

Thurston County Opioid Response Task Force Meeting

March 4, 2019, 3:00 p.m. – 5:00 p.m.

Thurston County Public Health and Social Services Department – Room 107

Meeting Scribe: J Knight

PARTICIPANTS

- X Abplanalp, John
- Akhavan, Laura
- X Amamilo, Sharonda
- Avalos, Joe
- X Baxter, Julie
- Bean-Mortinson Jason
- X Blöse, Jessica
- Braniff, Tim
- Brown, Jackie
- X Byrne, Gabby
- Carlson, Paul
- X Chavez, Ramiro
- Clear, Marianne
- Coleman, Staci
- X Cox, Ryan
- Craig, Sabrina
- Beth Cumberland
- X Dahloff, Leatta
- Davis, Liz
- Demus, Hayley
- Jennifer Dixon
- Drewry, Anna Lee
- Edwards, Gary
- X Fenton, Mike
- Ferguson, Rocio
- Freedman, Mark
- X Naimat Gilal
- Giuntim, Jennifer
- Goldenberger, Meghan
- X Graham, Wayne
- Grande, Cindy, MD
- X Greenstein, Lenny
- Guizzetti, Kristin
- X Hardin, Kurt
- Harnish, Chris
- Harnish, Sofi
- Haughton, Kevin, MD
- Hartman-Beyer, Pamela
- Hawkins, Chris
- Heinz, Tamara
- X Hennen, Carrie
- X Hogan, Meta
- Hruska, Kerrie
- John (Hutch) Hutchings
- James, Michelle, RN
- Jelcick, Aaron
- Johnson, Keya
- Jones, Kevin
- X Judkins, Patrick
- Erika Katt
- X Knight, Jeanie
- X Knudsen, Jessie
- Knutson, Stormie
- X Lamont, Malika, BA, MPA, CDPT
- Larsen, Anne
- Larson, Amy, MD
- Madden, Theresa E. DDS, MS, PhD, FICD
- X Marineau, Keylee
- Mendy, Peter, RN
- McWilliams, Lori
- X Menser, Tye
- Miller-Todd, Ben
- X Moore, Caitlin
- Moore, Megan
- Morrison, Sarah
- X Multanen-Karr, Sara
- O'Callahan, John
- X O'Connor, Patrick
- X O'Garro, Mary Ann
- X Olson, Jessica
- X Papasin, Zoe
- X Peters, Christy
- Peterson, Bonnie
- Pierpoint, Dusty
- Porter, Meghan
- Price, Erik
- X Rainer, Sara
- Roberts, Ronnie
- Rollins, Renata
- Saffold, Megan
- Schaller, Christine
- Schneider, David
- Schaufler, Casey
- Shera, Kris
- Slack, Shannon
- X Slaughter, Schelli
- Snaza, John
- Stancil, Tod
- Stein, Dan, MD
- Stern, Marc, MD
- Taylor, Cynthia
- X Thaller Gretchen
- X Thoma, Todd
- Tunheim, Jon
- Unruh Chelsea , MD
- Upton, Ally
- Walker, Denise
- Warnock, Gary
- Weiks, Jon
- Wilcox, Kalo
- Williams, Terrina
- X Willis, Shelly
- X Wright, Sean
- X Wood, Rachel, MD

WELCOME – Schelli Slaughter - Schelli Slaughter, Director, Thurston County Public Health and Social Services Department welcomed the group. She asked Task Force members to take time to review the minutes and agenda and then asked for a motion to approve them. Dr. Wood moved the minutes be approved, R. Chavez seconded the motion, the motion passed. No changes to the agenda were noted. Schelli asked meeting participants to introduce themselves and provide any agency updates they have. Members introduced themselves and provided updates as follows:

Carrie Hennen, Program Manager for Treatment Sales Tax Program announced they have a \$250,000 Community Grant Request for Proposals open until 4/5/2019 and encouraged members to apply.

Todd Thoma, Thurston County Chief of Corrections reported the jail is working with Dr. Grande and the CRC BUPE Clinic on a Jail Medication Assisted Treatment Program. He introduced Shannon Slack, Nurse Manager to the members.

Kris Shera introduced himself as the new State Opioid Treatment Coordinator with the Health Care Authority.

Keylee Marineau, Thurston County Public Health and Social Services Housing Coordinator talked about current activities with the housing program and the homeless population.

Sara Rainer, CHOICE updated the group about upcoming OURR Alliance Peer Counselor training.

Caitlin Moore program manager with Together, invited members to attend their Healthy Futures Conference April 17 – 18. She has flyers available.

Julie Baxter, Alliance Project Manager with PACMTN talked about OURR Alliance and reported they are now seeing individuals. She also said there would be a March information session to provide information about applying for May PEER training.

Christy Peters, Chief of Staff for Thurston County Prosecuting Attorney's Office updated members about a project management plan that two MPH students interning with their office wrote they feel will be helpful as the Task Force moves forward with implementation.

Kurt Hardin, Director of Thurston County Emergency Services talked about the new Medic One charting system. He believes it will provide a reliable piece of data we do not currently have.

Meta Hogan, Capital Recovery Center manager of PATH/STR Team reported the BUPE Clinic has seen 92 unique individuals and provided 1000 days of treatment since opening and the STR program now has 4 outreach workers.

Jessica Olson introduced herself as Clinical Supervisor for (PCAP) the Parent - Child Assistance Program.

Malika Lamont talked about HB1767 that will help fund statewide diversion programs and talked about there being funding in the Governor's budget for two Law Enforcement Assisted Diversion Programs outside of Seattle.

Schelli turned the meeting over to Mary Ann O'Garro to have her lead the group in small group work.

Mary Ann explained we would use the remaining time to look at and build on the work and thoughts the Task Force had completed during their past meetings. She explained the group would break into the groups they had at earlier meetings and would answer a series of questions about a draft Thurston County Opioid Response Plan 2019 – 2020. Mary Ann distributed copies of the draft plan and Guidance for the small group activity. Questions the group were tasked with answering included:

- Are you seeing the strategies you expected?
 - What needs changing?
 - What needs adding?
 - What needs to be removed?
- Would you move any strategies to a different goal?
- Who should lead the strategy or convene those who will implement the strategy?
 - What local organization and/or individual comes to mind?
 - Who are the key partners that need to participate in the strategy?

Once the small groups have answered the questions they will report out to the membership. Mary Ann will then compile the information and send it out to the Task Force Members by Wednesday March 13th for review. The review period will run for 2 weeks and close on Wednesday, March 27th. Mary Ann will provide a draft plan to the Task Force at their April 1st meeting.

Mary Ann told the group to frame their work based on what is doable in the next 18 months. What they have before them is based on 20 prioritized strategies the Task Force identified and follows the goals listed in the Commissioners Resolution. There is however an additional goal “Reducing Access to Opioids among Infants, Children and Youth” that was identified by the Task Force. What we are looking at must be based on three values; reducing stigma, eliminating barriers and creating opportunities. The plan follows how the resolution was laid out and moves from strategies to action steps, to who the lead organization is and will be guided by an overall set of performance measures.

The members broke into groups: Criminal Justice, Treatment, Prevention/Morbidity and Mortality, Data, Pregnant/Parenting moms - Infants, Children and Youth.

Group discussion followed. Mary Ann brought the group back together and asked each small group to report out using a big picture summary and answering the question “Did you find what you expected to in the document”:

PREVENTION – Morbidity/Mortality – Gabby Byrnes reported for the group:

Goal 6

- Broaden the language to include seniors specifically or the word families to include seniors
- Add Strategy D – improve awareness of safe medication management at home and include the same action steps as in Strategy C
- Add Strategy E – developing a speaker’s bureau list that includes speaker, agency, intended audience, and topic as a mechanism to provide more specific information.
- Add reducing exposure process or misuse of opioids.... (rest is indiscernible)

Goal 1

- Add safe disposal to strategies so when people pick up medications they know where and how to safely dispose of them through increased signage, verbal or written information provided with medications

DATA – John Abplanalp reported for the group

- Coordinate with state Prescription Monitoring Program (PMP) to broaden who local information is distributed to (broader than to Health Officer and the community deidentified data that is available.)
- MAO there are interesting things we need to work out about PMP data use and access to provide information for those who need access to the data.
- Improve the quality of the Naloxone use data. – Syringe Services Program uses Intramuscular Naloxone, Law Enforcement uses nasal Naloxone, Emergency Medical Services uses intravenous Naloxone hard to determine dosage and look at data. Need stovepipe metrics because each agency is different.

PREGNANT/PARENTING MOTHERS- Gretchen Thaller reported for the group

Goals 2 & 5

- More referral between treatment and other community services to make sure things are in place to help families succeed (workforce, home visiting, housing, mental health)
- Safety Public Education around sharps container use to protect children including education for parents.

Goal 6

- Increase screening during prenatal and post-partum time periods for moms who might be using
- Add a new Strategy to provide access to peer counselor or mentors with shared life experiences

CRIMINAL JUSTICE- Todd Thoma, Christy Peters, Malika Lamont reported for the group

Goal 2

Strategy F

- Implement jail Medication Assisted Treatment (MAT) for individuals with opioid use disorder
- Not currently looking at diversion trying to move to implementation of Medication Assisted Treatment (MAT) in jail
- Action Step 2 – Identifying various options to implement
 - Plan to have a provision to continue community-based MAT program with individuals in jail – need to develop an education piece
 - Not finding individuals interested in participating in the 5 – 7-day taper period. Education piece is critical to the success.
 - Goal is 5 – 7 days to address withdrawal with continuation of a full MAT program and connection to a community provider for continuity of care.
 - Investigating jail treatment for long term

Strategy E

- Add a further Strategy/Action Step for those not in custody but who are criminal defendants to connect them with community-based services
- Look at data and trends for info that justifies expansion of services
- Action Step 2 – Assure that there is a comprehensive approach across all treatment courts in the county to ensure MAT continues

Goal 5

Strategy B

- Population of disparate concern - applicable to both justice and non-justice involved individuals
- Need to increase access to MAT for those under age 18 and age 18 -24

TREATMENT – Dr. Wood reported for the group

- The group is seeing the strategies they expected.
- Want an overarching theme of reducing stigma woven throughout the entire Response Plan.

Goal 2

- Want more waiver training
- Survey providers with waivers to understand why they are not prescribing

Mary Ann – is there anything that needs to be moved? Member said no. Is the membership okay with keeping Goal 6? Members said yes.

Now looking at the Strategies and Action Steps who should lead or convene them. Mary Ann reminded the group if we could not identify a lead or convener we need to consider if it remains in the Plan.

Goal 1

Strategy A, Action Steps 1 & 2

Strategy B, Action Steps 1 & 2 – Choice/CPAA

Goal 2

Strategy A, Action Steps 1 & 2 – HCA/CHOICE

Strategy B, Action Steps 1 & 2 – BHO/ CRC BUPE Clinic

Strategy C, Action Steps 1 & 2 - CHOICE/Evergreen Treatment Services

Strategy D, Action Steps 1, 2, & 3 - CHOICE

Strategy E, Action Steps 1 & 2 – TCPHSS TST Program

Strategy F, Action Steps 1 & 2 – Thurston County Jail and TCPHSS TST Program

Goal 3

Strategy A, Action Steps 1, 2, & 3 – TCPHSS Syringe Services Program/WA St DOH

Strategy B, Action Steps 1, 2, & 3 – TCPHSS

Strategy C, Action Steps 1, 2, & 3 –

Goal 4

Strategy A, Action Steps 1 & 2 - TCPHSS/ Mary Ann O/John A

Strategy B, Action Steps 1 & 2– TCPHSS/John A

Strategy C, Action Steps 1 & 2 - TCPHSS/ Mary Ann O/John A

Goal 5

Strategy A, Action Steps 1 & 2 - TCPHSS/ CEEP, CPWI

Strategy B, Action Steps 1 & 2 – Juvenile Detention/CYS

Strategy C, Action Steps 1, 2, & 3 – TCPHSS/FESS- Shelli Willis

Goal 6

Strategy A, Action Steps 1 & 2 - TCPHSS/ Planned Parenthood/CPAA/Home Visitation Task Force

Strategy B, Action Steps 1 & 2 – SS Breastfeeding/Home Visitors/Nurses/OBGYN's/Midwives

Strategy C, Action Steps 1, 2, & 3 – TCPHSS (CEEP)/Thurston Thrives/FESS = Shelli Willis

CLOSING - NEXT STEPS -

Mary Ann thanked everyone for attending and reminded them she would have a revised draft out to them by March 13 for a two-week review period with a revised Response Plan available for the next meeting.

The next regularly scheduled meeting is Monday, April 1, 2019, 3:00 P.M. to 5:00 P.M., at Thurston County Public Health and Social Services Department, Rooms 107 A – C, 412 Lilly Rd NE, Olympia.