2017 and initially met weekly but now meet every other week with activation extended through 2019. Forming the MAC allowed for;

- Cohesive, collaborative, coordinated response
- Efficiencies and maximizing resources as there is never enough money,
- Speaking with one voice
- Pointing out the scope of the problem.

The Mac is guided by Essential Service Function (ESF's) which clearly define agency roles and responsibilities and by 7 goals and 138 objectives that align with the goals set by the group. In the first year they were able to accomplish 95 of their objectives.

The group identified early on they were all sitting on data that wasn't being shared across agencies. Prompted the group to look at opioid related deaths, visits to the emergency department, law enforcement overdose reversals, detox in jails, etc. and set up a system to assure their process was data driven.

The group worked to provide:

Expanded Clean-up Kit Program – Needle Cleanup kits for residents with gloves, goggles, tongs, instructions, sharps container.

ACT (Antidote, CPR, Tourniquet) First Aid – Firefighter designed train the trainer for school districts, fire stations etc.

Coordinated communications and outreach with cohesive, common branding across communication outlets:

- One Stop Resource Portal – One portal for all agencies, a community website
- Shared Social Media Platform- Social Media sites shared by partner agencies
- Shared advertising opportunities
- Consistent, informed messaging to reduce stigma and put a human face to the issue
- 7 day "Point in Time Count" (measuring overdoses through EMS, hospitals, Syringe Services Program, police, fire and medical examiner)
- Community Outreach Events-overdose prevention night at the ballfield, resource fair - Narcotics Anonymous raised funds for the effort
- 10 things you need to know campaign including and resource guide, available at the library, clinics, waiting rooms, and public events. Pocket resource guide made available by deputies and paramedics through community events.
- 5-part National Public Radio Podcast and year end Finding Fixes Forum
- Multiple school curriculums

Shari and Heather indicated they will share resources with us.

As Snohomish looks forward they see continuing focus and targeting efforts on objectives supported by data, identifying longer term strategic initiatives, and working to create the structure necessary to continue their work. They are using partnerships to leverage funding, they are part of the Workforce Snohomish that PacMtn is part of here, they have a pilot enhanced reporting surge grant through CDC "Pathways to Recovery" and are applying for a HRSA grant.

The Snohomish MAC has become a role model for other locations, they see it as a way to enhance the relationships they have with those they partner with in emergencies leading to better coordination and less confusion when responding.

Schelli asked Snohomish to share their lessons learned:

- Planning is challenging as doers want to solve problems
- Be patient while getting up and running
- Cross ideas – what no's are official

Questions to Heather and Shari:

Sheriff Snaza - How long did it take Snohomish to get to where they are at now? Snohomish – took us three to four months to get up and running we formally started working on this in November of 2017. We met weekly to begin with and moved to less frequent meetings. We have subgroups that meet on their own separate from the MAC. What assisted the MAC was setting goals and stepping back often to review where we are with them. Shari and Joson Bierman put together the Emergency Operations framework and they had 50% of the PIO's time.

Patrick O'Connor – You referenced a Diversion Center - What is it? Snohomish - It is not a jail diversion system. Moves people into short term housing for 14 days, provides a safe place with access to meals, resources and help. It offers 3 meals a day, is voluntary, people come and go has embedded social workers.

Sheriff Snaza - The Thurston County jails population currently has 35-40% of inmates that are addicted and approximately 30% that have mental health issues. How do we work together to make this work? Snohomish- we have had success working on teams.

Prevention work needs to happen early for school to get things on their curriculum. Snohomish is using 4 curriculums Lifeskills, Operation Prevention - they will share them with us.

Schelli thanked Heather and Shari for presenting to the Task Force and offering to share resources.

Sheriff Snaza – We have had four meetings we need to move faster

Kurt Hardin – Snohomish has been meeting weekly maybe we need to meet more frequently – what we have is the start of a MAC group.

We will request objectives, plan and curriculums from Snohomish.

Schelli – Would it make a difference if we were in ICS?

Kurt – Would have individuals involved that are within EFS's.

Beth asked what are the blocks keeping us from moving forward? What data is available and what do we need?

Kurt - What data do we need, assuring data we have is deduplicated, not sure we have barriers to sharing data.

Mary Ann O'Garro reported we need data real time, need to know what happened last month and need detailed demographics. We do have data sharing agreements in place.

Carrie Hennen we need to shelf ready data for funding that comes available with short timelines.? What does that look like.

John Snaza spoke of the race/gender data that they currently have available. If we were told what type of data is needed he can help provide the data that is supportive to the state. Could look at dispatch data for law enforcement and EMS.

Mary Ann – Want more than just counts to ready us for funding resources, grants.

Paul - where do individuals go when leaving incarceration, stability is key.

Snaza – We start transition planning

Julie Baxter – PacMtn is aligning housing with work – they are working with the jail to facilitate transition

Sabrina with Drug Court- they help and intervene with substance use disorder. Clients have a revolving cycle of homelessness, detox, outpatient, diversion, treatment.

Dr Grande. – The BUPE Clinic is now open M – F 4 – 7 at Capital Recovery Center and welcomes new clients and referrals.

M. Lamont – Housing 1st is evidence based – there are mechanisms out there to move individuals along a continuum to recovery.

Chelsea Unruh – We need coordinated communication. It is frustrating to first hear about programs at meetings.

Task Force announcements:

Schelli - reported the Board of Health has recognized the Opioid and homelessness crisis's and have allocated funds in the budget for PHSS to hire an Opioid Response Coordinator.

Bonnie Peterson – invited members to attend a presentation by Dr. Gilbert about neonatal abstinence syndrome, January 22nd , 8:30-9:30 at the Lilly Rd Public Health and Social Services Building..

Jason - reported the Behavior Health Organization is working to expand access to Naloxone

Jon Tunheim Prosecuting Attorney's Office – reported legislation and the governor's budget focuses Medication Assisted Treatment in jails and drug courts

CLOSING - NEXT STEPS - Schelli Slaughter

Schelli Slaughter thanked everyone for attending. The next meeting is scheduled for Monday, February 4, 2019, 3:00 P.M. to 5:00 P.M., at Thurston County Public Health and Social Services Department, Rooms 107 A – C, 412 Lilly Rd NE, Olympia.