

# THURSTON COUNTY COMPREHENSIVE PLAN UPDATE

PLANNING COMMISSION – JULY 1, 2020



**THURSTON**



CHRIS HAWKINS – EDUCATION & PREVENTION MANAGER, PHSS  
MAYA TEEPLE – SENIOR PLANNER, COMMUNITY PLANNING

## Chapter 11-Health Follow Up

## COMMISSIONER COMMENTS AT LAST MEETING

- Health Rankings Model – not a comprehensive list, add footnote or revise graphic
- Bring education component into policy language for nutrition
- Focus on larger farms/rural agriculture and not just small farms/urban agriculture
- Substance abuse goals and policies only cover tobacco, but should be broader to cover other substance abuse/opioid crisis

## COMMISSIONER COMMENTS AT LAST MEETING

### - Health Rankings Model footnote

- *\* Model takes as given various significant factors in the health of a community, such as the availability of antibiotics, clean drinking water and sanitary wastewater disposal, immunizations, etc. The County Health Rankings Model also does not include the full set of factors in each area shown. For instance, other substances besides alcohol and tobacco impact the health of the population. Further, it is particular levels or forms of the health behaviors listed here that raise or lower the risk of disease or early death.*

## COMMISSIONER COMMENTS AT LAST MEETING

- **New Policy 7, Under Goal 2 related to education and nutrition:** The County should support education programs that teach youth and adults skills and behaviors to eat healthfully.
- **New Policy 8, Under Goal 2 related to rural agriculture:** The County should support programs that increase market access for rural agriculture, such as Community Supported Agriculture, farm-to-table projects, etc.

# COMMISSIONER COMMENTS AT LAST MEETING

- **New Objective and Policies on Substance Abuse (under Goal 4):**
- Objective C. The County should support community-based approaches that address the health, social, economic and other negative consequences associated with substance use.
  - The County should support implementation of evidence-based strategies that reduce the harm associated with substance use, misuse, abuse and dependency.
  - The County should collaborate with partners to provide fact-based drug education to residents, disproportionately impacted groups and community stakeholders.
  - The County should promote safe disposal and storage of unused or expired prescription medications to prevent misuse and abuse.
  - The County should collaborate with partners to offer evidence-based alternatives that reduce school discipline or justice involvement, when that involvement is fundamentally connected to a substance use disorder.
  - The County should partner to offer services that increase protective factors and resilience among local youth and families as a means to prevent substance use.

## OTHER FOLLOW UP QUESTIONS ON HEALTH CHAPTER

- **Question: Follow Up on Life Expectancy Chart – how does it factor in people who go to long-term care facilities**
  - The calculation of life expectancy is based on Thurston County residents only, home address of the individual. Being in a long term care facility has limited impact on the calculation. People of all ages die, from a wide range of things, not just people in facilities.
- **Other discussion or questions on the health chapter?**

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## 2020 Comp Plan Update Wrap Up

**THURSTON**



## NEXT STEPS

- Logistical Chapters have been included in today's packet.
  - Title Page,
  - Table of Contents,
  - Appendix C and D
- Next meeting 7/15 – Final Questions and Wrap Up, Request Public Hearing



# Questions?

## Contact:

Chris Hawkins, Education & Prevention Manager

[HawkinsC@co.Thurston.wa.us](mailto:HawkinsC@co.Thurston.wa.us)

360-867-2513

Maya Teeple, Senior Planner, Thurston County

[Maya.teeple@co.Thurston.wa.us](mailto:Maya.teeple@co.Thurston.wa.us)

360-786-5578

